



Breaking Through the Brain Fog

ONLINE RESEARCH STUDY

Concerned with changes in thinking since chemotherapy?

Motivated to improve your cognitive performance?

This 6-month study will investigate the benefits of brain health training in breast cancer survivors with cognitive concerns post-chemotherapy. Study can be completed online, from the comfort of your own space.

What will you do?



UPFRONT STUDY CONSULT

- Once with study coordinator
- Approximately 60 minutes



ONLINE ASSESSMENTS

- 3 times over 6 months (Month 0, 3, 6)
- Approximately 90 minutes each



BRAINHEALTH DASHBOARD

- Brain-health tools
- 1 hour/week for 12 weeks

Participants will be reimbursed for their time.

Who is a good fit?

- ✓ Female breast cancer survivors (ages 30-80)
- ✓ Completed chemo more than 6 months ago, but not more than 5 years
- ✓ English-speaking with access to internet
- ✓ Other criteria may apply



Interested in participating?

Scan the QR code or go to
<https://redcap.link/ja1g5lq8>



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