

# Spotlight on: professional services

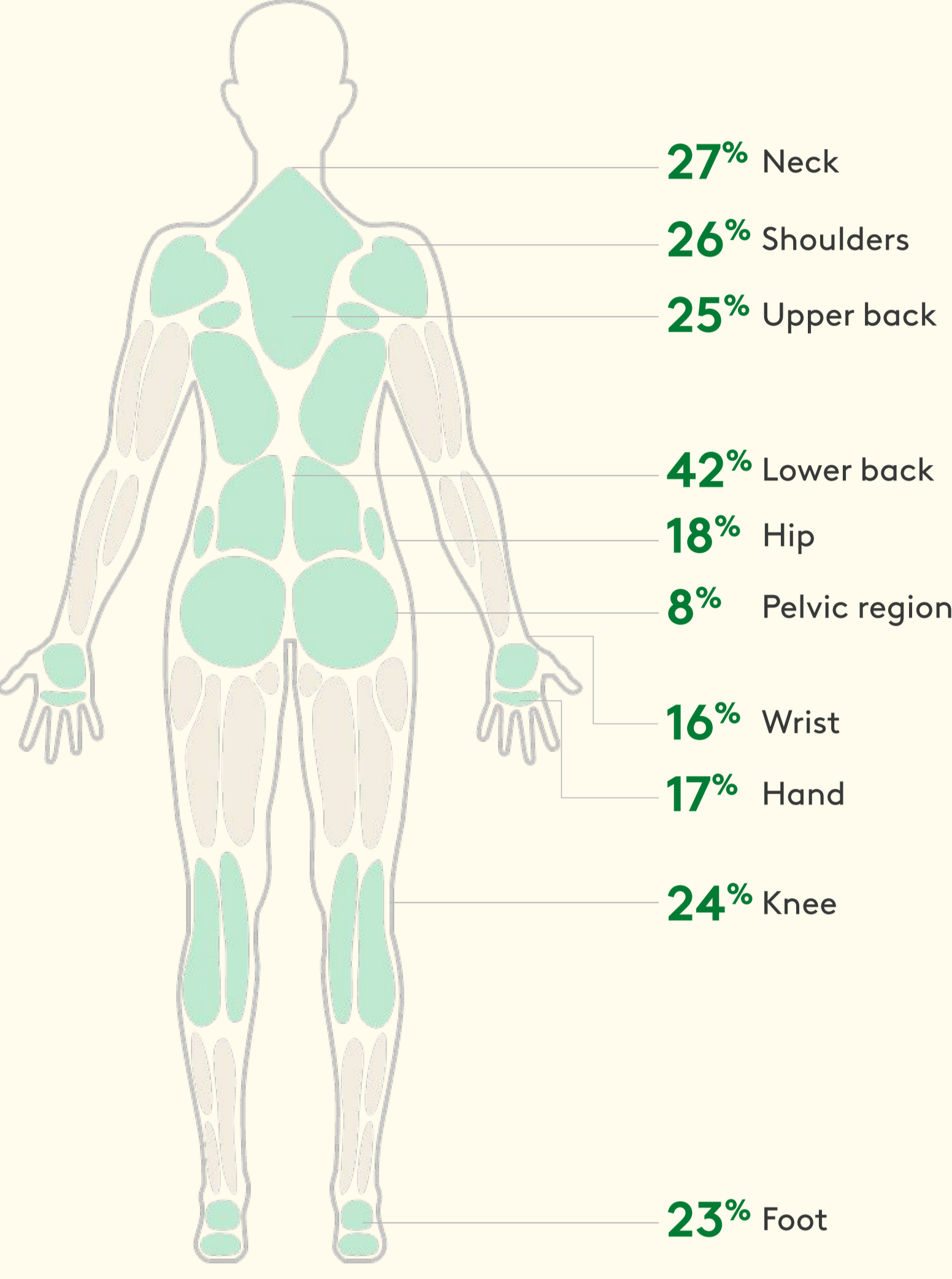
Industry-specific insights from Hinge Health's independent survey of 10,000 Americans in musculoskeletal (MSK) pain



