

Have Fun and Learn About Chocolate and Friendship



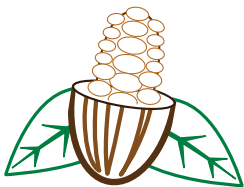
Chocolate-Flavoured Facts

DO YOU KNOW WHO INVENTED CHOCOLATE?

The first chocolate bar was made in the United Kingdom. However, a long, long time ago the Mayan and Aztec civilisations discovered the magical cocoa bean, from which chocolate is made.

CHOCOLATE POWDER VS COCOA POWDER

Powdered chocolate has a smoother taste because it contains sugar and less cocoa than cocoa powder, which is more intense and bitter. Both are used for baking, especially in cakes!



DID YOU KNOW THAT COCOA IS A FRUIT?

It grows on a tree called the Cacao tree! You can extract cocoa powder to use when baking and to make chocolate. The cocoa butter from the fruit is used to make white chocolate.

What is a friend?

- A friend accepts you just the way you are, even if you eat broccoli for breakfast.
- A friend gives you hugs, even when you don't need them.
- A friend will play football with you, even if it's not their favourite game.
- A friend shares a snack with you, even if it's their last cookie.
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What are your favourite things to do with your friends?

- Playing outdoors
- Inventing and building things
- Playing board games
- Playing dress up
- Singing and dancing
- Swimming and building sandcastles
- Cycling
- Having pyjama parties
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Sweet surprises for friends

Here are 5 ideas for fun surprises to treat your friends with. Pick 5 days this month to surprise your friends and call it 'surprise month'! Have fun and get ready for lots of laughs and smiles!

- 1 Help bake chocolate chip cookies and put them into a homemade box to share with your classmates.
- 2 Instead of bringing one slice of cake to school, bring two and give one to a friend for lunch.
- 3 Do you know your friend's favourite food? Invite them over and make their favourite food and dessert!
- 4 After playing a fun game outdoors, relax and share some chocolate with your friends!
- 5 Invite a friend over for a surprise backyard tea party! Make sure to serve homemade treats.

