

Have fun and learn about chocolate and friendship



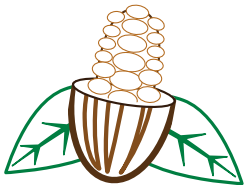
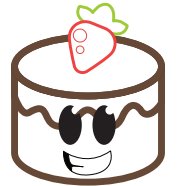
Chocolate-flavored facts

DO YOU KNOW WHO INVENTED CHOCOLATE?

The first chocolate bar was made in the United Kingdom. However, a long, long time ago the Mayan and Aztec civilizations discovered the magical cocoa bean, from which chocolate is made.

CHOCOLATE POWDER VS COCOA POWDER

Both are by-products of a Cacao tree and its beans. Chocolate powder is essentially a ground bean with added sugar and cocoa butter to create a smooth taste. Cocoa powder has very little cocoa butter and lower sugar as compared to chocolate, making it more intense and bitter. Both are used for baking, especially in cakes!



DID YOU KNOW THAT COCOA IS A FRUIT?

Yes, cacao pods are the fruits of the Cacao tree. The cocoa bean is a seed from the fruit. You can extract cocoa powder to use in baking and to make chocolate. The cocoa butter from the fruit is used to make white chocolate.

How are friends and chocolate similar?

- A friend and chocolate are both sweet.
- A friend and chocolate can lift your spirits.
- A friend and chocolate can both be shared.
- A friend and chocolate can give you energy.
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What are your favorite things to do with your friends?

- Playing outdoors
- Inventing and building things
- Playing board games
- Playing dress up
- Singing and dancing
- Swimming and building sandcastles
- Bicycling
- Having pajama parties
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Sweet surprises for friends

Here are 5 ideas for fun surprises to put a smile on your friends face. Pick 5 days this month to surprise your friends and call it surprise month! Have fun and get ready for lots of laughs and smiles!

- 1 Help bake chocolate cookies, put in a homemade box and share with your classmates.
- 2 Instead of bringing one slice of cake to school, bring two and give one to a friend for lunch.
- 3 Do you know your friends favorite food? If not, find out and invite them over to make their favorite food and dessert!
- 4 After playing a fun game outdoors, relax and share some chocolate with your friends!
- 5 Invite a friend for a surprise backyard tea party! Make sure to serve homemade treats!

