

Spotlight on: energy

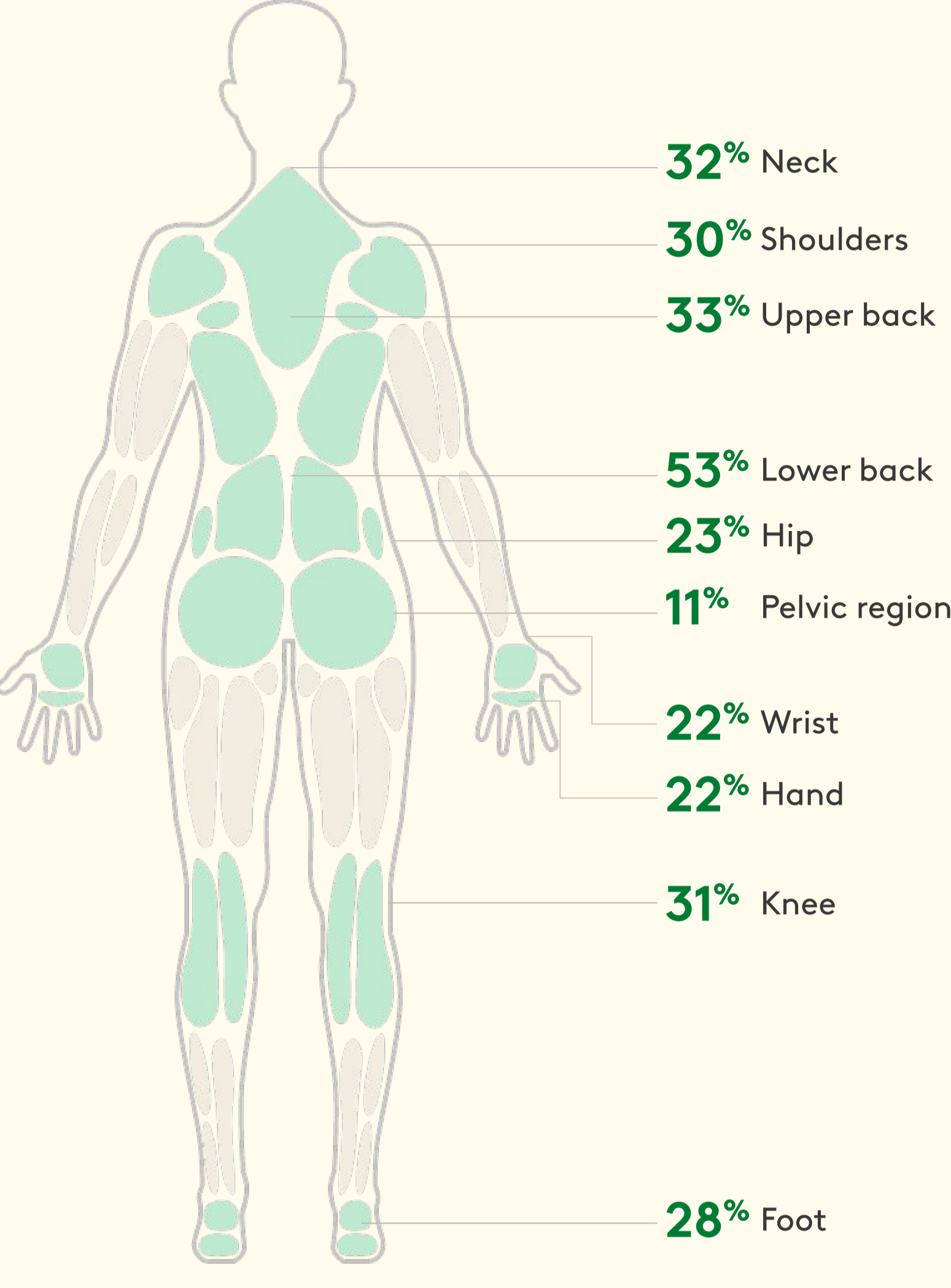
Industry-specific insights from Hinge Health's independent survey of 10,000 Americans in musculoskeletal (MSK) pain



