



SIGNATURE AND BODY TREATMENTS

[COMFORT ZONE]

SIGNATURE TREATMENT

MEDITERRANEAN HAMMAM RITUAL

This Mediterranean-inspired hammam treatment combines ancient traditions with detoxifying and aromatic formulas for a cleansing, detoxifying journey with an ultimate tactile and sensory experience. Our full body exfoliation, scalp massage and signature AromaSoul Mediterranean Massage and AromaSoul Mediterranean product line come together to transport you to the lush landscape of the Mediterranean.

BODY TREATMENTS

DETOX ONE SELF BODY THERAPY

For anyone in need of a deep sense of renewal. Begin your detoxification with a unique body peel to remove dead skin cells. Encourage profound elimination of toxins while enveloped in microalgae sourced from the famous Bagni di Pisa in Tuscany. Complete your experience with a full body firming finish using a rich exquisite body cream to nourish the skin and improve elasticity and tone.





BODY TREATMENTS

emerginC AND SCIENTIFIC ORGANICS

GINGER LIME COCONUT BRIGHTENING POLISH

This dazzling natural treatment begins with a lively citrus-kombucha body wash followed by the vibrant aromas of our ginger-lime sugar scrub. Warm, nourishing coconut and argan oil infused with avocado oil, apricot oil, rose hip, and vitamin E is slowly drizzled on to the body for superior hydration, nourishment, and total body relaxation.

30 minutes 60 minutes

SUN RELIEF HYDRATION QUENCHER

The Sun Relief Hydration Quencher is a perfect natural and organic treatment to address sunburn, sensitivity, dehydration and dryness. This treatment begins with a soothing back ritual to help calm and cool sun-parched skin. Next, our water lily recovery mask with aloe, green tea, and hyaluronic acid is slowly painted on the body to alleviate redness, repair and hydrate the skin. A nourishing body butter with grape stem cells, spirulina, Vitamin C & E, and fair trade organic Shea butter will leave the skin's thirst quenched. A hydrating foot treatment is included.

60 minutes



"AS YOU LIKE IT" MASSAGE

- 1. Choose what massage blend suits your mood and specify your touch.
 - > Lavender > Eucalyptus > Muscle Comfort
 - > Fragrance Free
- 2. Choose from:
- > Swedish > Deep Tissue > Therapeutic Please specify choices at time of booking.
- 3. Lay back and enjoy!

60 minutes 90 minutes

PRENATAL MASSAGE

Excellent for easing the mind and relieving stress and strain during pregnancy, this specialized massage focuses on reducing tension in the legs and back. Please note that this treatment can only be performed after the first trimester.

60 minutes 90 minutes

HOT STONE MASSAGE

Smooth lava rocks are heated and massaged into your body with warm oil. This unique treatment involves the application and movement of heated basalt stones. The contrast of temperature assists to induce deep relaxation and an enhanced well being, while reducing inflammation and restoring balance to the body.

90 minutes



OSMOSIS RELAXATION RESPONSE TREATMENT

(Combination of low level frequencies and traditional massage) Stress doesn't stand a chance. Our high tech machine utilizes frequencies that signal the body to feel more relaxed. Imagine your body surrendering to the ultimate massage. Your therapist begins with strategic placement of electrodes that are placed on areas of the back, neck and shoulders. Knots begin to loosen, tension releases, and our therapists are able to maneuver your tired achey body into heavenly bliss. This treatment is truly unforgettable.

60 minutes

ADD ONS TO MASSAGES

Upgrade any massage utilizing the "OSMOSIS RELAXATION RESPONSE SIGNALS". Special add on price \$100.



ONE MIND AND BODY

WORK OUT TO RELAX

Stimulate the mind and body with a rejuvenating full-body workout and massage. A skilled trainer will guide you through a personalized workout combining resistance, balance and functional training followed by an assisted stretch to prepare your body (and mind) for a therapeutic massage.

ONE ON ONE

A world-class personal trainer will take you through a challenging and energizing full-body workout, helping you to achieve your individual fitness goals.

FITNESS AL FRESCO

Become one with the ocean breeze! Let our trainer lead you through a personalized, fun and invigorating training session on the beautiful Santa Monica Beach, just outside your door.

