CISION

# Gables Residential Achieves Fitwel™ Certification for



Fitwel is the world's leading certification system committed to building health for all™. Gables Vista in Denver, CO is the largest Fitwel Certified Multifamily Residential project in Colorado at 277,719 sq. ft and impacts the largest number of residents (323) compared to other Multifamily Residential projects in Colorado.

Houston, TX and Gables Vista in Denver, CO.

Crimson is the first Fitwel Multifamily Residential Certified project in Houston, TX, and is the largest Fitwel Multifamily Residential Certified project in Texas at 454,124 sq. ft. Gables is pleased to be a leader in building health and wellness in Houston by delivering the first Fitwel certified residential community to the city.

Gables Residential became a Fitwel Champion in July 2020 bringing Fitwel's evidence-based healthy design and operational strategies into its communities to support the health of its residents and associates across the portfolio. The company looks forward to working with the Center for Active Design to bring about a healthier future where buildings and communities are enhanced to strengthen health and wellbeing.



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Active Design and the Fitwel program has helped us receive recognition for the health and wellness strategies we were already applying at our communities, and they continue to assist us to identify new opportunities to expand our work in

Gables Residential is proud to have the following communities Fitwel certified:

· Crimson in Houston, TX

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this important area."

- · Gables Vista in Denver, CO
- · Gables Brookhaven in Atlanta, GA
- · Gables Old Town North in Alexandria, VA
- Gables Pointe 14 in Arlington, VA
- · The Ashley Gables Buckhead in Atlanta, GA

"Gables Residential is a leader in the healthy building movement, and we congratulate the team for the significant strides they are making to promote the health of residents across their portfolio," said Joanna Frank, President and CEO of the Center for Active Design. "Achieving Fitwel certification is critical to building trust, especially as more evidence emerges highlighting the impact the built environment can have on health outcomes. Now more than ever, residents and employees want to know that building owners are taking the

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day since July

Story	continues
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