



FOOD

BRICK LANE

BEER, COFFEE, BEIGELS

BOWERY BEIGELS

The original and best East End **Beigel** or **Rye Bread** filled with locally produced Salt Beef, all topped off with traditional ingredients.

Classic Salt Beef—100g of Beef Wholegrain Mustard and Gherkins 9.50

Deep Fill Salt Beef—200g of Beef, Wholegrain Mustard and Gherkins 11.00

Royal Salt Beef— 200g of Beef- Cheddar Cheese & Real ale Chutney 12.50

Salmon & Cream Cheese 7.50

Egg & Bacon Mayonnaise 7.00

Mediterranean- Pesto, Mozzarella & Sundried Tomatoes (v) 6.50

GOURMET SAUSAGE ROLLS- 4.80

Pork, Shropshire Blue & Caramelised Onion

Pork, Cider & Apple

Indian Spiced Pork & Mango Chutney

Plain & Delicious

Vegetarian and Vegan Roll (v)

Mushroom, Leek, Spinach, Tomatoes, Chick peas and Butter beans topped with Turmeric and poppy seeds

LAURA'S IDEA SALAD Please see the packaging label for nutritional information.

Our innovative and ready-made health foods are as tasty as they are healthy. Laura's idea is to make healthy, homemade dishes with carefully selected ingredients to create wholesome meals

Salmon Salad 6.50

Feta Cheese Salad 6.50

Falafel Salad- Vegan 6.50

Quinoa Salad -Vegan 5.75

Vegetable Curry -Vegan 7.90

Lentils Special -Vegan 7.90



Soup of the day (v) (gf) 3.70

Please speak to our staff regarding any existing allergens.

FOOD

P.T.O



DRINKS

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TRUMAN'S BEERS



Truman's Roller IPA 5.1% - American Style IPA

Pine & Tropical Fruits



Truman's Craft Lager 4.5%

Biscuit, Caramel, & Melon



Truman's Pale Ale 4.1% - Pacific Pale Ale

Zesty hops and bags of fresh citrus flavours



Truman's Bow Bells 4.2% - Citrus Pale Ale

Orange & Lemon Peel



Cote Breton Cider 4.5% - From Brittany, France

Medium-sweet cider made with no concentrates

Half Pint Can Btl

4.50 7.50 5.50

4.00 7.00 5.50

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4.00 7.00 6.00

WHITE WINE

RED WINE

175ml 250ml Btl. 187ml

Cantarutti Pinot Grigio 2016 (IT)

Copper coloured, rich- Intense citrus and tropical fruits

Touraine Sauvignon Blanc 2016 (FR)

Sharp lemon, grapefruit and fresh asparagus aromas

Chablis Charly Nicolle 2016 (FR)

Fresh herb notes with white-fleshed fruits and plum flesh aromas.

Fess Parker Chardonnay 2016 (US)

Golden delicious apple, pear, pineapple, honey, graham cracker, biscotti, almond and vanilla with citrus, lemon cream, green apple, pear, mineral, toasty oak and vanilla

Waters Edge Sauvignon Blanc (Cl)

Austral Rioja Crianza 2013

Cherry red colour, blackcurrants and cherries which are well integrated with toasted aromas of cinnamon, caramelised toffee and butter.

Carla Chiaro Malbec 2014(AG)

A bouquet of red fruits, chocolate and coffee notes

Fess Parker Pinot Noir 2016(US)

Combines flavours of bright cherry, cranberry, strawberry fruit and vanilla on the palate.

Amastuola Primitivo 2014 (IT)

Voluminous impact, but fine, rich and balanced,

Waters Edge Australian Shiraz

8.75 11.25 30.00

9.75 12.50 37.00

10.75 13.00 39.00

11.75 13.50 40.00

7.95

ROSE WINE

Chateau Nestuby Rose de Provence 2016 (FR)

An elegant pale pink colour. The nose is delicate yet expressive, encompassing ripe red berries, white peach and flowery aromas such as rose and jasmine.

9.75 12.50 37.00

CHAMPAGNE & SPARKLING WINE

Glass Btl.

Terra Serena Prosecco Lively perlage, and intense scents of white flowers and golden apple.

9.50 34.00

Duval Leroy Blanc De Blanc Brut Wild peach, grilled nuts and roasted fig, flecked with hints of honeyed brioche.

13.00 70.00

Duval Leroy Rose Prestige Delicate bubbles like fine pearls, salmon colour, its bouquet releases a wealth of aromas: wild cherries, figs and even a hint of ginger and geraniums.

13.50 75.00

Bollinger Champagne A beautiful aromatic complexity with ripe fruits such as roasted apple and peaches

85.00

DRINK

P.T.O



SPIRITS

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SPIRITS

GIN	25ml	50ml
Hayman's	6.50	8.00
Sipsmith	7.00	8.50
Hendricks	8.00	9.00
Tanqueray	7.00	8.00
VODKA	25ml	50ml
Sipsmith	7.00	8.50
Grey Goose	7.50	9.00
Belvedere	8.00	9.50
TEQUILA	25ml	50ml
El Jimador Blanc	6.50	8.00
RUM	25ml	50ml
Pampero Blanco	6.50	8.00
Pampero Gold	7.50	9.00
COGNAC	25ml	50ml
Hennessey	7.50	9.00
Francois Voyer Cognac VSOP	9.00	10.50

WHISKEY

	25ml	50ml
Jameson's	6.50	8.00
Maker's Mark	7.00	8.50
Jack Daniel's	6.50	8.00

WHISKY

	25ml	50ml
Johnnie Walker Black	7.00	8.50
Glenmorangie	7.50	9.00

CLASSIC COCKTAILS 10.00

Aperol Spritzer— Aperol, Soda Water and Prosecco

Campari Spritzer— Campari, Soda Water and Prosecco

Bellini— Peach Puree and Prosecco

Mimosa— Orange Juice & Prosecco

Negroni— Gin, Campari, Vermouth Rosso

Bloody Mary— Sipsmith Vodka, Tomato Juice, Lemon Juice, Worcestershire Sauce, Salt & Pepper, Tomato Juice

Pimm's N1 & Lemonade Glass

MIXERS

Fever tree Tonic water 2.50

Fever tree Light Tonic water 2.50

Fever tree Soda water 2.50

Fever tree Lemonade 2.50

Fever tree Ginger Ale 2.50

Coke/Diet Coke 2.50

Orange Juice 2.50

Apple Juice 2.50

SPIRITS