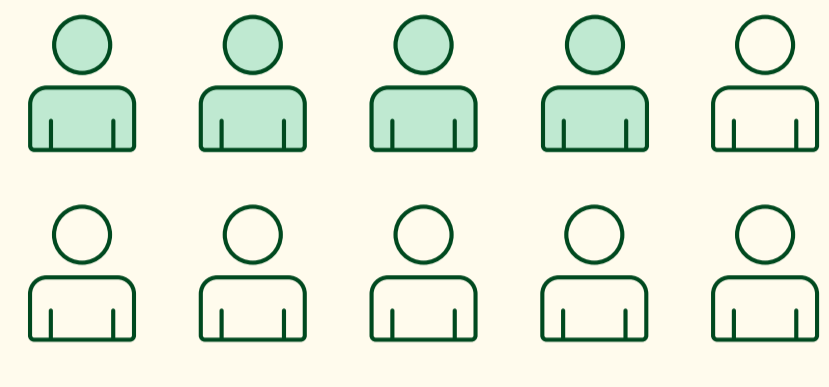
Data at a glance



Where energy employees are experiencing pain

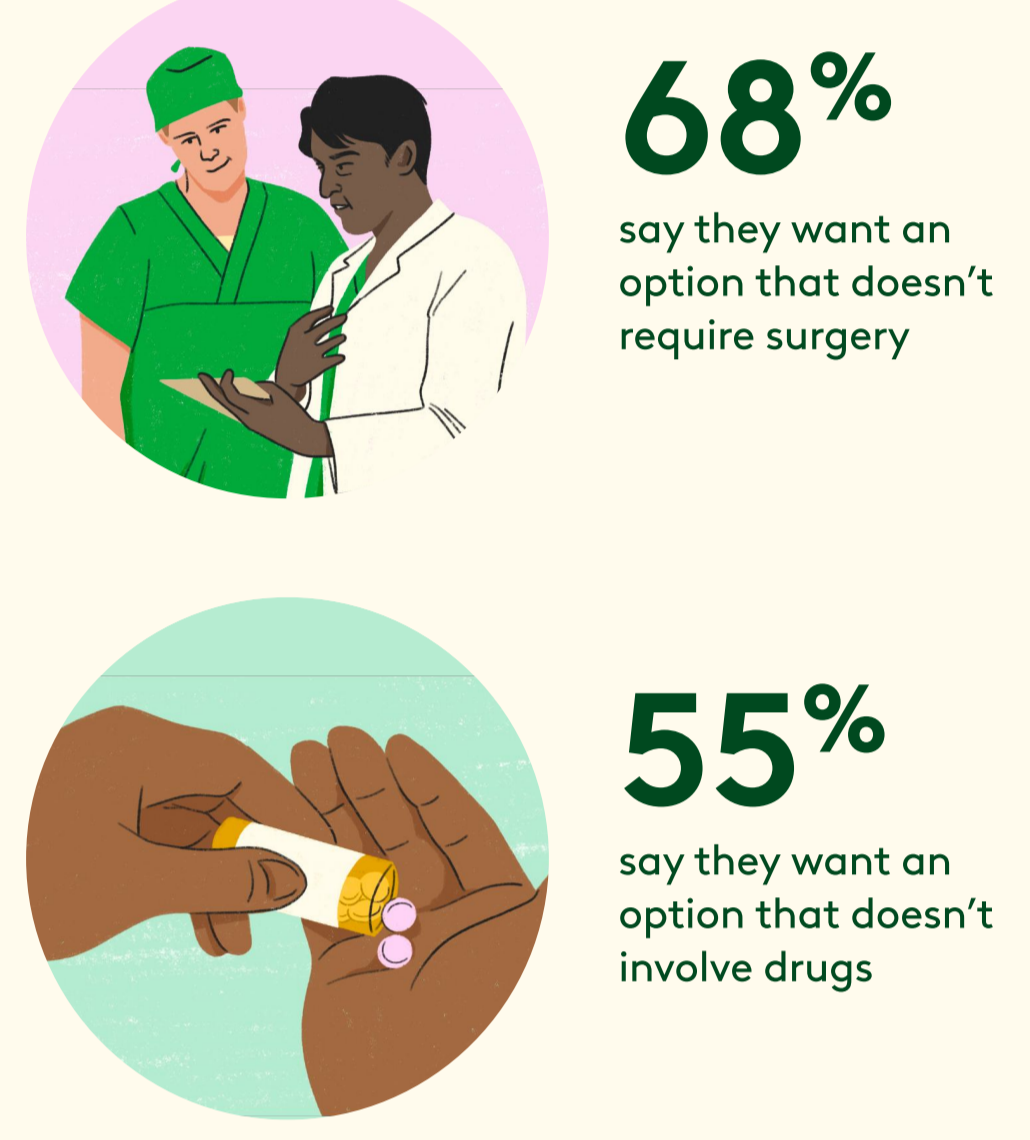


Percentage of people who are currently experiencing or have