

Information on coronavirus self-tests

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You have obtained a coronavirus self-test kit from our pharmacy. Please pay attention to the important tips below. **The self-test is no substitute for the rules on hygiene and social distancing or existing precautionary measures.**

What's important to remember when obtaining and using self-tests?

Self-tests have a significantly lower detection rate than PCR tests, so the results are less meaningful – especially for people without symptoms.

When does a self-test make sense?	<ul style="list-style-type: none">For people without symptoms and contact with COVID-19 cases who want to do a test at homeFor people who have not (yet) been vaccinated or who have not had and recovered from COVID
When should you not do a self-test?	<ul style="list-style-type: none">Self-tests shouldn't be done by people who have symptoms of illness. These people should have a PCR or rapid antigen test at a hospital, medical practice, test centre or pharmacy.Self-tests shouldn't be done before visiting people who are at high risk or health facilities.Self-tests shouldn't be used for repetitive tests in schools, companies and institutions.
Where can self-test kits be obtained?	In Switzerland self-test kits are available from pharmacies free of charge subject to certain conditions. Self-test kits are available at retailers; in this case you have to pay for them.
Who pays for self-tests?	The federal government, not health insurance, pays the costs. This means you don't have to pay an insurance deductible or copayment.
How many self-tests can you obtain from a pharmacy?	The federal government pays the costs of a maximum of 5 self-tests per person every 30 days , provided they are dispensed by pharmacies. This applies to people who have neither been vaccinated nor recovered from COVID . Everyone else can obtain self-tests at their own expense.
When are you deemed to have been vaccinated or to have recovered from COVID?	You are deemed to be fully vaccinated if you received the second dose of vaccine no longer than 365 days ago ¹ . If you have recovered from COVID, you are deemed to be fully vaccinated after only one dose of vaccine. You are deemed to have recovered if you have had a Sars-CoV-2 infection and your positive PCR test result is at least 11 days but no more than 6 months old.
Can I obtain self-tests at a pharmacy for other people (for example family members)?	This is possible as long as you hold a health insurance card. However, the self-tests will be billed to the individual insured (not families together).
How do I use the self-test correctly?	The patient information leaflet that comes with the kit describes how to use it. The QR code opposite will take you to an explanatory video.
The result of my self-test is positive What should I do?	<ul style="list-style-type: none">➔ The result must be confirmed immediately (within 72 hours) with a PCR test. This confirmatory PCR test is free of charge. Please get a test immediately. QR code: Where can I get tested?➔ Please go into self-isolation until you have the result of your confirmatory PCR test.



¹ In the case of the Janssen vaccine, this period is 365 days after the 22nd day following your vaccination.

The result of my self-test is negative

What should I do?

- ➔ Continue to follow the rules on social distancing and hygiene issued by the Federal Office of Public Health (FOPH).
- ➔ Your test result is valid only on the day of the test. If you have symptoms, have a test at a hospital, medical practice, test centre or pharmacy. Find out more on your canton's coronavirus information website.

Your pharmacist is there to help if you have any questions or if anything is unclear.

Pharmacy's stamp

Invitation to take part in a survey on coronavirus self-tests

You have just obtained a coronavirus self-test kit. PharmaSuisse, the Swiss Pharmacists Association, would like to know about your experience of obtaining the self-test at the pharmacy and how you are using the self-tests. This way you can help improve this service.

Anyone in Switzerland who has already obtained a coronavirus self-test can take part. The survey is available in four languages (English, French, German and Italian).

Please answer the questions online.
It only takes 5 to 7 minutes.

There are no right or wrong answers.

To do this, scan in the QR code displayed
or enter the following URL:

<https://findmind.ch/c/iCvStD>



The survey is voluntary, so you decide whether you want to take part or not. Your responses are anonymous and will be saved and processed on servers in Switzerland of cyon GmbH in Basel (CH). No personal data will be stored or analysed. To interpret the results we merely ask for general information such as your gender, age and canton of residence. This information cannot be traced back to you personally.

Many thanks for taking part!