# PREMIER®



# SIZES

Adult X-Small (Small, Medium, Large, X-Large, 2X, 3X) Shown in Medium

#### FINISHED MEASUREMENTS

Note: Choose a size 10-20% smaller than your actual foot circumference for the best fit. Foot Circumference: 7 (7½, 8, 8½, 9, 9½, 10)" Foot Length: 8 (8½, 9¼, 9¾, 10¼, 10¾, 11¼)" (adjustable)

Leg Height: 8 (8, 8, 9, 9, 10, 10)" (adjustable)

### MATERIALS

**Premier<sup>®</sup> Yarns** *Fruits*<sup>™</sup> (93% Acrylic, 7% PBT; 1.75oz/50g, 235yds/215m)

• Any Color – 2 balls

(Note: For the 2 largest sizes, if you plan to add any length or height, we suggest purchasing an extra ball.)

**Needle:** US Size 2 (2.75 mm) double-pointed needles *or size needed to obtain gauge* **Notions:** Tapestry needle, stitch markers

# GAUGE

32 sts x 42 rnds = 4" in St st; Save time, check your gauge.

# Skills/techniques used in this pattern:

- Toe-Up Cast On
- Small Circumference Knitting in the Round
- Knit, Purl and Slip Stitches
- Picking Up Stitches
- Knit and Purl Decreases
- Kfb Increases
- Regular and Reverse Yarn Overs

# PATTERN NOTES

Socks shown in 2052-08 Banana on first page and 2052-11 Blueberry on second page. Sock is knit from the toe up with a Turkish heel, which features a heel flap but no gusset. Foot length and leg height are easy to adjust to preferred size.

# STITCH GUIDE

# Judy's Magic Cast On (JMCO)

**Step 1:** Hold two needles in your right hand, they will be referred to as the front and back needle. Place the yarn over the back needle with the working end hanging between the two needles and the tail hanging in the back – 1 st cast on.

**Step 2:** Hold the 2 ends in your left hand with the tail around your index finger and the working yarn around your thumb.

**Step 3:** Bring the tail forward and wrap around the front needle from front to back, and down between the needles –1 st cast on front needle.

Step 4: Bring the working yarn up between the 2 needles, then over the back needle from front to back – 1 st cast on back needle.
Rep steps 3-4 until the correct number of stitches has been cast on, ending with step 3.
Jeny's Surprisingly Stretchy Bind Off: K1, \*yo in reverse, k1, pass first st and yo over second st; rep from \* until all sts are bound off.

# SOCK

# Тое

With 2 dpns and **JMCO**, cast on 20 (24, 24, 24, 28, 28, 28) sts, 10 (12, 12, 12, 14, 14, 14) on each dpn.

# **Fruit Sock**

# project continued

**Rnd 1:** \*K1, kfb, knit to last 3 sts, kfb, k2, rep from \*once more, pm for beginning of rnd – 4 sts inc'd. Divide sts onto 4 dpns, or as desired on preferred needles.

**Inc Rnd:** \*K1, kfb, knit to last 3 sts, kfb, k2, rep from \*once more – 4 sts inc'd.

All other rnds: Knit.

Rep Inc Rnd once more, then rep Inc Rnd every other rnd 6 (6, 7, 8, 8, 9, 10) more times – 56 (60, 64, 68, 72, 76, 80) sts.

## Foot

Work even in St st until foot measures  $5\frac{1}{2}$  (6,  $6\frac{1}{2}$ , 7,  $7\frac{1}{2}$ ,  $7\frac{3}{4}$ , 8)" from cast on, or  $2\frac{1}{2}$  ( $2\frac{1}{2}$ ,  $2\frac{3}{4}$ , 3, 3, 3,  $3\frac{3}{4}$ )" less than total desired length to back of heel.

### **Heel Flap**

Note: Heel is worked over 28 (30, 32, 34, 36, 38, 40) sts, leave rem 28 (30, 32, 34, 36, 38, 40) sts from the instep on a separate needle. **Row 1 (RS):** Sl 1, knit to end. **Row 2 (WS):** Sl 1, purl to end. Rep last 2 rows 11 (11, 12, 13, 13, 14, 15) more times – 12 (12, 13, 14, 14, 15, 16) sl sts along each edge of heel flap.

# **Heel Turn**

**Row 1 (RS):** K16 (17, 18, 19, 20, 21, 22), ssk, turn – 1 st dec'd.

**Row 2 (WS):** Sl 1, p2 (4, 4, 4, 6, 6, 6), p2tog, turn – 1 st dec'd.

**Row 3:** Sl 1, k2 (4, 4, 4, 6, 6, 6), ssk, turn – 1 st dec'd. Rep last 2 rows until all heel sts are worked, end with a Row 2 – 4 (6, 6, 6, 8, 8, 8) sts rem.

# Leg

**Rnd 1:** Knit across 4 (6, 6, 6, 8, 8, 8) heel sts, pick up and knit 12 (12, 13, 14, 14, 15, 16) sts along edge of flap (1 in each sl st), knit across 28 (30, 32, 34, 36, 38, 40) instep sts, pick up and knit 12 (12, 13, 14, 14, 15, 16) sts along edge of flap (1 in each sl st), pm for beginning of rnd – 56 (60, 64, 68, 72, 76, 80) sts. Cont in St st until leg measures 6 (6, 6, 7, 7, 8, 8)" or to desired height, less 2".

# Cuff

Rnd 1: \*K2, p2; rep from \* around. Rep last rnd until Cuff measures 2". Bind off all sts with Jeny's Surprisingly Stretchy Bind Off.

# FINISHING

Weave in ends.

# Abbreviations

- dec('d) decrease(d)
  dpn(s) double pointed needle(s)
- **cont** continue
- **inc('d)** increase(d)
- **k** knit
- kfb knit into the front and back of the next st
  (1 st inc'd)
- **p** purl
- p2tog purl 2 sts together (1 st dec'd)
- pm place marker
- rep repeat(ing)
- rnd(s) round(s)
- **RS** right side
- sl slip
- ssk slip slip knit (1 st dec'd)

# st(s) stitch(es)

- St st Stockinette stitch: knit every rnd
- WS wrong side
- yo yarn over



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