

OFFICE OF THE MAYOR / CITY OF DALLAS



Proclamation

WHEREAS, The Center for BrainHealth® at The University of Texas at Dallas is hosting its inaugural BrainHealth Week from February 20-24, 2023 in Dallas, Texas; and

WHEREAS, BrainHealth Week is a five-day interactive journey providing important insights into brain health, access to simple, science-based tools and strategies, and encouragement for the public to adopt practical healthy-brain habits as a regular part of one's daily wellness routine; and

WHEREAS, The goal of BrainHealth Week is to provide practical content and activities to raise awareness and understanding about healthy brain habits at the individual level; to demonstrate the community impact that can be achieved by widespread focus on brain health and wellness; and to showcase Dallas as an advanced, health-minded community; and

WHEREAS, Founded in 1999 by Sandra Bond Chapman, PhD, the Center for BrainHealth® is a nonprofit research institute of UT Dallas dedicated to advancing the science of brain health: how the brain best learns, reasons and innovates; actionable ways to protect it from decline; and proactive protocols to repair and regenerate brain systems; and

WHEREAS, I am pleased to proclaim February 20-24, 2023 as BrainHealth Week; Brain health is an important part of our overall health, fueling our ability to communicate, make decisions, problem-solve, and live a productive and meaningful life.

NOW, THEREFORE, I, ERIC JOHNSON, MAYOR OF THE CITY OF DALLAS, do hereby proclaim February 20-24, 2023 as

BRAINHEALTH WEEK

in Dallas, Texas.



Eric Johnson
Mayor, The City of Dallas

