

#### SIGNATURE AND BODY TREATMENTS

#### **KERSTIN FLORIAN**

#### SIGNATURE TREATMENT

#### MOROCCAN HAMMAM RITUAL

This Moroccan-inspired Hammam treatment combines ancient traditions with detoxifying and organic aromatherapy formulas for a cleansing, detoxifying journey with an ultimate tactile and sensory experience. Warming water, a full body exfoliation with traditional black soap, a signature scalp massage, deep moisture face treatment and a hydrating body massage all come together to create this amazing journey. I20 minutes

## BODY TREATMENTS

#### **AROMA RENEWAL EXPERIENCE**

Your choice... Inhale the calming and balancing benefits of wild lavender or let ginger's healing and warming properties revive and nourish in this renewing head-to-toe treatment. This experience begins with an invigorating full body scrub, a warm cocoon with pressure point ear and scalp massage, and concludes with a full body massage with warm, healing stones. go minutes

#### **TURKISH SALT SCRUB**

An energizing thermal salt exfoliation is applied in a two-step treatment utilizing salt rich in mineral and trace elements mixed with lavender or ginger essential oils, followed by a loofah scrub with Thermal Mineral Shower Gel. Stimulates circulation and leaves the skin smooth and soft.

30 minutes



#### "AS YOU LIKE IT" MASSAGE

- 1. Choose what massage blend suits your mood and specify your touch.
  - > Lavender > Eucalyptus > Muscle Comfort
  - > Fragrance Free
- 2. Choose from:

> Swedish > Deep Tissue > Therapeutic
Please specify choices at time of booking.
3. Lay back and enjoy!
60 minutes
90 minutes

#### PRENATAL MASSAGE

Excellent for easing the mind and relieving stress and strain during pregnancy, this specialized massage focuses on reducing tension in the legs and back. Please note that this treatment can only be performed after the first trimester. 60 minutes 90 minutes

#### HOT STONE MASSAGE

Smooth lava rocks are heated and massaged into your body with warm oil. This unique treatment involves the application and movement of heated basalt stones. The contrast of temperature assists to induce deep relaxation and an enhanced well being, while reducing inflammation and restoring balance to the body. 90 minutes

#### THE ONE TAN

Ready, set...glow! **Chocolate Sun** is an organic, sunless tanning treatment that gives you a healthy and natural-looking tan as it hydrates and nourishes your skin with wild crafted botanicals, essential oils and antioxidants. Enjoy a sun-kissed glow that lasts up to seven days. **25** *minutes* 





OMOROVICZA

#### **GOLD RE-SURFACING**

Mineral-rich Hungarian Moor mud detoxifies and cleanses deeply, a copper lactic-acid peel boosts collagen, a gold serum adds healing and repairing benefits and a unique plumping massage helps to re-surface fine lines and wrinkles. 60 *minutes* 90 *minutes* 

#### **PORE REFINING**

Mineral-rich Hungarian Moor mud detoxifies and cleanses deeply, an aromatic mud mask application, rosemary and pineapple extracts help to minimize the pore size and a classic Hungarian facial massage instantly lifts and firms the skin. 60 *minutes* 

#### **GENTLEMEN'S FACIAL**

This facial is designed to cleanse and exfoliate using lightly scented natural products. A unique facial massage soothes the skin, scalp and shoulder massage relieves tension and stress. 60 *minutes* 





#### HYDROPEPTIDE

#### CALMING RECOVERY FACIAL

A gentle peel refreshes skin without irritation while a nourishing mask helps to protect skin and restore hydration. Start combating sensitivity with peptides and a botanical stem cell that helps to promote an even skin tone by reducing visible signs of redness. 60 minutes

#### **DEEP CLEANSING FACIAL**

A combination of salicylic acid and acne fighting peptides improve skin smoothness and balance oil production. Unclog pores and speed up skin cell turnover while enhancing an overall glow and revealing healthy skin.

#### **BRIGHTEN AND RENEW FACIAL**

Gently exfoliate, protect, brighten and even out skin tone with apple stem cells, fruit enzymes, and a variety of antioxidants. Peptides and growth factor activators will increase elasticity and firmness of the skin, while delivering proper nourishment. 60 *minutes* 

#### HYDRATING RADIANCE FACIAL

This relaxing, "no downtime" treatment infuses skin with the restorative and uplifting benefits of peptides, growth factor activators, and proteins. Begin the treatment with a two-step peel that incorporates Vitamin C infused microdermabrasion crystals and a plumping activator to reveal fresh, glowing skin. A hybrid treatment mask hydrates while wrinkle fighting peptides leave skin firm and rejuvenated. 60 minutes





