CENTER *for* BRAINHEALTH®
THE UNIVERSITY OF TEXAS AT DALLAS

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With clinical training as a licensed speech-language pathologist and expertise in cognitive-communication and cognitive neuroscience, Dr. Cook translates cognitive neuroscience discoveries into scalable, practical tools that characterize and promote higher-order cognitive skills, empowering people of all ages and levels to reach their highest brain potential.

Her current work examines the benefit and application of brain health training protocols delivered through The BrainHealth Project, a large–scale longitudinal research initiative exploring how brain health can be strengthened, optimized and measured across the lifespan

She has played a key role in developing and implementing innovative cognitive assessment and intervention tools, including the center's proprietary BrainHealth Index, the SMART™ training protocol, and the BrainHealthy Campus initiative. Her early research focused on youth and the long-term recovery of higher-level cognitive skills after traumatic brain injury (TBI).

Dr. Cook received both her MS and PhD in communication sciences and disorders from The University of Texas at Dallas, with an emphasis in cognitive-communication and neuroscience.