

TYLENOL



Adult Dosing Chart

Dosage for adults from your healthcare professional

PROFESSIONAL DISCRETIONARY DOSAGE: If pain or fever persists at the total labeled daily dose, healthcare professionals may exercise their discretion and recommend up to 4000mg/day.*

IMPORTANT INSTRUCTIONS FOR PROPER USE: Read and follow the label on all TYLENOL® products. Do NOT use with any other product containing acetaminophen.

Use products **ONLY** as directed.

TYLENOL® Regular Strength Liquid Gels



AGE 12+ yrs**

DOSE 2 capsules
Every 4 to 6 hours
MAX: 10 capsules/day
(3250mg/day)



TYLENOL® Regular Strength Tablets



AGE 12+ yrs**

DOSE 2 tablets
Every 4 to 6 hours
MAX: 10 tablets/day
(3250mg/day)



TYLENOL® Family, Children & Adults Oral Suspension



AGE 12+ yrs**

DOSE 20ml Every 4 hours
MAX: 5 doses/day



DO NOT use any other dosing device.

TYLENOL® Extra Strength Caplets



AGE 12+ yrs

DOSE 2 caplets
Every 6 hours
MAX: 6 caplets/day
(3000mg/day)



TYLENOL® Extra Strength Easy to Swallow Caplets



AGE 12+ yrs

DOSE 2 caplets
Every 6 hours
MAX: 6 caplets/day
(3000mg/day)



TYLENOL® Extra Strength Coated Tablets



AGE 12+ yrs

DOSE 2 tablets
Every 6 hours
MAX: 6 tablets/day
(3000mg/day)



**Additional dosing directions for children can be found on the label

ACTIVE INGREDIENTS: Acetaminophen

Today's date: _____

This dosing recommendation from your healthcare professional
will expire in 14 DAYS.

*The efficacy and safety of TYLENOL® at 4000 mg/day are well established.

*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.

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Dosage for adults from your healthcare professional

TYLENOL® Extra Strength Dissolve Packs



AGE 12+ yrs

DOSE 2 powders
Every 6 hours
MAX: 6 powders/day
(3000mg/day)



TYLENOL® Extra Strength Rapid Release Gels



AGE 12+ yrs

DOSE 2 gelcaps
Every 6 hours
MAX: 6 gelcaps/day
(3000mg/day)



TYLENOL® 8 HR Arthritis Pain Tablets



AGE 18+ yrs

DOSE 2 bi-layer tablets
Every 6 hours
MAX: 6 bi-layer tablets/day
(3900mg/day)



TYLENOL® 8 HR Muscle Aches & Pain Tablets



AGE 12+ yrs

DOSE 2 bi-layer tablets
Every 6 hours
MAX: 6 bi-layer tablets/day
(3900mg/day)



TYLENOL® PM Extra Strength



AGE 12+ yrs

DOSE 2 caplets
At bedtime
MAX: 2 caplets/day



TYLENOL® PRECISE® Pain Relieving Cream



AGE 12+ yrs

DOSE Apply no more than
3 to 4 times daily
MAX: 4 times daily



FOR EXTERNAL USE ONLY

TYLENOL® PRECISE® Cooling Pain Relieving Cream



AGE 12+ yrs

DOSE Apply no more than
3 to 4 times daily
MAX: 4 times daily



FOR EXTERNAL USE ONLY

ACTIVE INGREDIENTS: Adult TYLENOL® (not including PRECISE®): Acetaminophen
TYLENOL® PM: Acetaminophen + Diphenhydramine Citrate
TYLENOL® PRECISE® Cooling: Lidocaine 4% + Menthol 1%
TYLENOL® PRECISE® Pain: Lidocaine 4%

Today's date: _____

This dosing recommendation from your healthcare professional will expire in 14 DAYS.