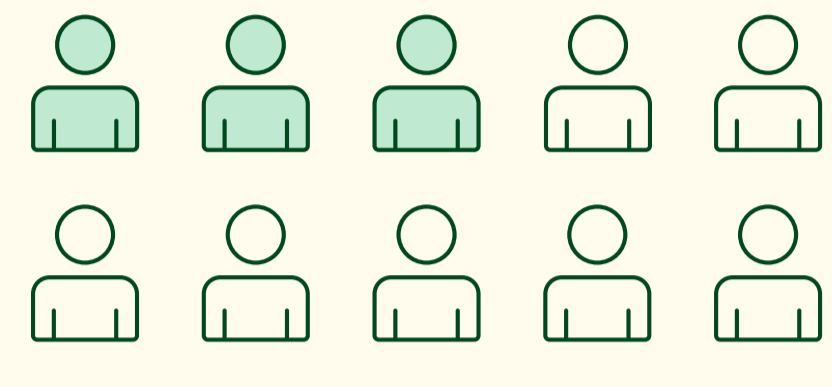
## Data at a glance



## Where professional services employees are experiencing pain

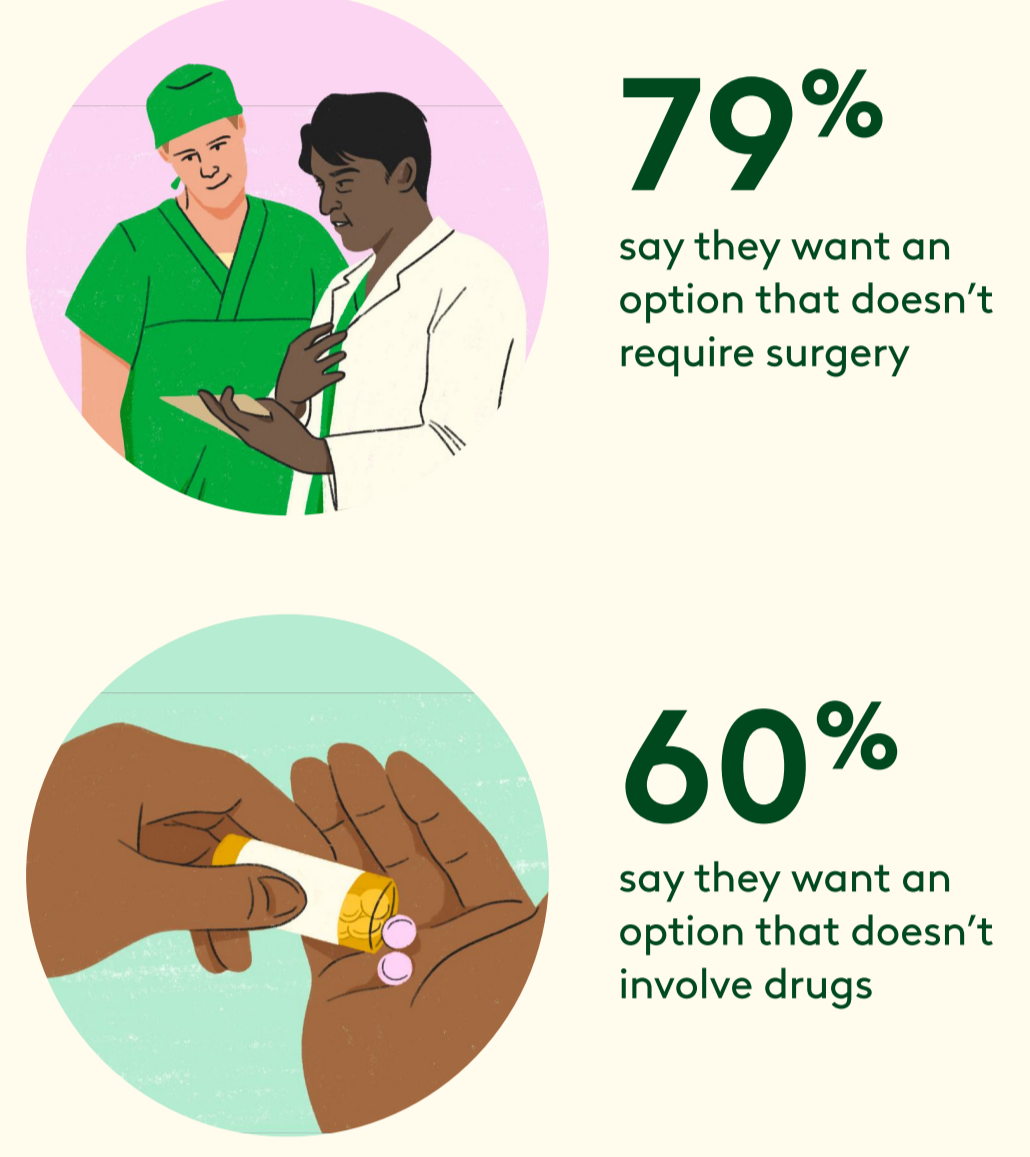


Percentage of people who are currently experiencing