

Adult Dosing Chart

Dosage for adults from your healthcare professional

DO NOT take more than directed.

The smallest effective dose should be used.

DO NOT use if you have ever had an allergic reaction to ibuprofen or any other pain reliever/fever reducer, before or after heart surgery.

Use products only as directed. Always read and follow the product labels on all MOTRIN® products.

MOTRIN® Dual Action With TYLENOL®



AGE	12+ yrs
DOSE	2 tablets Every 8 hours MAX: 6 tablets/day



MOTRIN® IB Migraine



AGE	18+ yrs
DOSE	2 capsules Daily MAX: 2 capsules/day



MOTRIN® IB Tablets



AGE	12+ yrs
DOSE	1 tablet Every 4 to 6 hours If pain or fever does not respond to 1 tablet, 2 may be used MAX: 6 tablets/day



MOTRIN® IB Liquid Gels



AGE	12+ yrs
DOSE	1 liquid gel Every 4 to 6 hours If pain or fever does not respond to 1 liquid gel, 2 may be used MAX: 6 liquid gels/day



MOTRIN® PM Caplets



AGE	12+ yrs
DOSE	2 caplets At bedtime MAX: 2 caplets/day



ACTIVE INGREDIENTS: Ibuprofen

MOTRIN® Dual Action With TYLENOL® only: Acetaminophen + Ibuprofen

MOTRIN® PM only: Ibuprofen + Diphenhydramine Citrate

Today's date: _____

This dosing recommendation from your healthcare professional will expire in 14 DAYS.

*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.