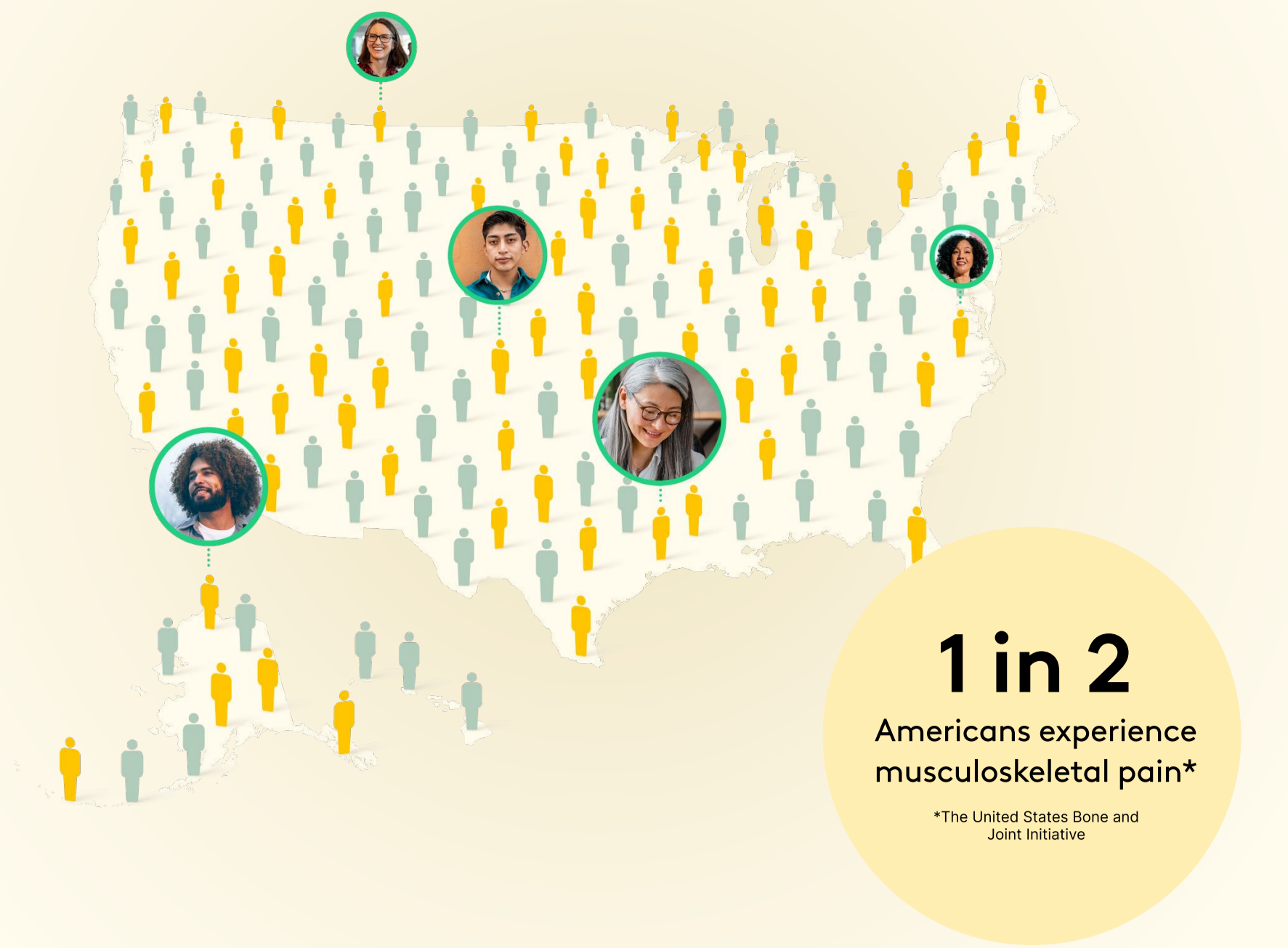


# Executive Summary

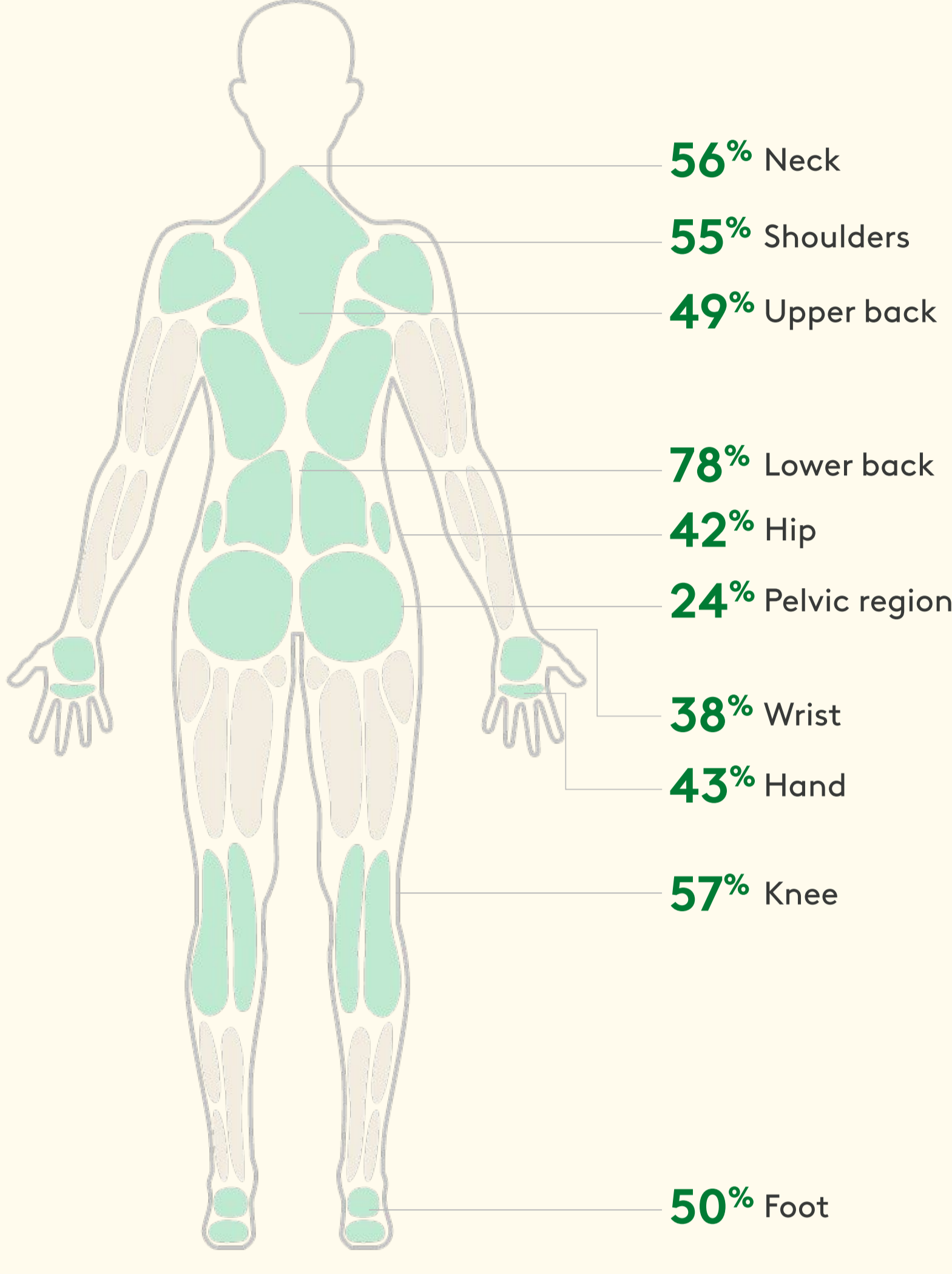
Key takeaways from Hinge Health's independent survey of 10,000 Americans in musculoskeletal (MSK) pain