or have experienced pain or other health issues related to the listed areas of the body in the past 12 months



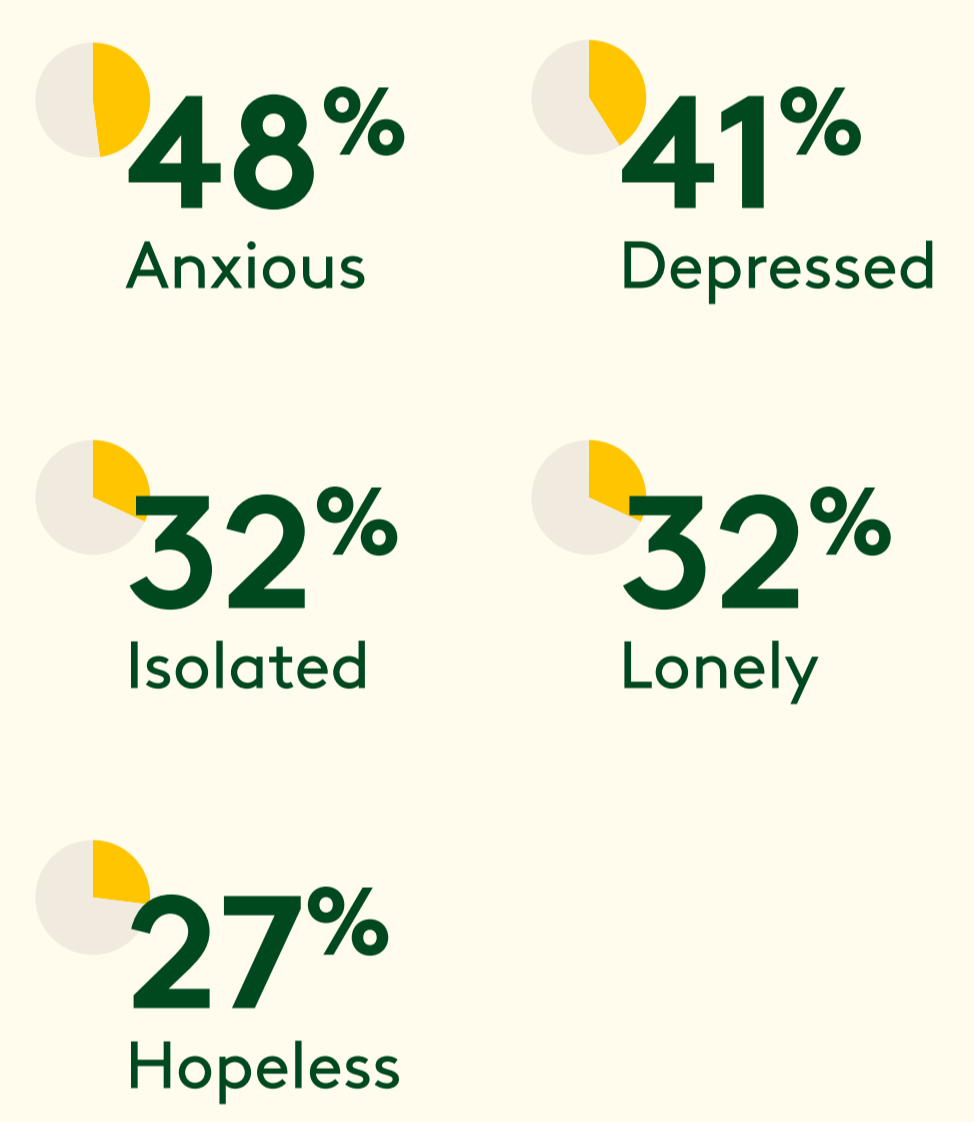
About **3 in 10** say pain has decreased productivity at work

