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Matthew P. Walker, PhD is a professor with the Department of Bioengineering and the School of Behavioral and Brain Sciences at The University of Texas at Dallas, where he also serves as the inaugural director of the Sleep Innovation Laboratories at Center for BrainHealth. Before joining UT Dallas, Dr. Walker was professor of psychology and neuroscience at the University of California, Berkeley, where he founded and directed the Center for Human Sleep Science. Prior to that, he served as assistant professor of psychology at Harvard Medical School.

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Dr. Walker serves as deputy editor and associate editor of the journal SLEEP and sits on the editorial boards of multiple neuroscience journals. He is also the co-founder of StimScience and Nightfall IQ, neurotechnology companies developing devices and software for sleep enhancement.