LUZERN

#### **EXPRESS FACIAL**

PURE 02 INFUSION Perfect express treatment for a quick pick-me-up before an important event. A powerful combination of customized organic Bio-Suisse certified extracts, firming peptides and vitamins A, C and E infused into the skin with pure, medical-grade oxygen to reveal a truly renewed complexion in just 30 minutes. **30** *minutes* 

#### **ULTIMATE AGELESS**

#### PURE 02 INFUSION

Instantly boost skin vitality with this next generation, age-fighting oxygen facial. Cosmeceutically active ingredients and rare Bio-Suisse alpine organics deliver customized exfoliation, supply the skin with intense hydration, and recharge skin with powerful age-fighters to help minimize fine lines, restore resiliency, suppleness and radiance. 60 *minutes* 

#### **ULTIMATE AGELESS ADVANCED**

#### PURE 02 INFUSION

Dramatically transform skin vitality with the Ultimate. The Ultimate delivers unparalleled cell-renewal and deep nourishment to the skin with customized resurfacing, layering skin-firming peptides, antioxidants, and high-impact pure oxygen infusion to help instantly smooth, visibly plump and fortify the skin to repair signs of aging. *90 minutes* 



# SONE ADVANCED FACE

#### MICROCURRENT

Improves skin tone, firmness and elasticity, and stimulates cell renewal. Reduces the appearance of fine lines and wrinkles. Adds intense hydration. Leaves skin revitalized and rejuvenated. 25 minutes 60 minutes

#### **HYDRADERMABRASION**

Deep exfoliation, increases collagen production, tones and brightens skin complexion. Leaves skin soft, smooth and revitalized. 25 *minutes* 60 *minutes* 

#### PERFECT DUO

Perfect marriage of two technologies. Our Esthetician will custom tailor the facial toward your skin condition with a choice of 2 technologies out of 3: Hydrodermabrasion, Microcurrent or Oxygen Infusion. *90 minutes* 

#### **RED CARPET 3 IN ONE FACIAL**

This facial gives anyone red carpet results; this is the ultimate antiaging treatment. We incorporate three "state-of-the-art" pieces of equipment. The facial will start with diamond wet abrasions to get rid of the dead skin and pigmentation, followed by the firming and lifting Microcurrent technology, and finally, we finish with the oxygen system. This calms, infuses antioxidants, and binds deep hydration to the skin, instant Red Carpet results! 90 minutes.



#### MANICURES LIGHT TOUCH MANICURE

Refresh your hands with an invigorating eucalyptus soak and comforting shea butter massage. This complete nail care service includes nail polish application. 45 *minutes* 

#### **AROMA MANICURE**

A healthy twist to a regular manicure. This deluxe treatment incorporates a mineral scrub for hand exfoliation, moisturizing Myrrh Nail Oil, a hand soak in muscle-relieving minerals and essential oils, hydrating algae masque and a massage based on Geranium, Grapefruit and Lavender Essences. 60 *minutes* 

#### **GEL MANICURE**

This no-chip, long-lasting manicure is the latest breakthrough in nail technology, offering incredible shine that lasts up to two weeks – perfect for busy schedules, those on extended holiday or any occasion that demands long-lasting color. **60** *minutes* 

#### ADD ONS SPECIALTY POLISH

Luxurious and long lasting, indulge yourself with a luxurious gel-like nail service. LVX is a luxury, vegan and 7-toxin free brand. The ultra creamy and smooth lacquers offer the healthiest alternative to a long lasting manicure and pedicure. This unique and exclusive service allows you to choose and keep your LVX color for future bookings.

## POLISH CHANGE



## PEDICURES

Recharge your feet with this therapeutic treatment which includes a thorough shaping and cleansing of toe nails, cuticles and heels, all while soaking in a soothing, nutrient rich bath of salts and essential oil. A hydrating foot massage tops this treatment. *60 minutes* 

#### **AROMA PEDICURE**

This pedicure helps to stimulate circulation as well as revitalize and remineralize tired feet. Using eucalyptus essential oil and Turkish salts, the feet are exfoliated followed by a rejuvenating eucalyptus footbath. An invigorating alpine herb and Spirulina masque and massage with invigorating Fuß.

75 minutes

#### **GEL PEDICURE**

This no-chip, long-lasting pedicure is the latest breakthrough in nail technology, offering incredible shine that lasts up to two weeks – perfect for busy schedules, those on extended holiday or any occasion that demands long-lasting color.

