

What's On

Your bi-monthly guide to what's on at **Belong Newcastle-under-Lyme** Aug / Sep 2025

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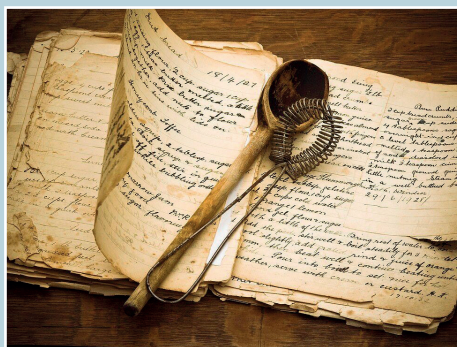


Mexican fiesta
An evening of
flavour and fun!



Heritage Open Week

Get ready to explore the rich history of our community as Heritage Open Week returns from Friday 12 to Sunday 21 September.



This week-long celebration is packed with activities that bring the past to life in fun and meaningful ways. Our exciting line-up of events includes a "Cooking Through Time" workshop with traditional bakes, reminiscence sessions exploring memories of the past, plus a special screening of a heritage film from Staffordshire archives. It's a wonderful opportunity to connect with local history, share stories and get creative. Call 01782 986300 for details and to book.

National Fitness Day

Join us in the gym on Thursday 18 September for a full day of fun, movement and community spirit!

Start your morning with a free 30-minute introductory gym session for the perfect opportunity to get familiar with our equipment and kickstart your fitness journey. In the afternoon, we're hosting a group challenge, aiming to clock up as many miles as possible by walking, running or cycling. Everyone who takes part will receive a handcrafted medal as a memento of the day. Best of all? It's completely free to join! Contact reception to find out more or to book.

**NATIONAL
FITNESS
DAY**



Walking club



Kickstart your week on the right foot with the return of our walking club, meeting every Monday morning at 11am, starting Monday 4 August. Whether you're looking to get some fresh air, boost your energy, or catch up with friends old and new, our friendly walks are the perfect way to ease into the week. Free to join, new faces welcome.

Celebrate Arts in Care Homes Day

In honour of Arts in Care Homes Day, we're embracing the beauty of nature with a relaxed and creative afternoon of drawing and painting in our beautiful bistro terrace area, on Wednesday 24 September at 2pm.



This year's theme is "Going Green", offering endless inspiration from the plants, trees, and serene garden views around us. Whether you're an experienced artist or simply want to try something new, this session is open to everyone. Entry is free and we'll provide all the materials you'll need, so come along and unleash your creativity in our vibrant community. Call 01782 986300 for more details and to book.



70s night live

Get ready to boogie the night away on Friday 1 August, at 6pm in The Venue, when we'll be entertained by the legendary Fustian Band during their spectacular 70s-night live music show. Join us for a night packed with disco, funk and rock classics that will transport you straight back to the disco era. Free entry; booking essential.

**Heritage
open week**
Connect with
local history



**Arts in Care
Homes Day**
Celebrating creative
communities



BELONG
NEWCASTLE-UNDER-LYME

We welcome members of the whole community

Weekly Activities

Monday

- 11am Walking club
2pm Musical Mondays (The Venue) £2

Tuesday

- 11am Arts and crafts (Creative Studio) £2.50
2pm Pub games (Old Pomona Inn) £2
6pm Church service (monthly, 1st Tuesday, The Venue)

Wednesday

- 11am Chair-based exercise (The Venue) £3
2pm Cooking through time (Samuel Bells) £4

Thursday

- 11am Book club (Reminiscence Lounge) £5
2pm Knit and natter (Reminiscence Lounge) £2
6pm Art class (monthly, 2nd & 3rd Thursday, The Venue) £7

Friday

- 11am Chair-based exercises (The Venue) £3
2pm Film club (The Venue) £2

Saturday

- 6pm Prize bingo (monthly, 3rd Saturday, The Venue) £6

Mexican fiesta

Spice things up at our Mexican night in The Bistro, on Friday 19 September, at 6pm. Enjoy a selection of classic Mexican dishes, from sizzling favourites to something a little different, there's something to delight. Cost £15pp; early booking essential.



Our care... your home

We are thrilled to be expanding our award-winning home care service in Newcastle-under-Lyme and the surrounding areas including Alsager.



As a Top 20 home care service, rated 9.8 out of 10 on [homework.co.uk](https://www.homework.co.uk), based on customer reviews, we are dedicated to enabling people to continue to enjoy life in their own home and community. Call 01782

986300, or email homecare@belong.org.uk, to find out more.

Set sail

Set sail with us on Tuesday 30 September at 2pm, as we celebrate Maritime Day with a fascinating talk from our very own caretaker, Steven Cartlich. Steven will be sharing captivating stories from his time in the Royal Navy; from life on the open sea to unforgettable adventures and behind-the-scenes moments you won't hear anywhere else. Free entry; booking required.



Experience Days



Experience Days at Belong Newcastle-under-Lyme enable people to join in the village events and activities programme in a supported way, enjoy lunch in The Bistro and get to know their local village team. Importantly, it also provides a relatively easy way to get a taste of life in a Belong

village while offering some respite to usual carers. The service is available weekdays, from 10am – 4pm. Come and see for yourself why the service is so popular, with a free 'taster' session for all new customers. Call Emma Palin, on 01782 986300, to find out more and to book.

Explore the past



Join us for a trip to the Bampton Museum on Friday 15 August and take a step back in time. Discover captivating stories, unique exhibits, and hidden treasures. If you'd like to join us, we'll be leaving the village at 10am and returning at 2pm. Cost £3; early booking essential.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience & Heritage Coordinator, **Emma Palin**, or email emma.palin@belong.org.uk



For more updates of special offer and events follow us on Facebook, Instagram and X.