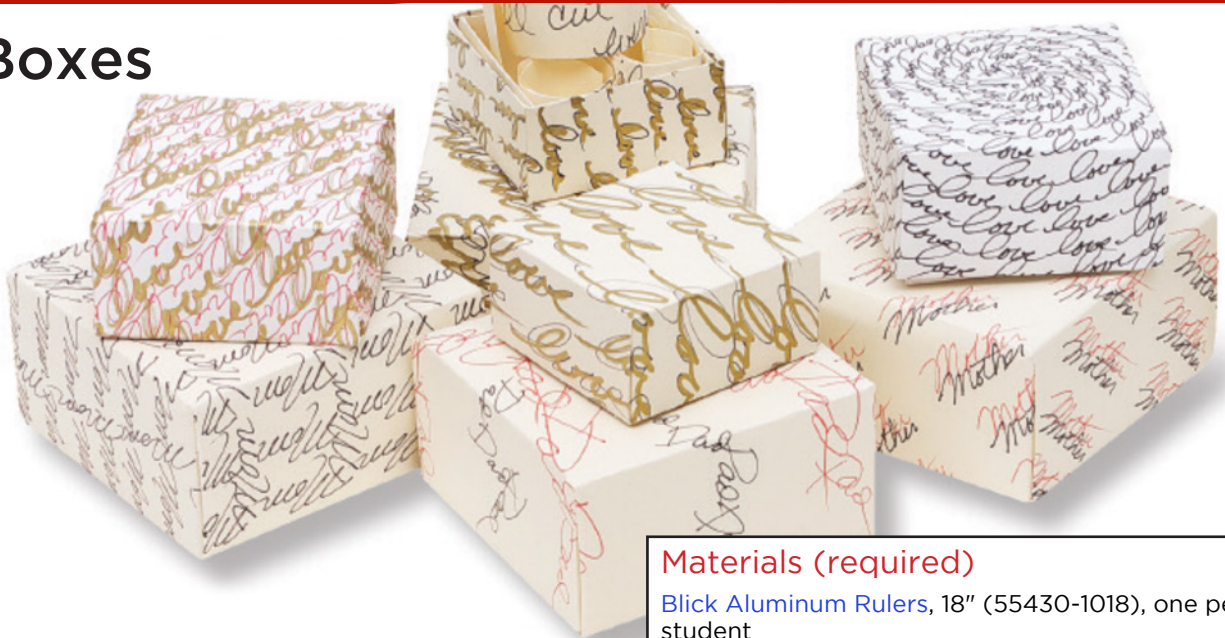


Wish Boxes



Harness the power of the pen! **art + creative writing**

Those who write down goals are much more likely to achieve them, and the act of writing a positive statement can change negative self-talk patterns. Written word has power, and the very act of repeating a word or a phrase can be meditative and cathartic.

Harness the power of the pen by choosing a positive word or statement to repeat across a piece of thick tag board bristol paper. Once complete, fold it into an origami box. These thought-filled boxes are created by bringing together two art forms: calligraphy, which means “beautiful writing” and origami, which translates to “folded paper.”

When complete use the box to store written wishes, promises, thoughts, poems, or mantras.

GRADES 3-8

Note: Instructions and materials are based upon a class size of 24 students. Adjust as needed.

Process

1. Use the newsprint to practice drawing different words using cursive, script, or natural, flowing letters. Choose words that have significance such as love, mom, joy, etc. Keep in mind that the words will wrap with the box shape, so there will be sections that are unreadable. It is the design created by the colors and shapes of the words that will make the box beautiful. It is important to repeat the same word or short phrase over and over.
2. After practicing the handwriting on the plain paper, students may begin writing on the tag board. Write directly, don't sketch it out in pencil first. Just let the handwriting flow, relax, and have fun. Mistakes will be hidden when the box is folded. Write on both squares on both sides.
3. Following the instructions on page 2, make a box. Ideally, the instructor should lead students through each step and make sure everyone has completed it successfully before continuing to the next step.
4. Fill the box with written wishes, promises, thoughts, poems, or mantras.