## Employees want to avoid surgery + drugs



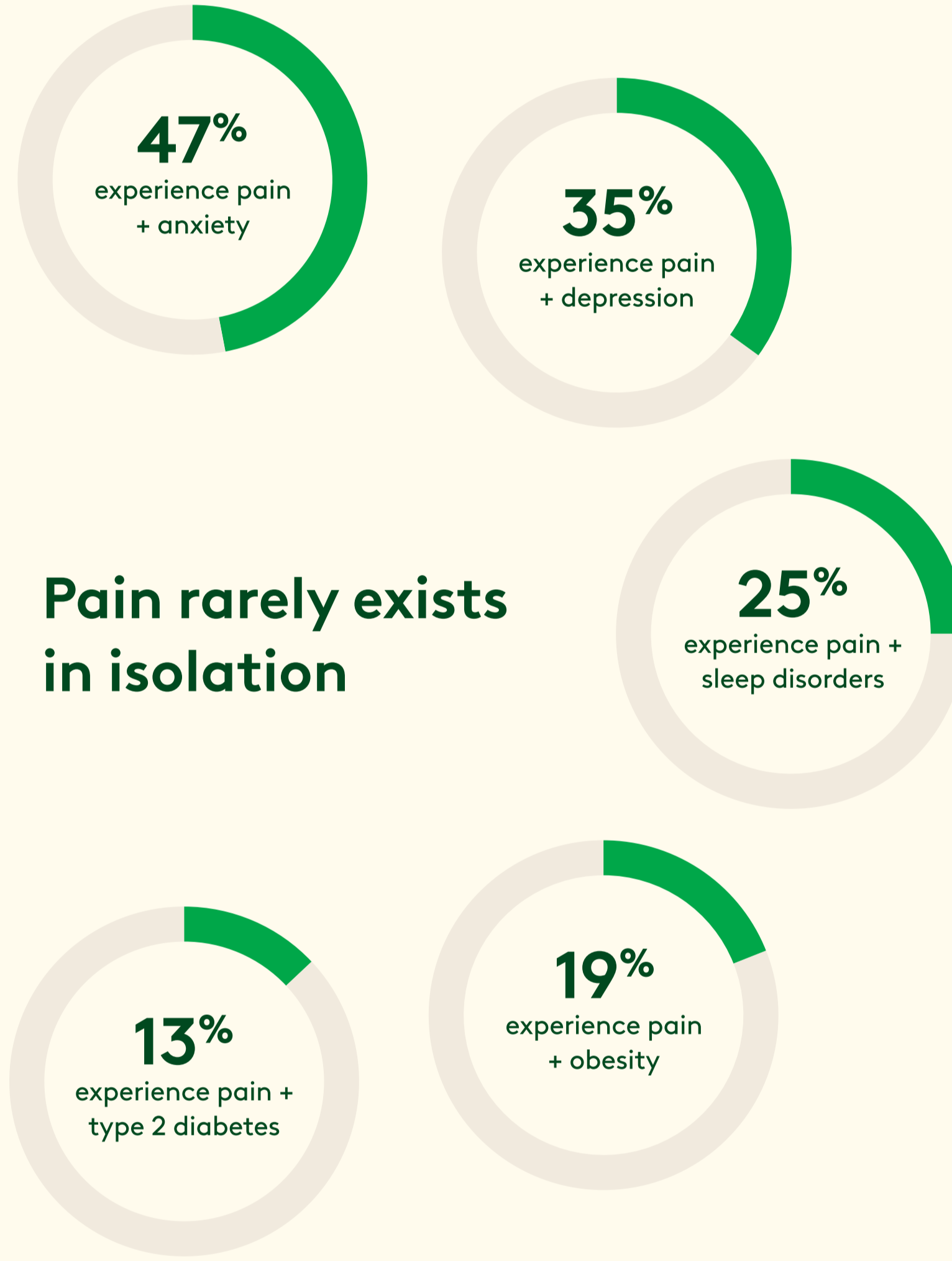
## Pain is a mental health issue

"My pain makes me feel..."



