

# Adult Dosing Chart

## Dosage for adults from your healthcare professional

**DO NOT** use if you have ever had an allergic reaction to this product or any of its ingredients or to an antihistamine containing hydroxyzine.

**ASK A DOCTOR** before use if you have liver or kidney disease. Your doctor should determine if you need a different dose.

**ASK A DOCTOR** or pharmacist before use if you are taking tranquilizers or sedatives.

### ZYRTEC® Tablets



AGE	6+ yrs	under 6 yrs	65+ yrs
DOSE	1 tablet (10mg) Daily	Ask a doctor	Ask a doctor

●  
**MAX:** 1 tablet/24 hours

### ZYRTEC® Liquid Gels



AGE	6+ yrs	under 6 yrs	65+ yrs
DOSE	1 capsule (10mg) Daily	Ask a doctor	Ask a doctor

●  
**MAX:** 1 capsule/24 hours

### ZYRTEC-D® Tablets



AGE	12+ yrs	under 12 yrs	65+ yrs
DOSE	1 tablet Every 12 hours	Ask a doctor	Ask a doctor

●  
**MAX:** 2 tablets/24 hours

**ZYRTEC® Tablets and Liquid Gels Ingredients:** Cetirizine HCl 10mg (Antihistamine)

**ZYRTEC-D® Ingredients:** Cetirizine HCl 5mg (Antihistamine)  
Pseudoephedrine HCl 120mg (Nasal Decongestant)

Today's date: \_\_\_\_\_

This dosing recommendation from your healthcare professional will expire in 14 DAYS.

\*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.

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