

EMDRIA certification process

LAGNIAPPE EMDR PLLC

WHAT DOES BECOMING CERTIFIED ENTAIL?

You will need to complete the following steps if you wish to become and EMDRIA certified EMDR clinician:

1. Attend an EMDRIA approved EMDR basic training
2. Complete 20 hours of consultation AFTER basic training is complete with either a Consultant in Training (CIT) or an EMDRIA Approved Consultant*

*you can work with any approved consultant of CIT in the US. you are not restricted to working with someone from you basic training or in your state

CAN I WORK WITH YOU?

Yes! Right now I can provide consultation AFTER someone has been through EMDR basic training. I have applied to become and EMDR basic trainer but have not been approved yet.

CHECKLIST FOR EMDRIA CERTIFICATION:

- EMDR Basic training including 10 hours of EMDR consultation as part of your EMDR basic training
- 20 hours of consultation post EMDR basic training completion
- At least 50 Sessions of EMDR with 25+ different clients
- Letter of approval from an APPROVED EMDRIA EMDR consultant
- If you are using more than one consultant, a letter from each one attesting to your hours of consultation
- 2 letters of recommendation from peers

Consultation vs Supervisions

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CONSULTATION VERSUS SUPERVISION

In consultation the relationship is peer to peer. I do not have sway over your STATE license only your EMDRIA certification. This is why you can work with ANY EMDRIA approved consultant versus in supervision you have to search for someone in your state or who carry a license in your state

HOURS

You can do all 20 hours in individual consultation

OR

You can do UP TO 10 hours of group consultation and the rest individually

I recommend you have more than 1 EMDR consultant so that you can get varying viewpoints and experiences

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COST

60 minutes-new professional \$75
120 (group 2+ppl) minutes-new professional \$100

60 minutes established professional-\$150
120 (group 2+ppl) minutes-established professional- \$250