

# EMPOWERING WOMEN THROUGH BRAIN HEALTH



CENTER for  
**BRAINHEALTH**<sup>®</sup>  
THE UNIVERSITY OF TEXAS AT DALLAS



This special paid event will gather 250 female leaders and decision-makers from corporations and community organizations across North Texas to explore ways that brain health empowers women. Attendees will leave ready to take action for themselves, their families, their organizations, and their communities.

## Date and Location:

Wednesday, February 26, 2025  
9am-5pm

Center for BrainHealth  
2200 W. Mockingbird Ln.  
Dallas, TX 75235

## The Event Agenda Includes:

- Breakfast
- Expert Panels & Discussions
- Lunch Keynote
- A Brain Health Training Workshop
- Networking Reception

## A Few Featured Speakers



**Judith Joseph, MD, MBA**

Manhattan Behavioral Medicine,  
NYU Mental health across  
the lifespan



**Emily Jacobs, PhD**

UC Santa Barbara  
Hormonal fluctuations and  
women's brain health



**Annie Fenn, MD**

Physician, chef and author  
Brain Health Kitchen



**Matt Walker, PhD**

UC Berkeley  
Sleep and brain health



**Rachel Buckley, PhD**

Harvard, Mass General Research Institute  
Sex differences in Alzheimer's