

2023

SEX THERAPY AND EMDR CONSULT GROUP

August Monthly Times and Topic

August dates:

Group Option #1:

Monday August 7th @

10 am PST/11 am MST/12 noon CST/1 PM EST

Group Option #2:

Friday August 11th @

12 noon PST/1 PM MST/2PM CST/3 PM EST



Topic of the month: Putting EMDR and sex therapy together

I do not know about y'all but when I first starting using both of these together there wasn't a great set of guidelines for me go through or a wealth of community knowledge. Let's start changing that!

Whether it's the tricks you learned or the struggles you are facing let's chat about them and help one another.

I will begin keep lists of resources mentioned within the groups and send out an email with what was mentioned each month. My hope is to grow a shared Google folder with spread sheets of resources that continues to get updated over time and is accessible to all of the group members.

If you are not currently on the monthly mail out, wish to join, or need the zoom links please contact me via email: info@lagniappeemdr.com