

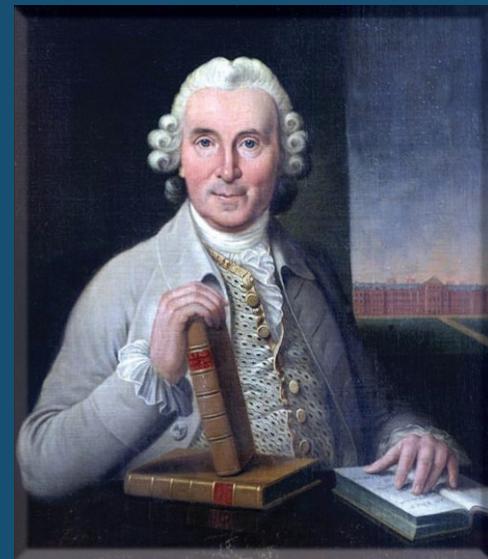


The Tercentenary Commemoration in St Mary's Church, Portchester, 2016



The Lind family, St Mary's Church, Portchester, 2016

The Life and Legacy *of* Doctor James Lind



Professor Ken Shaw
MA MD FRCP

STUDIO 6
DESIGN & PRINT

Droxford, Hampshire • www.studio-6.co.uk

Contents

	Page
Foreword	4
Preface	6
Introduction	8
Early Years	9
Surgeon's Mate to Ship's Surgeon 1739-1748	11
The Nature of Scurvy	13
Medical Dissertation	14
A Treatise on the Scurvy	15
Edinburgh 1748-1758	20
Lind's appointment to Haslar (1758) and the Seven Year War (1756-1763)	21
Faulty Digestion and Excretion; Blocked Perspiration and Putrefaction	26
Ship's Fever	28
Protecting the Health of the Ship and its Seamen	30
The Father of Naval Hygiene. Ventilation, Fumigation and Cleanliness	31
The "Hidden Secrets of Nature"	33
Diseases Encountered in Southern (Tropical) Climates	35
Haslar Hospital Ready to Receive	41
Pathological Observations	42
Later and Final Years	44
Links with the Village of Portchester	46
Burial at Portchester and Subsequent Mysteries	47
The Legacy of James Lind	49
Further Selected Quotations	54
Acknowledgements	57
Additional Illustration Credits	58
Bibliography	59
Author Details	63

Author Details

Professor Ken Shaw

MA MD FRCP



Left: Professor Ken Shaw at the Institute of Naval Medicine Commemoration Lecture

Professor Ken Shaw has lived in Portchester for over 40 years. Educated at Downing College, Cambridge University and University College Hospital, London, he was appointed Consultant Physician to Portsmouth NHS Hospitals (1978-2008) and is presently Emeritus Professor of Medicine, University of Portsmouth.

As a former NHS Director of Research and Development for South-East Hampshire, he was fully involved with the application and practice of evidence-based medicine, gaining inspiration from the legacy of James Lind's ground-breaking research studies. Professor Shaw has authored over 300 medical and scientific papers, but latterly his interests have been absorbed by the history of medicine in the 18th century, the period known as the Age of Enlightenment. In October 2016, he delivered the James Lind Lecture at the Institute of Naval Medicine, commemorating the tercentenary of Lind's birth.