



Adam Foss' Backcountry Sheep Hunt Packing List

10-Day Early-Season Sheep Hunt • Pack Weight: Approximately 67 pounds

What I'm Wearing

- ☐ SITKA Traverse Cap
- ☐ SITKA Core Lightweight Hoodie
- ☐ SITKA Pursuit Pant
- ☐ SITKA Mid Weight Crew Sock
- ☐ Synthetic hiking boot
- ☐ ROKA Photochromic sunglasses
- ☐ Low-profile webbing belt

On My Chest

- ☐ SITKA Mountain Optics Harness
- ☐ 10x42 Leica Geovid rangefinding binoculars
- ☐ Garmin inReach: For communication with pilots, friends, and hunting partners
- ☐ Ultraview button release
- ☐ ChapStick
- ☐ Lighter
- ☐ Sunscreen

Archery Equipment

- ☐ Bow
- ☐ 5 arrows in quiver
- ☐ SITKA Bow Sling
- ☐ 6 extra arrows
- ☐ 6-pack Migrate arrow case
- ☐ Lightweight Migrate trail archery target



Quick-Access Gear (In Hand, Strapped to Pack, or in Waist Belt Pockets)

- ☐ Trekking poles with Black Diamond whippet self-arrest attachment
- ☐ Foam sitting pad (cut from a Therm-a-Rest Z Lite sleeping pad)
- ☐ SITKA Ranger Clog Shoes
- ☐ QuikClot medical gauze
- ☐ Bug spray
- ☐ Bear spray
- ☐ High-calorie snacks
- ☐ 34 oz. YETI Yonder water bottle
- ☐ Bridger Reckon Watch

In My Pack

Rain Gear, Insulation & Clothing Accessories

- ☐ SITKA Dew Point Jacket
- ☐ SITKA Dew Point Pant
- ☐ SITKA Ambient 75 Hoodie
- ☐ SITKA Timberline Pro Jacket
- ☐ SITKA MicroDown Pant
- ☐ SITKA Jetstream WS Beanie
- ☐ SITKA Traverse Gloves
- ☐ SITKA Gunner Gloves

Optics & Camera Gear

- ☐ Lightweight Aziak tripod with Tricer fluid head
- ☐ Leica 82mm Televid Spotting scope
- ☐ Ollin Digiscoping adapter
- ☐ Leica Q3 43 Camera

Food

- ☐ Food bag (I use an old stuff sack)
- ☐ Freeze-dried meals (in FoodSaver bags to reduce bulk - approximately 2 pounds of food/3,500-4,000 calories per day)
- ☐ Individual Ziploc bags (to organize snacks and meals)
- ☐ Clif Bloks energy chews
- ☐ Pepperoni
- ☐ Fruit snacks
- ☐ Ramen
- ☐ Electrolytes
- ☐ Tea



- ☐ Olive oil packets
- ☐ Pringles
- ☐ Trail mix
- ☐ Cheese
- ☐ Other high-calorie snacks (bring plenty)

Camp Kit

- ☐ Pack lid (used as storage inside the main body of my pack so that I can expand the pack when packing out an animal)
- ☐ Hilleberg Tarp 10 UL
- ☐ 2-liter water bladders (always carry an extra. You may want more)
- ☐ Pack rain cover
- ☐ MSR PocketRocket Stove with fuel and titanium pot
- ☐ Titanium spoon
- ☐ One-person tent (Hilleberg Enan)
- ☐ SITKA HyperDown Sleeping Bag
- ☐ Inflatable pillow
- ☐ Therm-a-Rest XTherm Sleeping pad
- ☐ Small battery-powered pump with fresh AA batteries

Emergency, Repair & Utility Kit

- ☐ Clear accessory bag (to keep small items visible)
- ☐ 2 rechargeable headlamps
- ☐ UnchartedFirst aid kit
- ☐ Hunting tags
- ☐ Replaceable-blade knife
- ☐ Fixed-blade knife
- ☐ Whistle
- ☐ Gorilla Glue
- ☐ Emergency calories
- ☐ Fire starter
- ☐ Extra batteries, CR2, AAA
- ☐ Water purification
- ☐ Replacement knife blades
- ☐ Extra backpack buckles
- ☐ Knife sharpener

Toiletries

- ☐ Toothbrush
- ☐ Floss
- ☐ Toilet paper



☐ Wet wipes

Packing Notes

- Target pack weight: Approximately 67 pounds for a 10-day trip.
- Food weight: Approximately 2 pounds per day.
- Food intake: Approximately 3,500 to 4,000 calories per day.
- Packing principle: Put light, bulky items low. Keep heavy, compact items close to the small of your back and within the pack frame. Keep frequently accessed items near the top or in accessible pockets.