Percentage of people who indicate they agree/strongly agree with the above statements

## Pain rarely exists in isolation

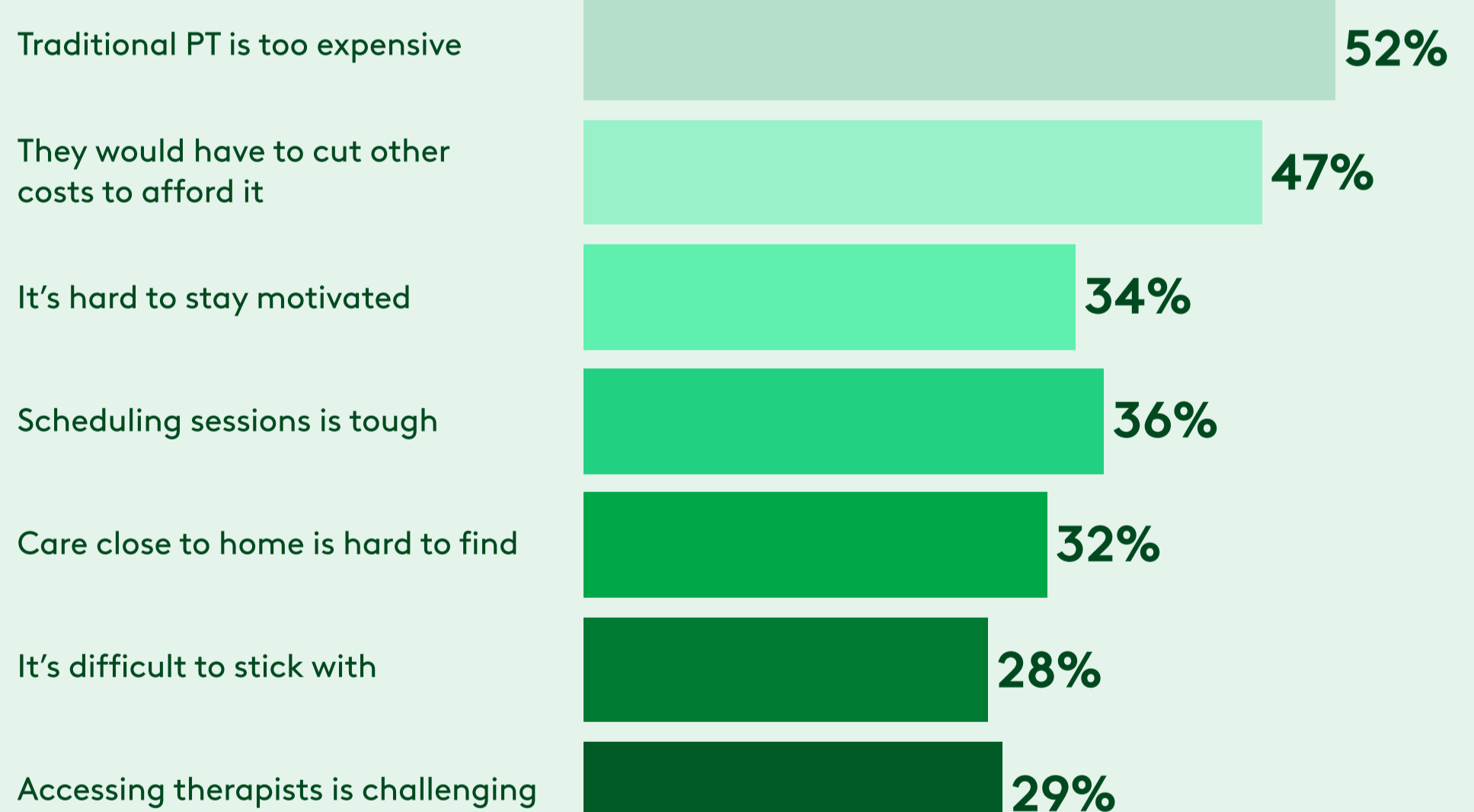


Percentage who are currently experiencing or have experienced these conditions in the past 12 months

