



Brain Health in Alzheimer's and Other Dementias

ONLINE RESEARCH

What will you do?



Online Assessments (1 hr)

- At baseline and once every following 2 months



BrainHealth Concepts (20 min/week)

- Online resources and action items
- Video testimonials



Discussion Groups (1hr/week)

- Online topic-centered meetings for care partners and people with a diagnosis

Who is a good fit?

- ✓ Individuals with a recent diagnosis of Alzheimer's or other dementia
- ✓ Spouse or family member available to participate in the study
- ✓ Able to participate for 6 months
- ✓ Interested in learning way to enhance brain health following diagnosis

Eligible participants with a diagnosis of Alzheimer's or other dementia AND a family member will complete online assessments at baseline and every 2 months following until the end of the study. All participants will have the opportunity to participate in the training.



Interested in participating?

Scan the QR code or go to
redcap.utdallas.edu/surveys/

And enter code: **RKWYTF49K**



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