



Preventive Health Assessment in Ontario, Alberta and British Columbia

Exams	Select	Elite
Exhaustive review of medical history	✓	✓
Discussion regarding mental health, lifestyle habits, preventive health practices and general health risks	✓	✓
Gender specific counselling (menopause, andropause, osteoporosis, fertility, etc)	✓	✓
Pap test and pelvic floor evaluations, if needed - women	✓	✓
Prostate-specific antigen (> 45 years), if needed - men	✓	✓
Laboratory and diagnostic testing (urine and blood)	✓	✓
Pulmonary function test	✓	✓
Immunization review	✓	✓
Resting and exercise electrocardiograms (ECG)	✓	✓
Body composition analysis	✓	✓
Eye pressure test (40 y.o. or older)		✓
Vision tests		✓
Hearing capacities (audiometry)		✓
Nutrition review and action plan		✓
Fitness and functional movement assessments		✓
Ultrasounds (liver, gallbladder, kidneys, spleen and pancreas health)		✓
Wellbeing Assessment with a mental health professional (online)	Add-on (\$)	Add-on (\$)
Results and feedback with the assigned physician	✓	✓

Other tests and services offered by TELUS Health Care Centres:

- Travel & immigration health
- Medicals (pre-employment, legislated, etc)
- Fitness-for-duty
- Biometric screening
- Vaccination
- Workshops and webinars
- LifePlus
- Specialists (cardiology, dermatology, gynecology, psychology & more)
- Genetic testing
- Precision Health

Contact our team at cloud.e.telushealthcarecentres.com/contact-us

Note: Some aspects of the above may vary depending upon the patient's age, gender, and personal risk factors, as well as provincial and College regulations.