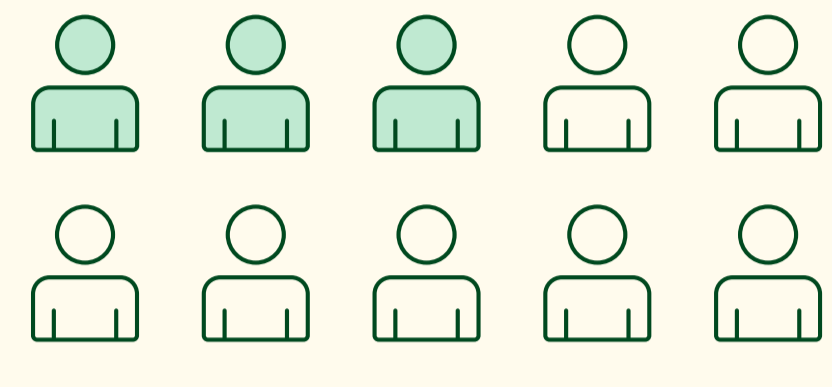
## Data at a glance



## Where employees are experiencing pain



Percentage of people who are currently experiencing or have experienced pain or other health issues related to the listed areas of the body in the past 12 months



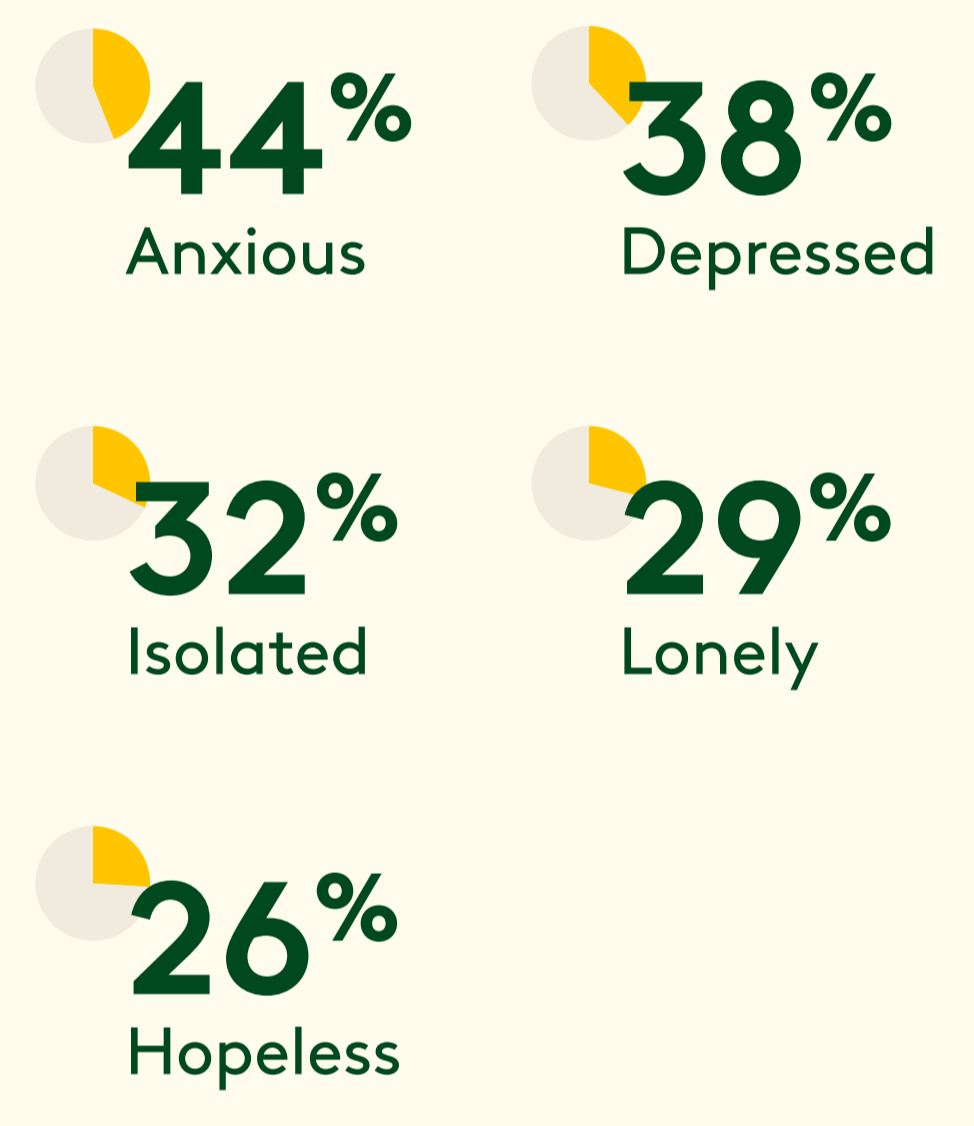
Almost **3 in 10** say pain has decreased productivity at work