experienced pain or other health issues related to the listed areas of the body in the past 12 months



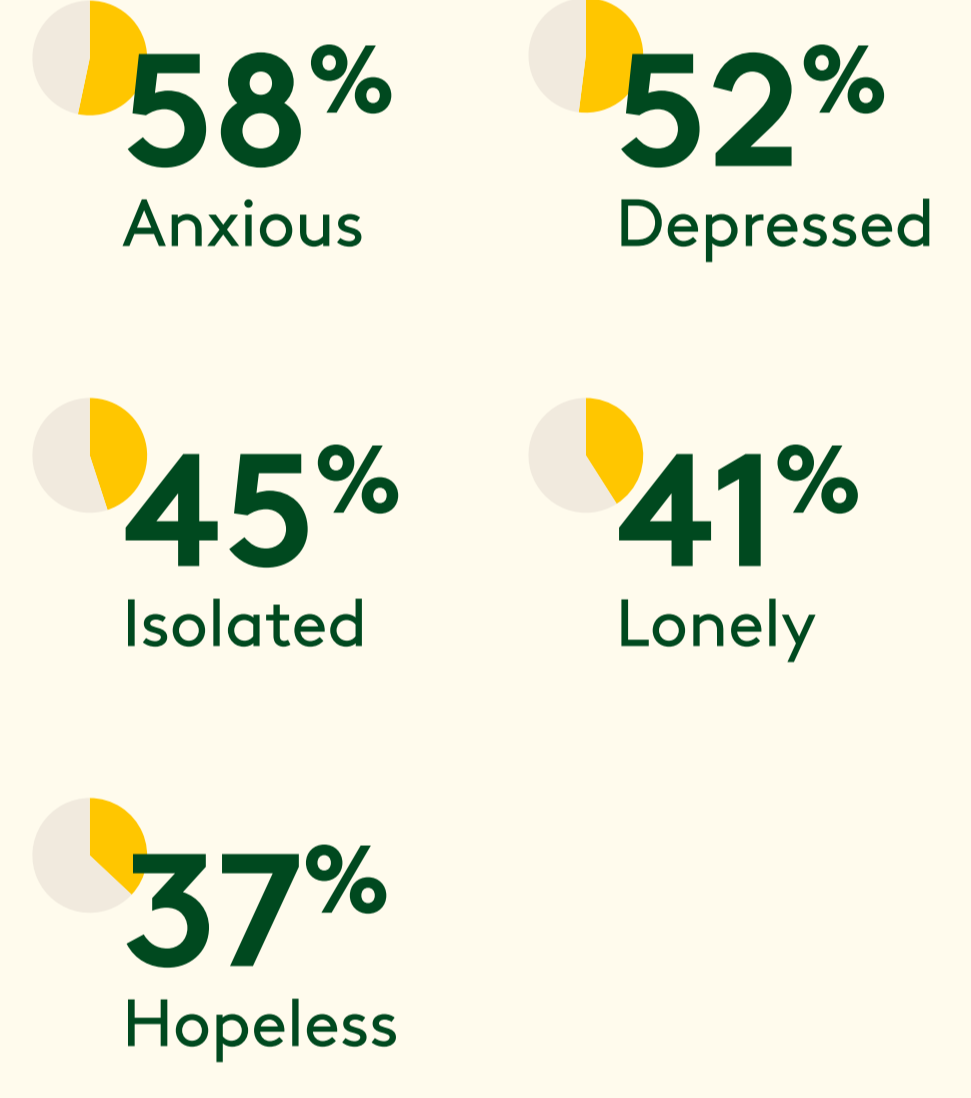
About **4 in 10** say pain has decreased productivity at work

