

KITCHEN CLEANING

CHECKLIST



Supplies

- Dawn Dish Soap
- Soft sponge, scrub brush
- Multipurpose cleaner
- Baking soda
- Vinegar
- Swiffer 2-in-1 Wet/Dry Mop
- Mr. Clean Magic Eraser
- Swiffer Dusters Heavy Duty Extendable Handle

Daily

- Wash all dishes
- Clean sink
- Empty dishwasher
- Clean countertops
- Wipe stove top
- Sweep floor
- Tidy up clutter

Weekly

- Toss expired leftovers
- Clean outside of appliances
- Clean inside microwave
- Deep clean sink
- Sanitize sponges
- Mop floors
- Launder dish towels
- Spot clean cabinets
- Empty trash and recycling
- Clean garbage disposal

Monthly

- Clean cabinets
- Take inventory of pantry and freezer
- Dust above refrigerator
- Clean trash bins
- Clean dishwasher
- Clean dish drying rack
- Clean tile grout
- Descal coffee maker
- Wash kitchen rugs
- Dust light fixtures

Seasonal Chores

- Vacuum drawers
- Rinse drawer dividers and organizers
- Clean under refrigerator
- Organize pantry
- Organize cooking tools
- Take inventory of spices
- Repair or replace dishware and glassware as needed

