



Simple, wholesome wellness solutions designed to help the whole family sleep well, feel well, and stay well

	upper respiratory support*	sleep support*	immune support*	nutritional support*	digestive support*
babies up to 24 months 	Cough Syrup + Immune with Agave <i>With: organic agave and zinc</i> Cough Syrup + Immune <i>With: dark honey and zinc</i> Soothing Cough Syrup <i>With: dark honey</i> Saline Nasal Mist[†] <i>With: aloe</i>	Calming Massaging Balm, Oil, and Bedtime Spray[§] <i>With: chamomile and lavender</i>	Probiotic Drops <i>With: 2 probiotic strains</i> Immune Support + Vitamins <i>With: vitamins, zinc, and agave</i>	Immune Support + Vitamins <i>With: vitamins, zinc, and agave</i> Vitamin D Drops <i>With: vitamin D3, medium chain triglycerides</i>	Probiotic Drops <i>With: 2 probiotic strains</i>
children up to 12 years 	2–6 years Cough Syrup + Mucus Daytime <i>With: dark honey, ivy leaf, elderberry, and zinc</i> Cough Syrup + Immune Daytime <i>With: dark honey, elderberry, zinc, and vitamin D</i> 6–12 years All-In-One Cough Syrup Daytime <i>With: dark honey, ivy leaf, turmeric root, marshmallow root, zinc, and B-vitamins</i> <i>Nighttime syrups also available</i>	3 years+ Children’s Sleep* Chewable Tablets, Gummies, and Liquid <i>With: high-quality melatonin in clinically supported, age-appropriate dosing</i>	2 years+ Elderberry Immune Support* Syrup and Gummies <i>With: elderberry and vitamins</i>	2 years+ Complete Multivitamins with immune or probiotic support* <i>With: vitamins and elderberry, or probiotics</i>	2 years+ Daily Probiotic Blend Gummies <i>With: 2 probiotic strains</i> Complete Multivitamin + Probiotic Gummies <i>With: vitamins and 2 probiotic strains</i>
adults 	Cough Syrup + Mucus <i>With: dark honey, ivy leaf, vitamin C, vitamin D, zinc, thyme, and marshmallow root</i> Complete Cough Syrup + Immune <i>With: dark honey, ivy leaf, vitamin C, vitamin D, zinc, thyme, and elderberry</i>	Sleep* Gummies and Chewables <i>With: high-quality melatonin</i>	Daily Immune Support* Gummies and Syrup <i>With: elderberry, vitamins, and zinc</i> Total Immune Support* Chewables <i>With: elderberry, vitamins, and zinc</i>		

Guide to ingredients and benefits

Dark honey: effectively soothes coughs due to hoarseness, dry throat, and irritants* (not to be given to children under 1 year old)

Agave syrup: an alternative to honey for children under 1 year old (under the supervision of a doctor); helps soothe coughs*

Ivy leaf: helps clear mucus when coughing*

Turmeric root: supports healthy nasal passages*

Marshmallow root: supports a healthy respiratory system*

Thyme: supports a healthy respiratory system*

Elderberry: helps support the immune system*

Vitamin D: as a supplement for babies, supports the development of healthy bones and teeth; as an ingredient in immune support and cough products, supports the immune system*

Zinc: an essential mineral with antioxidant properties that plays a major role in supporting immune cell function*

B-vitamins: support the body’s natural production of energy*

Melatonin: non-habit forming support for occasional sleeplessness* (for ages 3 and up)

Chamomile: calms the body and mind*

Probiotic strains: helps promote the balance of healthy bacteria in the digestive tract to support the digestive and immune systems*



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Inspired by nature. Backed by science.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[†]QVIA survey data, 2021.

[‡]Saline is a cosmetic product, not a supplement.

[§]Calming products are cosmetic products, not supplements.