

This special paid event will gather 250 female leaders and decision-makers from corporations and community organizations across North Texas to explore ways that brain health empowers women. Attendees will leave ready to take action for themselves, their families, their organizations, and their communities.

## **Date and Location:**

Wednesday, February 26, 2025 9am-5pm

Center for BrainHealth 2200 W. Mockingbird Ln. Dallas, TX 75235

## The Event Agenda Includes:

- Breakfast
- Expert Panels & Discussions
- Lunch Keynote
- A Brain Health Training Workshop
- Networking Reception

## Featured Speakers



Judith Joseph, MD, MBA

Manhattan Behavioral Medicine, NYU

The Mentally Fit Brain



Matt Walker, PhD
UC Berkeley
The Rested Brain



Emily Jacobs, PhD
UC Santa Barbara
The Maternal Brain



Rachel Buckley, PhD Harvard, Mass General Inst. The Resilient Brain



Annie Fenn, MD

Physician, chef and author
The Nourished Brain



Jessica Shepherd, MD Sanctum Med + Wellness The Perimenopausal Brain