

# HEATCLIM

## Heat and health in the changing climate

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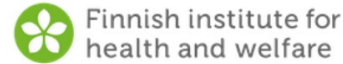


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# Recommendations



- Climate change is increasing indoor temperatures and the risk of intense heat waves in Finland
- Without adaptation measures, the burden of disease caused by heat waves will rapidly increase in Finland with aging population
- Efficient adaptation requires a combination of various measures:
  - New considerations in urban planning with respect to structure and green areas
  - Passive and active cooling measures at home and in social and health care facilities
  - Measures of social inclusion to increase adaptive capacity
- Adaptation should focus on the most vulnerable population groups, including the elderly and the chronically ill
  - Active cooling is often needed to guarantee healthy indoor temperature
  - Risk awareness should be increased, and early warning systems developed further