INGREDIENTS

6 chicken thigh

1 teaspoon paprika

1 teaspoon ground cumin

¼ teaspoon cayenne pepper

¼ teaspoon ground cinnamon

½ teaspoon ground ginger

½ teaspoon coriander

2 tablespoons flour

1 lemon

³/₄ cups chicken stock

2 tablespoons honey

5 cloves garlic (minced)

1 tablespoon olive oil

1 large onion (halved and cut into ¼-in-thick slices)

5 baby carrots (cut in half)

½ cup green olives (pitted, and halved)

Fresh coriander to garnish (chopped)

INSTRUCTIONS

- 1. Combine the spices in a small bowl.
- 2. Combine 1 tsp of the lemon zest with 1 minced garlic clove and set aside.
- 3. Season both sides of chicken with salt and pepper.
- 4. Brown the chicken skin side down until golden for 5 mins, flip the chicken over and brown the other side for 4 mins.
- 5. Transfer the chicken to a large plate, pour off and discard all but 1 tsp of fat from the pan.
- 6. Add the onion and cook until browned.
- 7. Continuously stirring, first add the remaining minced garlic, then after 30 sec, add all the spices and flour, stirring until fragrant.
- 8. Stir in the stock, honey, remaining lemon zest, and ¼ tsp salt, scraping the bottom of the pan with a wooden spoon to loosen any browned bits.
- 9.Add the chicken back in, reduce the heat to medium-low, cover and simmer for 10 mins.
- 10. Add the carrots, cover, and simmer until the chicken is cooked through and the carrots are tender-crisp, about 10 mins more.
- 11. Stir in the olives, lemon zest-garlic mixture, cilantro, and 1 tbsp of the lemon juice.
- 12. Add salt, pepper and lemon juice to taste.
- 13. Serve with a side of herbed couscous.



Moroccan Chicken Tagine

U 4 servings

(\) 1 Hour

This hearty Moroccan dish is perfect for company yet easy enough to make in a hurry. This succulent chicken dish is best served with a herbed couscous to complete the meal. Enjoy!

