
Fitwel Enhanced Cleaning, Disinfecting, and Maintenance Protocol



Fitwel Enhanced Cleaning, Disinfecting, and Maintenance Protocol

A qualifying Enhanced Cleaning, Disinfecting, and Maintenance Protocol must outline the implementation of the following within required areas when spaces are in use:

- ☐ The twice daily cleaning of the following areas, as applicable:
 - common spaces (such as fitness and exercise rooms, lactation rooms, multipurpose rooms, break areas, game rooms, or other spaces designated for shared activity)
 - shared kitchens (including kitchenettes, snack bars, or other areas that are used for shared eating or food preparation)
 - shared bathrooms
 - lobbies
 - hallways
 - elevators
 - stairs
 - high-touch surfaces*.
- ☐ The twice daily upkeep of the following:
 - soap
 - toilet paper
 - paper towels, where applicable.
- ☐ Disinfection guidelines that meet the following:
 - require disinfection of all high-touch surfaces* only, twice daily.
 - follow the CDC guidelines* and manufacturer instructions for safe and effective disinfectant use.
 - as available, limit disinfectant use to those listed on EPA List N* that contain any of the following safer active ingredients:
 - Hydrogen peroxide
 - Ethyl alcohol/ethanol
 - Citric acid
 - L-lactic acid
 - Caprylic acid
 - Thymol.
 - if chemical disinfectants with the active ingredients listed above are not available, select a disinfectant listed on EPA List N.*

- limit use of chemical disinfectants to those that are not premixed with either peracetic acid or quaternary ammonium compounds.
- ☐ Require an inventory that stocks all of the following cleaning supplies:
 - gloves
 - paper towels
 - multipurpose cleaning wipes or spray
 - soap
 - disinfecting wipes or spray
 - trash bags.
- ☐ Provisions of the following for all cleaning, maintenance, and engineering staff (including third party contractors, if not provided by third party contractor):
 - medical-grade masks
 - reusable gloves
 - eye protection.
- ☐ The implementation of cleaning logs that:
 - document cleaning and disinfection activity in all required areas
 - outline a method for collecting feedback from building occupants.
- ☐ The monthly auditing using one of the following methods:
 - direct practice observation
 - swab cultures
 - fluorescent markers
 - adenosine triphosphate (ATP) bioluminescence.
- ☐ The immediate implementation of the following steps after an individual(s) who is confirmed or suspected to be infected by COVID-19 (or another virus where no therapeutic or vaccine is currently available) has left a space:
 - closing of the area(s) used by the infected individual(s)
 - waiting 24 hours before starting deep clean
 - deep cleaning the space by disinfecting high-touch surfaces*, as per EPA guidelines above and cleaning all area(s)
 - opening of outside doors and windows and ensuring use of adequate ventilation, prior to reoccupancy.

* High-touch surfaces include, but are not limited to, door handles/knobs, elevator call buttons, handrails, light switches, faucets, drinking water stations, kitchen equipment, countertops, shared office equipment, and other surfaces that are frequently touched by occupants.

The EPA List N can be found at <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>.

The CDC Guidelines can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>.