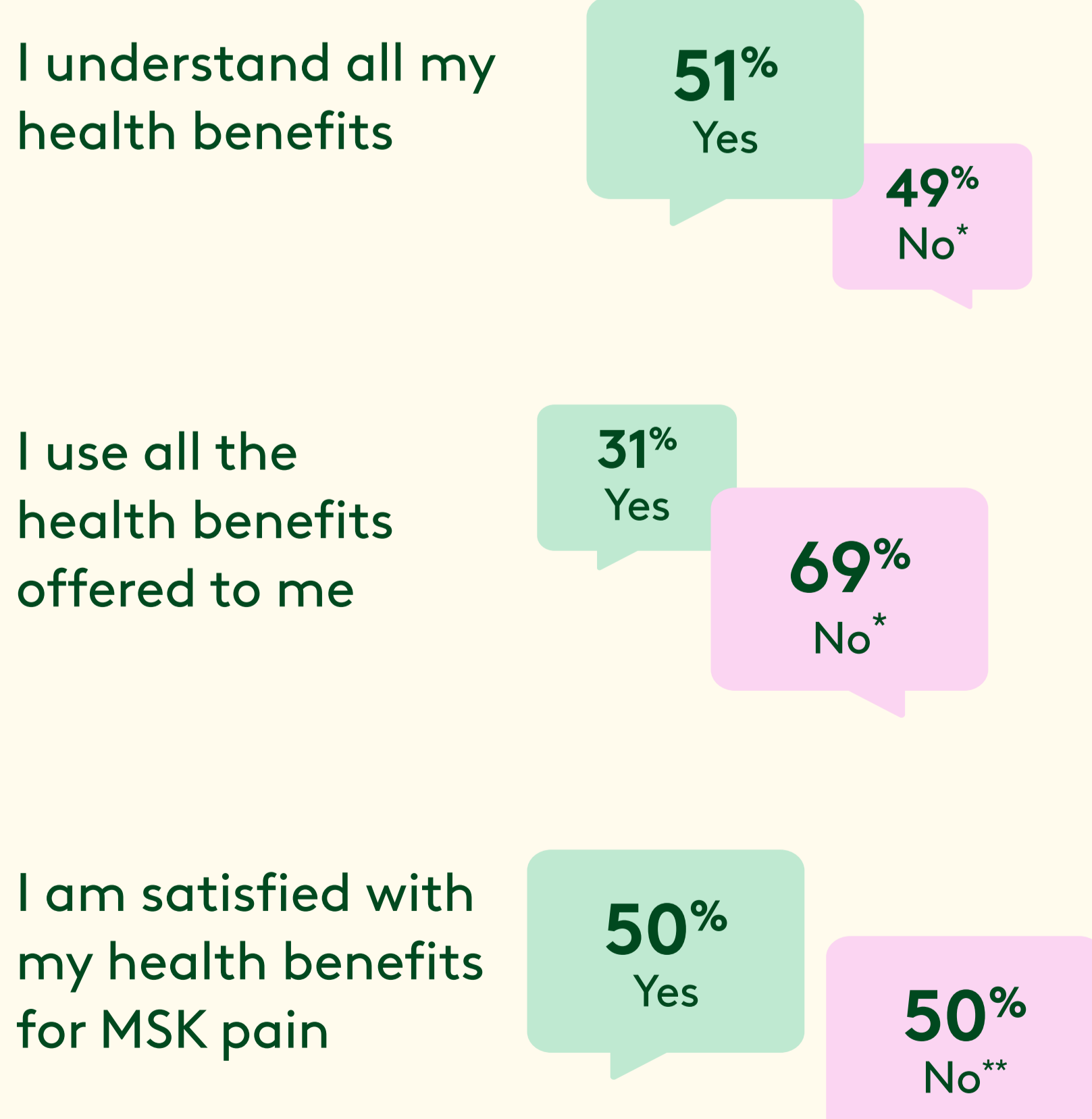
## Physical therapy (PT) is underutilized

Only **31%** of professional services employees use PT

### Barriers to using traditional physical therapy for pain management



## Employees impressions of employer-provided health benefits



\*No/not sure. \*\*No/neutral.



# 71%

of professional services employees are somewhat to completely open to trying a digital physical therapy platform

[Download the full State of MSK Care 2024 Report](#) ↴

Or [contact us](#) to learn more about how we are transforming the way pain is treated.