

Adult Dosing Chart

Dosage for adults from your healthcare professional

DO NOT use to make a child sleepy. **DO NOT** use with any other product containing diphenhydramine, even one used on skin.




ASK A DOCTOR before use if you have a breathing problem such as emphysema or chronic bronchitis, glaucoma, or trouble urinating due to an enlarged prostate gland.

ASK A DOCTOR OR PHARMACIST before use if you are taking sedatives or tranquilizers.

IMPORTANT: Read all product information before using. Keep box for important information.

BENADRYL® Allergy ULTRATABS® Tablets






AGE	12+ yrs	Ages 6-12	Under 6
DOSE	1 to 2 tablets Every 4 to 6 hours  or 	1 tablets Every 4 to 6 hours 	Do not use

MAX: 6 doses/24 hours

BENADRYL® Allergy LIQUI-GELS®




AGE	12+ yrs	Ages 6-12	Under 6
DOSE	1 to 2 capsules Every 4 to 6 hours  or 	1 capsule Every 4 to 6 hours 	Do not use

MAX: 6 doses/24 hours

BENADRYL® Allergy Plus Congestion




AGE	12+ yrs	Under 12
DOSE	1 tablet Every 4 hours 	Ask a doctor

MAX: 6 doses/24 hours

BENADRYL® Extra Strength Allergy Relief Tablets



AGE	12+ yrs	Under 12
DOSE	1 tablet Every 4 to 6 hours 	Do not use

MAX: 6 doses/24 hours

Today's date: _____

This dosing recommendation from your healthcare professional will expire in 14 DAYS.

*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.

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