

Healthcare Checklist

Your Accolade Health Assistant is here to help you tackle your healthcare tasks – saving you time, money and stress. Accolade services are **no additional cost to you** as part of your employer benefits.

Find a new primary care doctor

Get my annual check-up and cancer screenings

Get help understanding a medical bill

Estimate the cost of a procedure or test

Check for lower prices on prescriptions

See if I have benefits for mental health therapy

Find ways to better manage a chronic condition

Build healthy habits (sleep, nutrition, exercise, stress, etc.)

Upload insurance ID card image to the Accolade app

Choose a health plan that works best for your family

Consider healthcare needs for other family members

Add your own tasks here

Need help completing a task?

Send a secure and confidential message to your Health Assistant today at member.accolade.com.

Scan to download the app