75 minutes



#### WAXING

ARCH	<b>BIKINI LINE</b>
LIP	FULL LEG
CHIN	FULL LEG & BIKINI LINE
UNDERARM	HALF LEG
HALF ARM	BACK
FULL ARM	CHEST
STOMACH	LOWER BACK
HAND	SHOULDER

### TINTING

EYELASH TINT EYEBROW TINT

ONE VERY SPECIAL DAY

#### MY ONE AND ONLY BEACH HONEYMOON

> Two "As You Like It Massages"
> His and Hers Facials approximately two hours of treatments each







#### SUGGESTIONS TO ENHANCE YOUR SPA EXPERIENCE

#### **HOURS OF OPERATION**

FITNESS CENTER 24 HOURS (HOTEL GUESTS ONLY) SPA SERVICES BEGIN AT 8:30 AM AND LAST APPOINTMENT ENDS AT 8:00 PM SEVEN DAYS A WEEK

#### RESERVATIONS

We recommend scheduling your spa appointments prior to visiting Shutters for the greatest availability of services and appointment times. Our spa services must be guaranteed with a credit card.

#### CANCELLATIONS

Because your spa services are reserved for you, we ask that you notify us 12 hours in advance should you need to cancel or change a scheduled appointment. The full amount of your service will be charged for cancellation and changes with less than a 12-hour notice with our Spa Concierge. No-shows are charged the full treatment value. Group reservations may require contracted agreement.

#### ARRIVAL

Please arrive at least 15 minutes prior to your scheduled spa treatment. Arriving early allows time to change and relax. As a courtesy to other guests, arriving late will shorten the precious minutes of your spa treatment.

#### WHILE YOU RELAX

- > Cell phones and pagers must be turned off or on silent mode and are not permitted to be used in the spa.
- > Locker rooms, steam rooms, and spa amenities are available for the enhancement of your spa experience.
- > Guests of Shutters on the Beach Spa and Fitness Center must be at least 16 years of age. Children under 16 are allowed only if a parent is present in the treatment room throughout the service.
- > Service prices do not include taxes or gratuities.

#### SPA SERVICES

#### SIGNATURE BODY TREATMENTS

Moroccan Hammam Ritual 120 minutes	\$345
Aroma Renewal Experience 90 minutes	\$265
Turkish Salt Scrub 30 minutes	\$165

#### **ONE FABULOUS BODY**

"As You Like It" Massage 60 minutes	\$190
"As You Like It" Massage 90 minutes	\$270
Prenatal Massage 60 minutes	\$200
Prenatal Massage 90 minutes	\$290
Hot Stone Massage 90 minutes	\$290
The One Tan 25 minutes	\$100

#### **ONE PERFECT PAIR OF HANDS AND FEET**

#### MANICURES

Light Touch Manicure 45 minutes	\$65
Aroma Manicure 60 minutes	\$80
Gel Manicure 60 minutes	\$85

#### PEDICURES

Low Tide Pedicure 60 minutes	\$95
Aroma Pedicure 75 minutes	\$110
Gel Pedicure 75 minutes	\$115

#### ADD ONS S

Specialty Polish 15 minutes	\$25
Nail Repair 15 minutes	\$25
French Polish 15 minutes	\$15
Hand Polish Change 15 minutes	\$30
Feet Polish Change 15 minutes	\$40
Paraffin 15 minutes	\$25
Callous Remover 15 minutes	\$35



AT SHUTTERS ON THE BEACH www.shuttersonthebeach.com/spa

#### SPA SERVICES

#### **ONE GORGEOUS FACE**

Omorovicza Gold Resurfacing Facial 60 minutes Omorovicza Gold Resurfacing Facial 90 minutes Omorovicza Pore Refining Facial 60 minutes Omorovicza Pore Refining Facial 90 minutes Omorovicza Gentlemen's Facial 60 minutes	\$205 \$300 \$190 \$285 \$190
<b>ONE AGELESS FACE</b> Hydropeptide Calming Recovery Facial <i>60 minutes</i> Hydropeptide Deep Cleansing Facial <i>60 minutes</i> Hydropeptide Brighten and Renew Facial <i>60 minutes</i> Hydropeptide Hydrating Radiance Facial <i>60 minutes</i>	\$190 \$190 \$190 \$190
<b>ONE RADIANT FACE</b> Luzern 02 Infusion Express Facial <i>30 minutes</i> Luzern 02 Infusion Ultimate Ageless <i>60 minutes</i> Luzern 02 Infusion Ultimate Ageless Advanced <i>90 minutes</i>	\$170 \$250 \$375
ONE ADVANCED FACE Microcurrent 25 minutes Microcurrent 60 minutes Hydradermabrasion 25 minutes Hydradermabrasion 60 minutes Perfect Duo 90 minutes Red Carpet 3 in ONE Facial 90 minutes	\$170 \$250 \$195 \$250 \$375 \$415



AT SHUTTERS ON THE BEACH www.shuttersonthebeach.com/spa