foph-coronavirus.ch/test

Fayraska korona ee Infoline (06.00 – 23.00 h):
+41 58 463 00 00

Tallaalka-Covid-19 ee Qaranka Infoline
(06.00 – 23.00 h):
+41 800 88 66 44

SIDA LOO ILLAALIYO NAFSADAADA.

Ka taxadar dheelitirka baaritaanka shaqadaada.

Dagaalkaan looga soo horjeedo cudurka safmarka, waxay dhammaanteen nooga baahantahay: in shaqaalaha isu baaraan nafsadooda si ku celcelis ah. Iyo shirkadaha sare u qaado baaritaanka joogtada ah. Waad ku mahadsantihiin tabarucaadiina.

BAARITAANKA WUXUU JOOJIYAA FAAFIDA CAABUQA.

Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
Uffizi federal da sanadad publica UFSP

Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
Uffizi federal da sanadad publica UFSP

Fayraska koronaha

SIDA LOO ILLAALIYO NAFSADAADA.

Baaritaanka goobta shaqada

Iyada oo si joogto ah loo baarayo nafsadaada, waxaad illaalisaa shaqaalaha isla shaqeysaan, saaxibada, iyo qoyska. Halkaan waa sida baaritaanka u shaqeeyo:

Kee?

Malahan Aastaamo

Xittaa iyada oo aan jirin aastamaaha, waxaad qaadi kartaa fayraska oo aad faafin kartaa.

Aastaamahee

Kuwa qabo aastaamaha waa in lagu baaraa hal baaritaan oo xarunta baaritaanka ama farmashiga.

Maxaa?

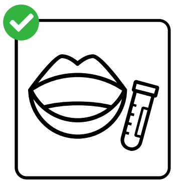
Baaritaanka-PCR ee la Kooxeeyay

Sidee?

Candhuufta

Raac tilmaamaha, tusaale ahaan:

1. Ku shub biyaha saliinka afka
2. Ku lugluqo biyaha afka 60 ilbiriqsi.
3. ku tuf weelka
4. Calaali oo tuf markale
5. Si dhuuqsan u xir weelka



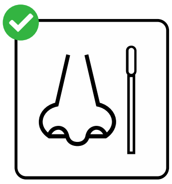
Fadlan raac tilmaamaha soo saaraha baaritaanka.

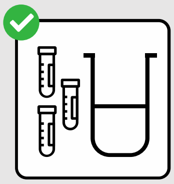
→ Fikrad ahaan, hal saac baaritaanka ka hor, ka fogow: Cunista, cabitaanka, buraashida ilkahaaga, sigaar cabida.

Baaritaanka degdega antijeenka

Muunada dhacaanka sanqada

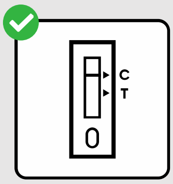
Ka qaadista muunooyinka qofka si gaar ah u tababaran





Kooxeynta shaqaale tababaran ah :

Muunada candhuufta waxaa lagu daraa muunooyinka kale ee ka baxsan sheybaarka baaritaanka oo ku falanqeeyo sheybaarka. Muunada laguma raadraaci karo shaqsiga.



Qiimeynta taqasuska :

Goobta, xafiiska dhaqtarka, farmashiga ama sheybaarka.

Natiijooyinka - maxaa hadeer?

Kooxda Laga helo

↓

Baaritaanka shaqsiga PCR

xarumaha baaritaanka ama farmashiga

Joogteynta dhowrida sharciyada nadaafada iyo dabeecada. Ma jiraan xiriirada gaarka ah.

Laga helo

Gooniyeynta

Laga waayo

Joogteynta dhowrida sharciyada nadaafada iyo dabeecada.

Laga waayo

↓

Joogteynta dhowrida sharciyada nadaafada iyo dabeecada.

Laga helo

↓

Gooniyeynta

Laga waayo

↓

Joogteynta dhowrida sharciyada nadaafada iyo dabeecada.