Materials (required)

- [Blick Aluminum Rulers](#), 18" (55430-1018), one per student
- [Blick White Sulphite Drawing Paper](#), 9" x 12", 60 lb, 100 Sheets (10209-1003); at least one sheet per student
- [2-Ply Tag Board](#), 9" x 12", White, 100 Sheets (13111-1003); cut to 9" x 9" or 6" x 6" squares, one square per student
- [Maped Ultimate Scissors](#), 5" (58470-1005); one per student
- [3M Scotch #810 Magic Transparent Tape](#), (23012-0050), share five rolls across class

Optional Materials

Suggested writing tools:

Dip pens and brushes:

- [Richeson Bamboo Reed Pens](#), Small (04898-1001)
- [Speedball C Style Calligraphy Set](#) (20891-1009)
- [Blick Bamboo Brush](#), Set of three (05412-9003)
- [Blick Black Cat Waterproof India Ink](#), 3 oz (21101-2004)

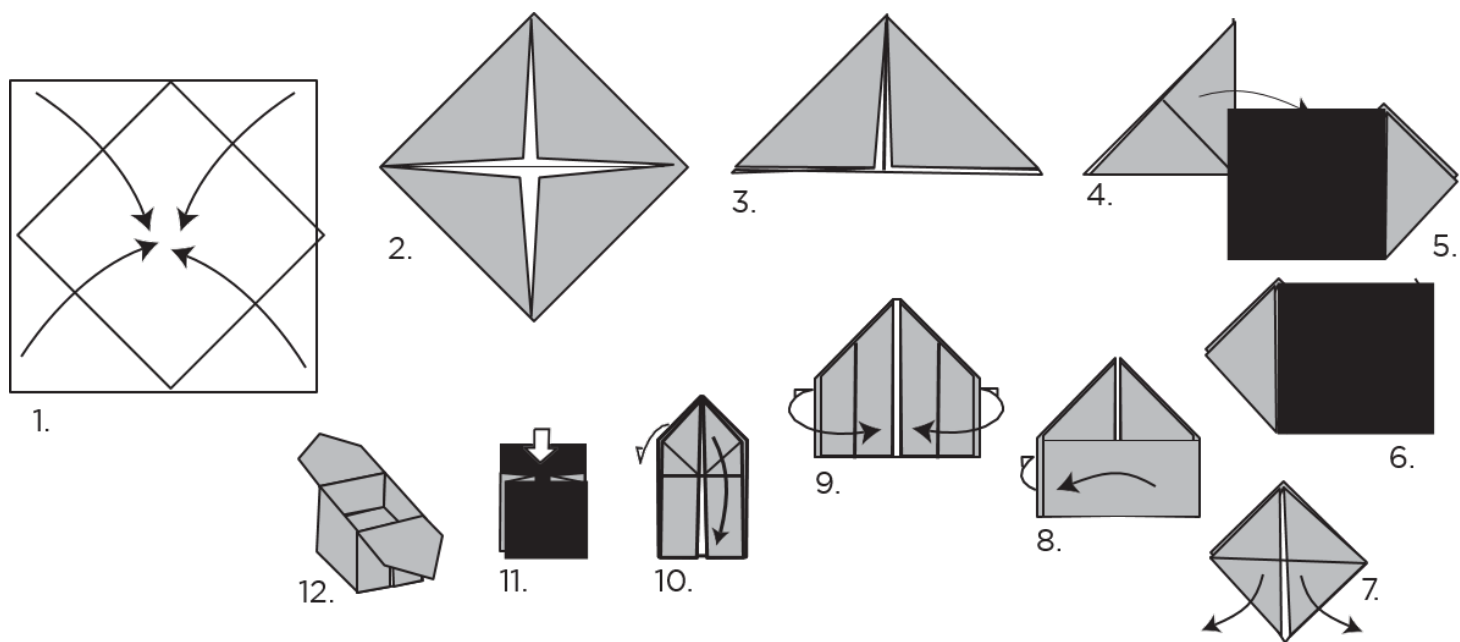
Markers and pens:

- [Itoya Doubleheader Calligraphy Marker](#), assorted colors (20820-)
- [Yasutomo Calligraphy Markers](#), Set of 3 (20832-2009)
- [Zebra Lettering Set](#), Set of 12 (21074-1129)
- [Sakura Gelly Roll Pen 5-Pen Sets](#), metallic (20747-0059) or assorted colors (20747-1159)

Pencils:

- [Faber-Castell GRIP Colored EcoPencils](#), set of 12 (22427-1209)
- [Faber-Castell Red-Line Metallic Pencils](#), set of 12 colors (20552-1012)

How to make an Origami Box:



National Core Arts Standards -Visual Arts

Creating

Anchor Standard 1: Generate and conceptualize artistic ideas and work.

Anchor Standard 2: Organize and develop artistic ideas and work.

Presenting

Anchor Standard 6: Convey meaning through the presentation of artistic work

Responding

Anchor Standard 8: Interpret intent and meaning in artistic work.

Connecting

Anchor Standard 10: Synthesize and relate knowledge and personal experiences to make art.