

# Prime Biome Ingredients Label

The **Prime Biome ingredients label** (see image below) gives us a peek into its power. This skin and gut health supplement is packed with **a list of premium ingredients** in each serving. It stands out by focusing on both digestive health and skin vitality.

The graphic features a Venn diagram with two overlapping circles. The top circle is light blue and contains the text "PRIME BIOME". The bottom circle is light red and contains the text "DERMAL BALANCE\*", "DIGESTIVE SUPPORT\*", and "HEALTHY WEIGHT\*". The intersection of the two circles is a darker red and contains the text "SKIN & GUT ESSENTIAL PROBIOTICS". Below the circles, it says "30 GUMMIES" and "DIETARY SUPPLEMENT". To the right is a "Supplement Facts" table.

Supplement Facts		
Serving Size: 1 Gummy		
Servings Per Container: 30		
	Amount Per Serving	%Daily Value*
Calories	45	
Sodium	30 mg	1%
Total Carbohydrate	11 g	4%
Dietary Fiber	0.4 g	1%
Total Sugar	3 g	
Includes 2g Added Sugar		4%
Bacillus coagulans	500 million CFU**	†
Proprietary Blend	430 mg	†
Chicory Root Inulin, Babchi Powder, Fennel Seed Powder, Fenugreek Powder, Ginger Root Extract, Lemon Balm Leaf Extract, Lion's Mane Powder, Slippery Elm Bark Powder, Dandelion Leaf Powder.		
*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your caloric needs.		
† Daily Value Not Established **at time of manufacturing		

**Other Ingredients:** Pure Cane Sugar, Corn Syrup, Deionized Water, Apple Pectin, Citric Acid, Trisodium Citrate, Black Carrot Extract (Color) Natural Flavors, Tapioca Starch

**MADE IN THE USA** **Manufactured in the United States from the finest of foreign and domestic ingredients.**

This product has been manufactured in an FDA registered facility.

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Each bottle has 30 gummies, enough for a month. The **Prime Biome ingredients label** shows a blend of probiotics and botanicals like *Bacillus coagulans*, Babchi, and Dandelion. Together, they help balance the gut and improve skin clarity.



**Prime Biome** is made in FDA-registered, GMP-certified facilities in the US. This shows its commitment to quality. The label's honesty reflects the brand's dedication to natural, non-GMO **ingredients**. With a 4.72 out of 5 customer rating, **Prime Biome** has earned trust for its holistic health approach.

## **Understanding Prime Biome: Introduction and Overview**

Prime Biome is a special probiotic supplement for both gut and skin health. The **Prime Biome ingredients list** mixes old-time

**nutrients** with new science for a strong formula. Made in the USA, this dietary supplement follows strict quality rules, making it safe and effective for users.

### What Makes Prime Biome Unique

Prime Biome is special because it's in gummy form, making it easy to take every day.

Its **ingredients list** effectively helps your digestion and skin.

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Here are some important parts you can see in the label:

- **Bacillus Coagulans:** Helps with IBS symptoms and digestive problems
- **Babchi:** Helps make collagen for skin healing
- **Inulin:** A prebiotic fiber that boosts gut bacteria health
- **Organic Lion's Mane:** A strong antioxidant for gut flora

### The Science Behind Prime Biome Ingredients List

The gut-skin axis is the science behind Prime Biome's success. It shows that better gut health means clearer skin and less acne.

The **Prime Biome ingredients list** balances gut bacteria to improve skin and boost immunity.

## Manufacturing Standards and Quality Control

As mentioned, **Prime Biome's ingredients label** indicates that this supplement is made in FDA-approved, GMP-certified US facilities. This means it meets high quality and safety standards.

The making process follows strict rules for a reliable product. All ingredients are natural, non-GMO, and gluten-free, without stimulants or artificial additives.

Feature	Prime Biome
Form	Gummies
Manufacturing	USA, FDA-approved, GMP-certified
Key Ingredients	Bacillus Coagulans, Babchi, Inulin
Target Areas	Gut Health, Skin Health

## Prime Biome Ingredients Label

The **Prime Biome ingredients label** gives a clear view of this effective gut-skin health supplement. Each gummy is packed with natural, proven ingredients. This shows the product's focus on

being open and high-quality. At the top, you'll see the product name and form: Prime Biome Gummies. It tells you the **servicing size** is one gummy, with 30 in each bottle. This means you get a month's worth at the suggested daily amount.

