



STACY VERNON, MS, LPC

HEAD OF ADULT ASSESSMENT



Stacy Vernon, Head of Adult Assessment at Center for BrainHealth®, has over 20 years of experience in the fields of cognitive neuroscience, assessment, and mental health counseling.

Stacy guides the coaching team for The BrainHealth® Project, a landmark scientific study designed to define, measure and improve brain health and performance across the lifespan.

She oversees and delivers in-person brain health assessments using the BrainHealth® Index. These assessments apply a holistic approach to brain health and performance, equipping individuals with a better understanding of how their brain works and how they can adopt strategies to optimize daily performance.

Applying her background in clinical services and neuropsychology practices, Stacy helps expand the reach of the Project and BrainHealth assessments to connect with an increasingly broad audience. She enjoys collaborating with a dynamic team of clinicians and other subject-matter experts and helping people from all walks of life harness the power of neuroplasticity to make real, practical changes in their life trajectories.

Stacy received a master's in professional counseling from Georgia State University. A licensed professional counselor in the state of Texas, she is also a National Board Certified Counselor.