PRIVATE YOGA SESSION

You'll improve flexibility, balance and overall strength during a personalized yoga session with a highly qualified instructor that incorporates breathing exercises and poses.

YOGA ON THE BEACH

Take your private yoga session outdoors to stretch in the sun and gaze at the waves.

PRIVATE SESSION
50 minutes
80 minutes
COUPLE'S SESSION
50 minutes
80 minutes



CRANIOSACRAL UNWINDING

This form of energy work therapy optimizes the flow of cerebrospinal fluid, a vital fluid that nourishes and protects the nervous system and brain. This gentle, light touch therapy shifts the mind and body into a mode of rest and recovery – the antithesis of stress. In this service the healing potential of quiet and stillness of body and mind is explored.

Our collaboration with 21 Drops essential oils makes this treatment unique using the highest grade therapeutic oils. Blends of Equalize, De-Stress, and Calm help with the calming of the brain, equalizing specific brain rhythm, de-stressing the body and the mind. A selected blend for each individual to enhance the function of the immune system (Pain Relief, Detox and Immunity) can be selected at beginning of service.

60 minutes 75 minutes

ADD ONS TO FACIALS

30 minutes (adds time)
60 minutes (done within 60 minute facial)



ONE GORGEOUS FACE OMOROVICZA

GOLD RE-SURFACING

Mineral-rich Hungarian Moor mud detoxifies and cleanses deeply, a copper lactic-acid peel boosts collagen, a gold serum adds healing and repairing benefits and a unique plumping massage helps to re-surface fine lines and wrinkles.

60 minutes 90 minutes

PORE REFINING

Mineral-rich Hungarian Moor mud detoxifies and cleanses deeply, an aromatic mud mask application, rosemary and pineapple extracts help to minimize the pore size and a classic Hungarian facial massage instantly lifts and firms the skin.

60 minutes

GENTLEMEN'S FACIAL

This facial is designed to cleanse and exfoliate using lightly scented natural products. A unique facial massage soothes the skin, scalp and shoulder massage relieves tension and stress.







BIOLOGIQUE RECHERCHE

Biologique Recherche methodology has a reputation for astounding effectiveness based on a clinical approach to beauty care using intentionally pure, concentrated, raw ingredients, as well as innovative and meticulous protocols and procedures.

SOIN RESTRUCTURANT ET LISSANT

Recommended for: sensitive, reactive, stressed and traumatized skin.

Soin Restructurant et Lissant employs its strong hydrating, renewing and protecting properties while expressing its unifying and calming qualities. The unique BIOLOGIQUE RECHERCHE application technique, made of sculpting movements, effectively combined with quick pulsing strokes, gives a restructuring dimension to this treatment. 60 minutes

LIFT C.V.S.

Recommended for: normal, seborrheic, atone, and/or thick skin.

Lift C.V.S. is a complete anti-aging treatment – exfoliating, lifting, restructuring, firming, hydrating and protecting against exterior aggressions.

60 minutes 90 minutes



A person has not only one, but several skins. Our skin's condition changes numerous times in a single day, as well as during the course of our lifetimes. There are no two individuals with the same skin, and each person has different Skin Instants[®]. We must understand the epidermis' messages and constantly adjust our approach in consequence in order to enhance it in a way that produces immediately visible results.

VIP 02 OXYGENATING TREATMENT

Recommended for: Stressed, devitalized and/or sensitive skin. This luxurious oxygenating and balancing ritual features a perfect combination of micro-exfoliation, oxygenation and bio-energy massages. A wonderful moment of well-being and relaxation that oxygenates the epidermis, relaxes your features and leaves you glowing with health.

60 minutes 90 minutes

TRIPLE LIFT FACIAL

Redifine structure and facial volume with this revolutionary clinical manual triple Lift.

This replenishing treatment boosts cellular metabolism, gently exfoliates, rehydrates and tones the face, neck and decollete dramically reducing the signs of aging. The ultimate age-defying facial restoring the skin's natural glowing Luster leaving you red carpet ready!