Employees want to avoid surgery + drugs



Pain is a mental health issue

"My pain makes me feel..."



Percentage of people who indicate they agree/strongly agree with the above statements

Pain rarely exists in isolation



Percentage who are currently experiencing or have experienced these conditions in the past 12 months

Physical therapy (PT) is underutilized

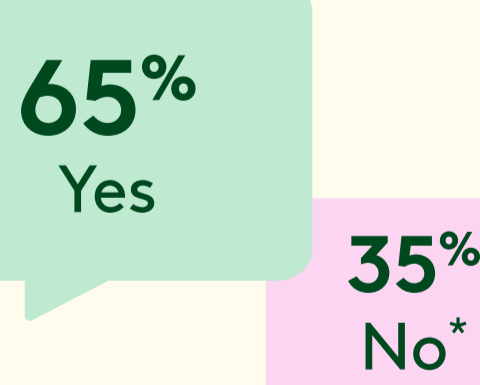
Only **37%** of energy employees use PT

Barriers to using traditional physical therapy for pain management

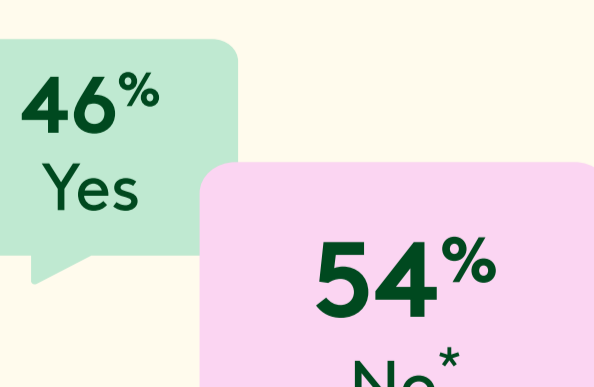


Employees' impressions of employer-provided health benefits

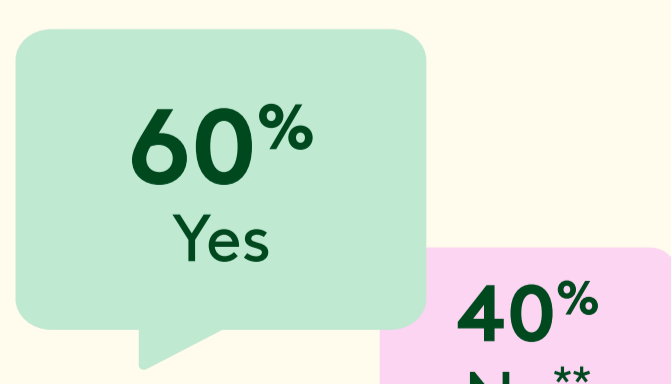
I understand all my health benefits



I use all the health benefits offered to me



I am satisfied with my health benefits for MSK pain



*No/not sure. **No/neutral.



81%

of energy employees are somewhat to completely open to trying a digital physical therapy platform

[Download the full State of MSK Care 2024 Report](#)

Or [contact us](#) to learn more about how we are transforming the way pain is treated.