

SANDRA BOND CHAPMAN, PHD

CHIEF DIRECTOR
DEE WYLY DISTINGUISHED PROFESSOR
CO-LEADER – THE BRAINHEALTH PROJECT



Sandra Bond Chapman, Chief Director of Center for BrainHealth® at The University of Texas at Dallas and Dee Wyly Distinguished University Professor in the School of Behavioral and Brain Sciences, is committed to enhancing human cognitive capacity and the underlying brain systems across the lifespan.

Dr. Chapman is co-creator of The BrainHealth® Project, a collaboration of 32 of the world's leading brain health experts focused on doubling peak brain performance, inoculating against decline and extending brain capacity to match our longer lifespan.

With more than 50 funded research grants and 250+ peer-reviewed publications, Dr. Chapman directs clinical trials dedicated to developing, testing and applying novel and multi-dimensional approaches to build cognitive capacity and well-being, improve life function and enhance supporting brain systems. She leads major international efforts to deliver the first-of-its-kind BrainHealth® Index – a composite measure of brain health – to motivate improvement in three broad domains: clarity, connectedness and emotional balance.

She is committed to democratizing access to strategies and tools to achieve for brain health what has been done for heart health. Her work is transforming how we care for our brain before something goes wrong, removing stigma, and elevating brain health with scientifically validated measurements, interventions and practices.