

Congressional District Health



Using data to improve the health of all people.

Until now, most data on health and the drivers of health and wellbeing have not been widely available at the congressional district level, nor were they easily accessible to the public. That's where the Congressional District Health Dashboard comes in.

The Congressional District Health Dashboard compiles local data from multiple national sources for all 435 U.S. congressional districts and D.C., and enables users to:



Explore district-level data on health, education, poverty, and more.



Map and use compelling visualizations to identify local or national gaps and advocate for change.



Identify racial, ethnic, geographic, and other disparities in health across congressional districts.



Compare the health status and drivers of health in districts with state and national averages.

Using Data to Drive Change

This powerful, first-of-its-kind tool can help lawmakers, advocates, journalists, and others dig into congressional district-level data, identify priorities, and drive action. For example:

- Policymakers can advocate for federal legislation to target funding and other supports to congressional districts with the highest child poverty or uninsured rates.
- Advocates can show lawmakers how their district compares to others on cancer deaths or access to healthy foods.
- Journalists can use district-level data to answer important health-related questions about the topics or districts they cover, and enrich stories on policy news of the day.
- Researchers can leverage data on disparities to understand the impact of policies on health and health equity.



The Congressional
District Health
Dashboard will
help policymakers
understand the
influence of factors
that affect health
and communities'
ability to thrive,
such as diabetes,
physical inactivity,
rent burden,
and access
to broadband
connection.



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Exploring Dashboard Metrics in South Carolina's 3rd District



METRICS

Diabetes

South Carolina 3rd had an estimated **13%** of adults report having diabetes in **2021**, compared to the national average of **10%**.

Frequent Mental Distress

South Carolina 3rd had an estimated **18%** of adults report frequent mental distress in **2021**, compared to the national average of **16%**.

Rent Burden

South Carolina 3rd had an estimated **47**% households experiencing high rent burden in **2022**, compared to the national average of **48**%.

NOTE: All values displayed show the most recent year of data available, which may vary by metric. For more information on metric calculations and data sources, visit our website (<u>CongressionalDistrictHealthDashboard.org</u>).

What Does the Congressional District Health Dashboard Measure?



Health Outcomes

Breast Cancer Deaths

Cardiovascular Disease Deaths

Colorectal Cancer Deaths

Diabetes

Firearm Homicides

Firearm Suicides

Frequent Mental Distress

Frequent Physical Distress

High Blood Pressure

Life Expectancy

Low Birthweight

Obesity

Opioid Overdose Deaths

Premature Deaths (All Causes)



Social & Economic Factors

Broadband Connection

Children in Poverty

Chronic Absenteeism >

High School Completion

Income Inequality

Neighborhood Racial/ Ethnic Segregation

Racial/Ethnic Diversity

Rent Burden

Unemployment •



Health Behaviors

Binge Drinking

Physical Inactivity

Smoking

Teen Births



Physical Environment

Air Pollution - Ozone

Air Pollution - Particulate Matter

Housing with Potential Lead Risk

Lead Exposure Risk Index



Clinical Care

Dental Care

Medicaid Enrollment

Prenatal Care

Preventative Services, 65+

Routine Checkup, 18+

Uninsured •

Those shown with a "\" have demographic breakdowns available.



NYU Langone Health