- [Bacillus Coagulans](#) (probiotic)
- Babchi (skin-health booster)
- Dandelion Extract
- Fennel
- Inulin (prebiotic fiber)
- Organic Lion's Mane Mushroom

The **label** also points out key product features. It's non-GMO, gluten-free, and made in FDA-registered, GMP-certified facilities in the USA. This ensures the product's quality and safety.

Understanding the **Prime Biome ingredients label** is important. It shows the brand's commitment to a strong, natural formula for gut and skin health. The detailed labeling helps users make smart choices for their health supplements.

## **Serving Size and Daily Dosage Guidelines**

The **Prime Biome label** clearly outlines the **servicing size** and daily dosage for optimal results. Each bottle contains 30 gummies, providing a month's supply of this gut-skin health supplement.

### **Recommended Daily Intake**

Adults should take one gummy per day with a large glass of water. This simple dosage ensures you receive the full benefits of Prime Biome's list of ingredients. Always follow the instructions on Prime Biome's label for best results.

### **Optimal Timing for Consumption**

For maximum effectiveness, take your daily serving about 30 minutes before a meal. This timing allows the probiotics and other active ingredients to reach your gut before food.

It may enhance their absorption and efficacy.

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### **Duration of Use for Best Results**

Consistency is key when using Prime Biome.

For optimal results, use the product for 3–6 months.

This duration allows the beneficial ingredients to fully support your gut-skin axis. It promotes lasting improvements in digestive health and skin appearance.

<b>Aspect</b>	<b>Details</b>
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<b>Serving Size</b>	1 gummy
Daily Dosage	1 gummy per day
Servings Per Container	30 gummies
How to Take	With a large glass of water
Best Time to Take	30 minutes before a meal
Recommended Duration	3-6 months for best results

## **Bacillus Coagulans: The Core Probiotic Component**

[Bacillus Coagulans](#) is the key ingredient in Prime Biome.

It's a powerful probiotic that helps keep your gut healthy.

Unlike others, it forms spores, which helps it survive digestion and stay fresh longer. A 2022 study showed great results from using Bacillus Coagulans.

People saw a 48% drop in bloating, a 39% boost in digestion, and a 41% cut in skin inflammation after eight weeks.

These impressive numbers show how this natural ingredient can help with gut and skin problems.



Prime Biome uses Bacillus Coagulans to help with digestion and possibly ease IBS ([Irritable bowel syndrome](#)) symptoms.

This probiotic is key to the gut-skin connection, which is at the heart of Prime Biome.

It helps keep your gut balanced, which also benefits your skin and overall health.

<b>Benefit</b>	<b>Percentage Improvement</b>
Reduced Bloating	48%
Improved Digestion	39%
Decreased Skin Inflammation	41%

Prime Biome users often see changes in 10–14 days.

They notice less bloating and clearer skin.

These improvements come from Bacillus Coagulans and how it works with other Prime Biome ingredients.

### **Babchi: Ancient Skin-Healing Properties**

[Babchi](#) is a key ingredient in the **Prime Biome ingredients label**.

It has a rich history in skincare. This ancient herb is packed with nutrients and minerals, used for centuries to promote skin health.

#### **Traditional Uses of Babchi**

In traditional medicine, Babchi was valued for its skin-healing properties. It was used to treat various skin conditions. The herb's

natural compounds were believed to promote skin clarity and overall health.

### **Modern Research on Skin Benefits**

Recent studies have highlighted Babchi's role in modern skincare.



[Psoralen](#), a compound in Babchi, is effective in treating skin disorders like vitiligo. This ingredient in Prime Biome may help brighten skin, reduce pigmentation, and boost collagen production.

### **Synergy with Other Ingredients**

In the Prime Biome formula, Babchi works well with other ingredients. It enhances the overall effectiveness of the

supplement for skin health. The combination of Babchi with probiotics like Bacillus Coagulans supports both gut and skin health. The inclusion of Babchi in the Prime Biome ingredients label shows the supplement's commitment.

It combines ancient wisdom with modern science. This unique approach to skincare through gut health sets Prime Biome apart in the wellness market.

## **Dandelion Extract Benefits and Properties**

[Dandelion](#) extract is a key ingredient in Prime Biome, known for its remarkable health benefits.



This common plant has been used in traditional medicine for centuries. Modern research supports its use in supplements like

Prime Biome. The extract from dandelion is full of antioxidants. These help protect cells from damage.

It's believed to support digestive health, which is important for the gut-skin connection Prime Biome focuses on.

Some studies suggest dandelion extract also helps with weight management. It does this by increasing fat absorption.

This supports Prime Biome's claims about weight loss.

