



CENTER *for*  
**BRAINHEALTH**®  
THE UNIVERSITY OF TEXAS AT DALLAS

# AUDETTE RACKLEY, MS, CCC-SLP

ASSISTANT DIRECTOR, STRENGTHS-BASED PROGRAMS  
RESEARCH CLINICIAN

---



**A**udette Rackley, Assistant Director of Strengths-based Programs at Center for BrainHealth®, focuses on impacting the broader Alzheimer's community via online delivery of BrainHealth's strengths-based program for early Alzheimer's.

A member of the BrainHealth team since the Center's inception in 1999, Audette's research has focused on optimizing function during Alzheimer's disease, mild cognitive impairment and healthy aging.

For 20 years, Audette has led the Alzheimer's Discovery™ program, helping hundreds of families and caregivers forge a positive path after an early-stage diagnosis. Conducting and translating research, she focuses on strategic approaches to mindset and daily life habits that enable the discovery of effective strategies to forestall cognitive decline.

Audette also spearheads an online research initiative to help caregivers (a population shown to experience increased risk of cognitive decline) prioritize their own brain health in the midst of caring for a loved one.

Active within the DFW Alzheimer's community, Audette is part of the Dementia Friendly Dallas Initiative, which advocates for increased education on how to make communities more dementia friendly.