



1st month at
\$0/mo¹ for
for LivingWell Companion
Use promo code
HEALTH

Get help at the push of a button

Feel confident and safe knowing you have 24/7 access to live emergency support at the push of a button with the **LivingWell Companion™**.

How it works:



1. Emergency alert received

LivingWell Companion is designed to alert the highly trained operator when the emergency button is pressed or if the available fall detection feature² detects a fall. The fall detection feature uses certain motion technology guidelines like algorithms and sensors to help detect the occurrence of a fall. In some instances, it might not detect all falls.



2. Operator contacts customer

When the alert is received, the operator will contact the customer through the pendant or the base unit using the two-way voice speaker to confirm emergency status.



3. Family or friends contacted

If the customer cannot be reached or an emergency is confirmed, the operator will contact up to 3 emergency contacts.



4. Emergency services contacted

If your emergency contacts are unavailable or if the situation warrants, the operator will then contact emergency services.

Exclusive offer for patients who have been referred by a healthcare professional or have this handout.

- 1st month at **\$0**
- **\$35** activation fee waived

Order today

1-844-979-2008

Use promo code: **HEALTH**

LivingWell Companion

More independence and peace of mind with our range of products



LivingWell Companion Go

- 24/7 access to live emergency operator
- Emergency help button
- Fall detection feature
- Water-resistant
- Canada-wide GPS coverage³
- 2-way voice calling
- Belt clip and lanyard option
- In home or outdoor coverage (wherever there is cell coverage)



LivingWell Companion Home with Fall Detection

- 24/7 access to live emergency operator
- Emergency help button
- Fall detection feature
- Water-resistant
- Lanyard
- In home coverage



TELUS Health Companion on Apple Watch (excluded from offer)

- 24/7 access to live emergency operator with the push of a button on your Watch face
- Fall detection feature⁴
- Canada-wide GPS⁵ and cellular coverage with 2-way voice calling
- Walking steadiness measures stability and predicts fall risk
- High and low heart rate and irregular heart rhythm notifications
- In home and outdoor coverage



LivingWell Companion Home

- 24/7 access to live emergency operator
- Emergency help button
- Water-resistant
- Lanyard and wristband option

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About falls⁶



1 in 3
older Canadians fall
each year



1 in 3
of those who fall are
seriously injured



4 in 5
hospitalizations due to injuries
among older Canadians are
because of falls

What can I do to prevent falls?



Improve your strength and balance
with regular exercise



Make your home safer and
more accessible



Have your
medications reviewed



Have your vision & hearing checked

Staying physically active



Regular physical activity and exercise is beneficial to staying physically and mentally healthy as we age and can greatly reduce the risk of falls.

Older adults should aim to exercise 30 minutes per day. You can incorporate the activities below into your routine to stay healthy and active:

- Walking
- Gardening
- Chair exercises
- Yoga
- Tai Chi
- Stretching exercises

Consult with your healthcare professional.

telus.com/LivingWellTools

1 Offer expires Dec 31, 2023. Offers and pricing are subject to change without notice. To be eligible for the offer, customers must verbally mention the promotional code to the sales representative placing the order. Offer available to new customers who have not subscribed to TELUS LivingWell Companion in the last 90 days. One month for \$0 promotional pricing is available to new LivingWell Companion customers who subscribed for LivingWell Companion Go, Home and Home with Fall Detection plans under month-to-month or a one-year term contract. Regular pricing applies from the end of the promotional period. Regular pricing on a one-year contract is \$30/mo for LivingWell Companion Home, \$40/mo for Home with Fall and \$50/mo. for Go. Regular pricing month-to-month is \$45/mo for LivingWell Companion Home, \$55/mo for Home with Fall and \$65/mo. for Go. Cannot be combined with other promotional offers or discounts. Minimum system requirements apply. Not all products are available in all areas. Final eligibility for services will be determined by a TELUS representative. 2 The fall detection feature might not detect all falls. If you do fall, do not wait for the call, always press and hold the button for help when possible. 3 LivingWell Companion Go operates anywhere in Canada where cellular coverage is available. GPS capabilities are approximate and may not always be possible. 4 The TELUS Health Companion app uses the Apple Watch embedded fall detection feature, which may not accurately detect all falls. If you do fall, you should not wait for the call and always press the Call button on your TELUS Health Companion app. 5 The TELUS Health Companion app uses the Apple Watch embedded GPS feature. GPS capabilities are approximate and may not always be possible. 6 Sourced from nia-ryerson.ca/resources. TELUS, the TELUS Health logo, LivingWell Companion, and telus.com are trademarks of TELUS Corporation, used under license. All copyrights for images, artwork and trademarks are the property of their respective owners. All rights reserved. © 2022 TELUS.