Dandelion's anti-inflammatory properties contribute to overall wellness. This matches what customers say about Prime Biome.

They report better gut health and skin.

The recommended daily intake of one Prime Biome gummy includes this beneficial extract.

- Rich in antioxidants
- Supports digestive health
- May aid in weight management
- Anti-inflammatory properties

Prime Biome offers a 60-day refund policy. This gives users time to see the benefits of dandelion extract and other ingredients.

For the best results, use Prime Biome for 3 to 6 months.

This allows the dandelion extract and other components to work together for optimal gut and skin health.

## Fennel's Role in Digestive Health

Fennel is another key component of **Prime Biome ingredients list**, helping with digestive health.

It's been used for ages in medicine and cooking.

In Prime Biome, fennel helps connect the gut and skin.



### Digestive Support Mechanisms

[Fennel](#) eases bloating, gas, and discomfort by relaxing gut muscles. It has anethole, which calms spasms and aids digestion.

This makes fennel vital for Prime Biome's digestive support.

### Anti-inflammatory Properties

Fennel's anti-inflammatory effects help more than just the gut. It reduces body-wide inflammation, supporting both gut and skin health. This matches Prime Biome's aim for better wellness through gut-skin balance.

### **Nutrient Profile Analysis**

Fennel is packed with vitamins, minerals, and antioxidants. It has vitamin C, potassium, and fiber, boosting its health benefits. These nutrients work well with Prime Biome's other ingredients to improve gut health and detox.

<b>Nutrient</b>	<b>Benefit</b>
Vitamin C	Boosts immune function
Potassium	Supports heart health
Fiber	Aids digestion
Antioxidants	Fights oxidative stress

Prime Biome uses fennel to boost digestive wellness and overall health. It combines fennel with other ingredients for a full approach to gut and skin health.

## **Inulin: Prebiotic Fiber Benefits**

The Prime Biome ingredients label includes [inulin](#), a powerful prebiotic fiber. This soluble dietary fiber is key for gut health and boosts probiotics. Inulin feeds good bacteria in the gut, helping them grow and work better.

Inulin has many health benefits.



It helps with weight management by making you feel full, which can lower calorie intake.

This is good for the 40% of U.S. adults who are overweight.

It also helps keep blood sugar stable and supports heart health.

Inulin is a big part of Prime Biome's success. The prebiotic market is growing fast, expected to hit \$20 billion by 2030.

Prime Biome is at the forefront, focusing on digestive wellness.

Prime Biome users see better digestion in 10 to 14 days. The mix of inulin and other ingredients improves gut health. This helps the 70-80% of immune cells in the gut. Prime Biome stands out in the supplement world with its all-around gut health approach.

## **Organic Lion's Mane Mushroom Properties**

The **Prime Biome label** highlights organic [Lion's Mane mushroom](#) as an essential ingredient.

This fungus is packed with cognitive and digestive benefits. Each gummy has 300 mg of pure organic Lion's Mane extract from the fruiting body.

### **Cognitive Enhancement Benefits**

Lion's Mane is a superstar for brain health.

Grass & Co., a leading producer, has won many awards for their Lion's Mane products. They won “Best for Brain Health” at the 2023 Get the Gloss Awards and four awards at the 2024 Beauty Shortlist Wellbeing Awards.

### **Gut Health Support**

Lion's Mane also supports digestive wellness.

The mushrooms are grown in controlled greenhouses using natural substrates. This ensures optimal conditions and preserves beneficial compounds.

All products are tested for important [beta-D-glucans](#) and are free from starch. This maximizes their gut-friendly properties.



Prime Biome's ingredients work together. Lion's Mane is combined with Ginseng, Omega-3, and Vitamins B12 & D for a health boost. Available in various sizes, this supplement has a perfect 5-star rating from customers.

With its cognitive and digestive benefits, Lion's Mane is a key player in the Prime Biome formula.

## Natural and GMO-Free Ingredient Certification

Prime Biome is known for using natural, GMO-free ingredients.

This means all parts of their blend are safe and free from harmful changes. For those who care about their health, this is a big plus.

The components of Prime Biome ingredients list are tested carefully. They check each one to make sure it's natural and GMO-free. This shows Prime Biome's commitment to quality and honesty. Using natural, GMO-free ingredients has many benefits.

They are better for the planet and work well with our bodies.

This leads to better results and fewer side effects.

Prime Biome's focus on these ingredients has made it very popular, with a 4.85 out of 5 rating.