120 minutes

ADD ONS

Masque Biologique Feerie – Revitalizing Collagen Mask Masque Biovecteur – Energizing Algae Mask Masque Caviar – Toning and Hydrating Mask Second Peau – Regenerating and Lifting Treatment



ONE RADIANT FACE

LUZERN

EXPRESS FACIAL

PURF 02 INFLISION

Perfect express treatment for a quick pick-me-up before an important event. A powerful combination of customized organic Bio-Suisse certified extracts, firming peptides and vitamins A, C and E infused into the skin with pure, medical-grade oxygen to reveal a truly renewed complexion in just 30 minutes. 30 minutes

ULTIMATE AGELESS

PURE 02 INFUSION

Instantly boost skin vitality with this next generation, age-fighting oxygen facial. Cosmeceutically active ingredients and rare Bio-Suisse alpine organics deliver customized exfoliation, supply the skin with intense hydration, and recharge skin with powerful age-fighters to help minimize fine lines, restore resiliency, suppleness and radiance. 60 minutes

ULTIMATE AGELESS ADVANCED

PURE 02 INFUSION

Dramatically transform skin vitality with the Ultimate. The Ultimate delivers unparalleled cell-renewal and deep nourishment to the skin with customized resurfacing, layering skin-firming peptides, antioxidants, and high-impact pure oxygen infusion to help instantly smooth, visibly plump and fortify the skin to repair signs of aging. 90 *minutes*



ONE ADVANCED FACE

HYDRAFACIAL™

The HydraFacial™ resurfacing procedure thoroughly cares for your skin by providing cleansing, exfoliation, extraction, and hydration while nourishing with antioxidants, peptides and Hyaluronic acid. The HydraFacial™ is a revolutionary non-invasive and nonsurgical procedure that delivers instant results with no discomfort or downtime. It is an unparalleled therapy that immediately and effectively soothes and moisturizes the skin.

Choice of Dermabuilder or Brightenol Booster with 60 minute Facial. CTGF (Connective Tissue Growth Factor) Booster upgrade available upon request. 30 minutes

MICROCURRENT

Improves skin tone, firmness and elasticity, and stimulates cell renewal. Reduces the appearance of fine lines and wrinkles. Adds intense hydration. Leaves skin revitalized and rejuvenated. 30 minutes 60 minutes

HYDRADERMABRASION

Deep exfoliation, increases collagen production, tones and brightens skin complexion. Leaves skin soft, smooth and revitalized.

30 minutes 60 minutes



PERFECT DUO

Perfect marriage of two technologies. Our Esthetician will custom tailor the facial toward your skin condition with a choice of 2 technologies out of 3: Hydrodermabrasion, Microcurrent or Oxygen Infusion.

90 minutes

RED CARPET 3 IN ONE FACIAL

This facial gives anyone red carpet results; this is the ultimate antiaging treatment. We incorporate three "state-of-the-art" pieces of equipment. The facial will start with HydraFacial™ dermabrasions to get rid of the dead skin and pigmentation, followed by the firming and lifting Microcurrent technology, and finally, we finish with the oxygen system. This calms, infuses antioxidants, and binds deep hydration to the skin, instant Red Carpet results!



LIGHTSTIM™ ANTI-AGING

The LightStim® Anti-Aging combines amber, red and infrared lights to stimulate collagen and elastin, reduce inflammation, promote circulation and encourage deeper product absorption. A targeted combination of enzymatic exfoliation, extractions and advanced LED technology leaves skin firmer, tighter and smoother. This facial therapy is designed to help treat and combat the deeper signs of aging.

PERFECTED EXPRESS
30 minutes
PERFECTED DELUXE
60 minutes
PERFECTED ULTIMATE
90 minutes

PERFECTED ADD ON 20 minutes





WAXING

ARCH BIKINI LINE LIP FULL LEG

CHIN FULL LEG & BIKINI LINE UNDERARM HALF LEG

HALF ARM BACK FULL ARM CHEST

STOMACH LOWER BACK HAND SHOULDER

TINTING

EYELASH TINT

EYEBROW TINT

THE ONE TAN

Ready, set...glow! **Chocolate Sun** is an organic, sunless tanning treatment that gives you a healthy and natural-looking tan as it hydrates and nourishes your skin with wild crafted botanicals, essential oils and antioxidants. Enjoy a sun-kissed glow that lasts up to seven days. **25** *minutes*