## Employees want to avoid surgery + drugs



## Pain is a mental health issue

"My pain makes me feel..."



Percentage of people who indicate they agree/strongly agree with the above statements

## Physical therapy (PT) is underutilized

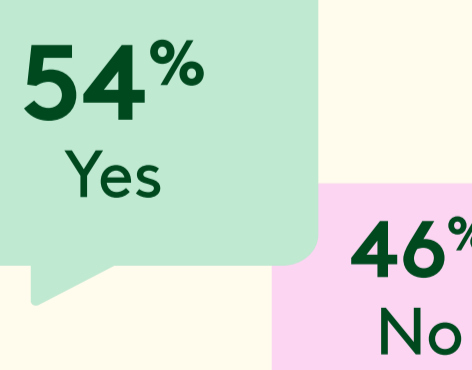
Only **29%** of employees use PT

### Barriers to using traditional physical therapy for pain management

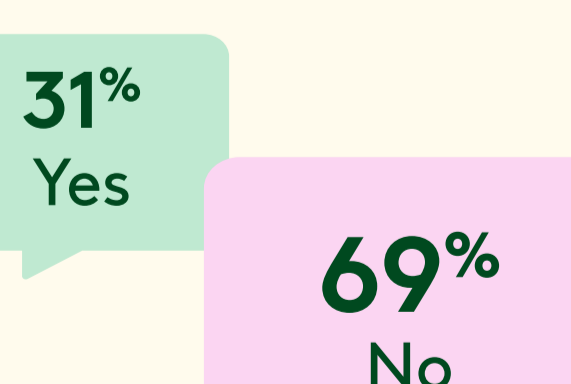


## Employees aren't aware of (or satisfied with) their benefits

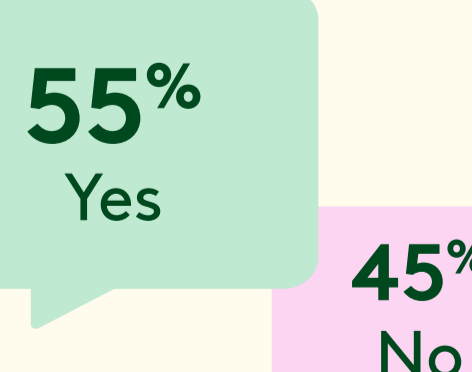
I understand all my health benefits



I use all the health benefits offered to me



I am satisfied with my health benefits for MSK pain



# 66%

of people say they are somewhat to completely open to trying a digital physical therapy platform

Download the full State of MSK Care 2024 Report [↘](#)

Or [contact us](#) to learn more about how we are transforming the way pain is treated.