

**SO SCHÜTZEN
WIR UNS.**

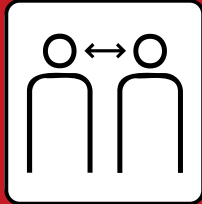


ዝተሓደሰ ኣብ 1.03.2021

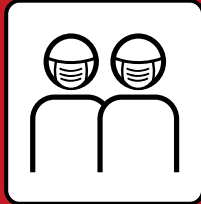
ንኮሮና ጠጠው ምባል



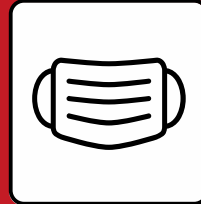
ብዝተኸለለ መጠን ምስ
ዝወሓደ ሰባት ምርኽባብ።



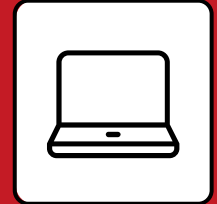
ርሕቀት ምግባር።



ማስኬራ ምኽዳን ኣድላይ'ዩ
እንድሕር ርሕቐት ምግባር
ዘይከለል ኮይኑ።



ኣብ ህዝባዊ ቦታታት፣ ኣብ
ህዝባዊ መጽዓዝያ ከምኡ'ውን
ኣብ ቦታ ስራሕ ማስከ ክኸደን
ኣለዎ።



ብዝተኸለለ መጠን ኣብ ገዛ
ክሰራሕ ኣለዎ።



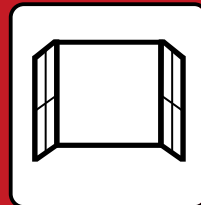
ኣእዳው
ብጽኑዕ ምሕጽብ።



ኣብ መንዳል
ወይ ኣብ ኩርናዕ ምናት
ምስዓልን
እንጥሾ ክግበርን ኣለዎ።



ብኣድ ሰላም ምባል
ከውጊድ ኣለዎ።



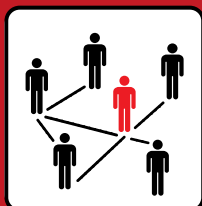
ኩሉ መዓልቲ ብዝተደጋጋሚ
ምንፋብ።



ፍጻሜታት፣
ብወግዒ ተኸልኪሉ
ብግሊ ካብ 5 ሰብ ክበዝሕ
የብሉን
ምርኽባብ ኣብ ህዝባዊ ቦታ
ካብ 15 ሰብ ክበዝሕ የብሉን



ምልክታት ሕማም
ምስተቐልቀሉ ብቐልጠፍ
መርመራ ክግበርን ኣብ ገዛ
ክትረፍን ኣለዎ።



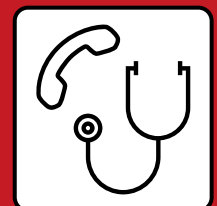
ኣሰራት ካበይ ከምዝመጽኡ
መታን ክፍለጥ ኩሉ ግዜ ምሉእ
ሓበሬታ ርክብ ክሕበር ኣለዎ።



ሰንሰለታት ልብዳ ጠጠው
ምባል፥ ንSwissCovid ኤፕ
ዳውንሎድ ምግባርን ምውላዕን



ኣብ ኣወንታዊ መርመራ፥
ግለላ። ኣብ ርክብ ምስ
ኣወንታዊ/ፖሊቲክ
ዝተመርመረ ሰብ፥ ውሽባ
ንሕመም/ኣራንተይን።



ጥራይ ድሕሪ ብተሌፎን
ዝተገብረ ምዝጋብ ኣብ
ቤትጽሕፈት ሓኪም
ወይ ኣብ ጨንፈር ህጹጽ
ኮትታት።

www.foph-coronavirus.ch

ሕጋዊ ከከም ክፍለ-ሃገር ክፈላለዩ ይኸኣሉ