ONE PERFECT PAIR OF HANDS AND FEET

MANICURES LIGHT TOUCH MANICURE

Refresh your hands with an invigorating eucalyptus soak and comforting shea butter massage. This complete nail care service includes nail polish application. 45 minutes

DELUXE TRANQUILITY MANICURE

Replenish, exfoliate and nourish skin and nails with an aromatic luxury treatment for hands to celebrate "a time for you". Beginning with a unique scrub applied with oranges (or lemons or limes) to remove dead skin and promote deeper treatment penetration. Followed by a massageable Bagni Di Pisa Mud from Tuscany to ease muscle aches and pains while revitalizing and remineralizing the tissues. Finishing with amaranth infused Tranquility Oil and Cream to nourish and leave the hands stress free.

60 minutes

GEL MANICURE

This no-chip, long-lasting manicure is the latest breakthrough in nail technology, offering incredible shine that lasts up to two weeks – perfect for busy schedules, those on extended holiday or any occasion that demands long-lasting color. 60 *minutes*



PFDICURFS

LOW TIDE PEDICURE

Recharge your feet with this therapeutic treatment which includes a thorough shaping and cleansing of toe nails, cuticles and heels, all while soaking in a soothing, nutrient rich bath of salts and essential oil. A hydrating foot massage tops this treatment.

DELUXE TRANQUILITY PEDICURE

Replenish, exfoliate and nourish skin and nails with an aromatic luxury treatment for your tired souls to celebrate "a time for you". Beginning with a unique scrub applied with oranges (or lemons or limes) to remove dead skin and promote deeper treatment penetration. Followed by a massageable Bagni Di Pisa Mud from Tuscany to ease muscle aches and pains while revitalizing and remineralizing the tissues. Finishing with amaranth infused Tranquility Oil and Cream to nourish and leave the feet stress free.

75 minutes

GEL PEDICURE

This no-chip, long-lasting pedicure is the latest breakthrough in nail technology, offering incredible shine that lasts up to two weeks – perfect for busy schedules, those on extended holiday or any occasion that demands long-lasting color.

75 minutes

ADD ONS

SPECIALTY POLISH

Meet Lauren B. Beauty's curated highly pigmented collection of nail polish colors. A lively rainbow of colors to choose from – always vegan, 7-free of harmful toxins, and made in the USA. The luxurious range of polishes and nail treatment products offer a gel "like" manicure that is long lasting and a healthier alternative. This unique and exclusive service allows you to select and keep your polish color for future bookings.

NAIL REPAIR

POLISH CHANGE





SUGGESTIONS TO ENHANCE YOUR SPA EXPERIENCE

HOURS OF OPERATION

FITNESS CENTER 24 HOURS (HOTEL GUESTS ONLY)
SPA SERVICES BEGIN AT 8:30 AM AND LAST APPOINTMENT ENDS AT 8:00 PM
SEVEN DAYS A WEEK

RESERVATIONS

We recommend scheduling your spa appointments prior to visiting Shutters for the greatest availability of services and appointment times. Our spa services must be guaranteed with a credit card.

CANCELLATIONS

Because your spa services are reserved for you, we ask that you notify us 12 hours in advance should you need to cancel or change a scheduled appointment. The full amount of your service will be charged for cancellation and changes with less than a 12-hour notice with our Spa Concierge. No-shows are charged the full treatment value. Group reservations may require contracted agreement.

ARRIVAL

Please arrive at least 15 minutes prior to your scheduled spa treatment. Arriving early allows time to change and relax. As a courtesy to other guests, arriving late will shorten the precious minutes of your spa treatment.

WHILE YOU RELAX

- > Cell phones and pagers must be turned off or on silent mode and are not permitted to be used in the spa.
- Locker rooms, steam rooms, and spa amenities are available for the enhancement of your spa experience.
- > Guests of Shutters on the Beach Spa and Fitness Center must be at least 16 years of age. Children under 16 are allowed only if a parent is present in the treatment room throughout the service.
- > Service prices do not include taxes or gratuities.