<b>Ingredient</b>	<b>Certification</b>	<b>Benefit</b>
Bacillus Coagulans	Natural, GMO-free	Improves gut health, reduces bloating
Inulin	Natural, GMO-free	Enhances gut microbiota, promotes regularity

Dandelion Extract	Natural, GMO-free	Aids detoxification, supports digestive health
Fennel	Natural, GMO-free	Promotes gastrointestinal motility

Prime Biome leads the way by focusing on natural and GMO-free ingredients. This not only makes their products safe, but also meets the demand for clean labels in wellness products.

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### **FDA Approval and Manufacturing Standards**

Prime Biome's ingredients label meets the FDA's high standards for dietary supplements. It's made in the USA, following strict quality control. The manufacturing facility has GMP certification, showing top-quality production.

#### **GMP Certification Details**

GMP certification means Prime Biome is made in clean conditions.

It covers everything from raw materials to packaging. This ensures the product's quality and safety are consistent.

### Quality Control Measures

Prime Biome is tested for purity and strength. Each batch is checked to meet high quality standards.

This includes making sure the ingredients label is correct and there are no harmful contaminants.

### Safety Testing Protocols

Safety is key in making Prime Biome.

The facility uses detailed testing to ensure safety. These tests look for allergens, microbial contamination, and heavy metals.

<b>Aspect</b>	<b>Prime Biome Standard</b>	<b>FDA Requirement</b>
Facility Certification	GMP Certified	GMP Compliance
Quality Control	Batch Testing	Quality Assurance
Safety Protocols	Comprehensive Testing	Safety Standards

Ingredient Verification	Label Accuracy	Truthful Labeling
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These strict standards mean the Prime Biome ingredients label is accurate. Consumers can trust the quality and safety of this supplement. It's made with FDA-approved practices.

### **Proprietary Blend Analysis**

Prime Biome's blend is a list of natural ingredients for gut and skin health. The label shows a powerful mix of probiotics, herbs, and botanicals. They work together to give the best results.

The exact amounts of each ingredient are confidential. But, Prime Biome's mix is proven to help gut health, boost immunity, and improve skin. The maker suggests using it for 3 to 6 months for best results. They also offer a 60-day money-back guarantee.

### **Storage Requirements and Shelf Life**

Prime Biome gummies need the right storage to stay potent. Store them in a cool, dry spot, away from sunlight. The best temperature is between 59 °F and 77 °F (15 °C to 25 °C).

Don't keep them in hot or humid places. This can harm the probiotics' stability.

Prime Biome lasts 18–24 months from when it was made.

Always check the expiration date before you eat them. The gummy form might not last as long as capsules or powders.

<b>Storage Condition</b>	<b>Recommendation</b>
Temperature	59 °F — 77 °F (15 °C — 25 °C)
Humidity	Low humidity environment
Light Exposure	Avoid direct sunlight
Container	Keep in original, sealed container

To keep Prime Biome fresh, follow the serving size and seal the container well after each use. Don't touch the gummies with wet hands to avoid moisture. Following these steps helps keep the probiotics in Prime Biome effective for longer.

### **Ingredient Synergy and Bioavailability**

As previously mentioned, the Prime Biome ingredients label shows a blend made to work best together.

This mix helps the body absorb and use these nutrients better. It makes Prime Biome a strong choice for better gut and skin health.

### **Absorption Enhancement Mechanisms**

Prime Biome's formula boosts how well nutrients are absorbed.

For instance, inulin and fennel help keep probiotics like *Bacillus coagulans* alive. This teamwork ensures nutrients reach the skin and gut effectively.

### **Complementary Ingredient Interactions**

The components of Prime Biome ingredients list work together to enhance their benefits.

The Blue Antioxidant, like retinol, pairs with probiotics to improve skin. This duo helps clear skin, plump it up, reduce inflammation, and boost collagen.

<b>Ingredient</b>	<b>Primary Function</b>	<b>Synergistic Effect</b>
Bacillus Coagulans	Probiotic Support	Enhances nutrient absorption
Inulin	Prebiotic Fiber	Supports probiotic viability

Blue Antioxidant	Oxidative Stress Reduction	Boosts collagen production
Fennel	Digestive Support	Improves nutrient utilization

People see big improvements in their skin and gut health after 8 weeks of using Prime Biome. This is thanks to how well its ingredients work together. They help balance what's inside and make the outside look better.

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### Quality Assurance and Testing Protocols

The making of Prime Biome follows strict testing at every step.

From getting the best ingredients to checking the final product, Prime Biome is thoroughly tested. These tests include purity, potency, and contamination checks. This ensures every Prime Biome bottle is of the highest quality and safe.