

DIY *Bath Bombs*


These luscious bath bombs can help soothe the skin, senses and spirit with nurturing ingredients. Start with our Essential Bath Bomb Recipe, and then customize with lemon, rose or lavender scents.

1. Combine dry ingredients and mix well.
2. In a separate bowl, combine liquid ingredients.
3. Add liquid ingredients to dry ingredients a few drops at a time with an eyedropper. Mix well. Add dried herbs (optional).
4. Combine until mix is crumbly and can just hold its shape when squeezed. Add more witch hazel or water with a spray bottle as needed to achieve desired texture.
5. Add mixture to a greased muffin tin. Press firmly and leave 48 hours, or until hardened.
6. Tap molds with a spoon to release. Wrap in tissue paper and store in airtight container. Use within two weeks.

DRY BASE



LIQUID INGREDIENTS



1 cup baking soda
1/2 cup corn starch
1/2 cup epsom salt
1/2 cup citric acid
Dried herbs (optional)

2 tbsp of oil
(coconut or
olive oil)



2 teaspoons
witch hazel
(or water)



1 teaspoon
vanilla extract
(or water)



Lavender BATH BOMB

Lavender is known for its calming properties and can help you relax and unwind. Make it a part of your bedtime routine, and dream of running through the hills of Provence.

LAVENDER
ESSENTIAL
OIL



15-20 drops

COMPLEMENTARY
ESSENTIAL OIL

+

15-20 drops



sage



hemp



chamomile

Lemon BATH BOMB

Also known as “liquid sunshine,” this vibrant pick-me-up can help boost positivity, concentration, alertness and energy. It can also help brighten skin by removing dead skin cells and excessive oil.

LEMON
ESSENTIAL
OIL



15-20 drops

COMPLEMENTARY
ESSENTIAL OIL

+

15-20 drops



mint



pomegranate



eucalyptus

Rose BATH BOMB

Is there anything more lovely, feminine and timeless than the scent of roses? Rose essential oil can lift your mood and moisturize skin. Talk about flower power!

ROSE
ESSENTIAL
OIL



15-20 drops

COMPLEMENTARY
ESSENTIAL OIL

+

15-20 drops



cedar



vanilla



geranium