

# What's On

Your bi-monthly guide to what's on at **Belong Macclesfield**

July / August 2024

## Games afternoon

Join us for some all-round good fun



## Mini pop-up museum

Interactive history talk



## Breakfast club

Come along to our twice weekly **Breakfast Club** in **The Bistro**. We meet every **Tuesday** and **Thursday**, from **8:45am - 9:45am**.

Treat yourself to something from our tasty breakfast menu, or purchase a speciality coffee, then sit back and relax amongst friends, as we enjoy solving the clues to our weekly crossword. Entry is free, and household residents are not charged for breakfast; no need to book and new faces always welcome.



## Pub afternoons



The Venue will be transformed into your friendly 'Belong Local' on **Friday 12 July** and **Friday 9 August**. Join us from **2:30pm - 3:30pm** for a good old-fashioned sing-along with your favourite tipples. On **Friday 12 July** we will celebrate **Bastille Day** so we'll have a French-themed pub activity. Entry is **£4.50**, which includes a choice of alcoholic drinks or a soft drink and a bag of crisps. We hope to see you there. **No booking required.**



## Summer fair

Join us for a day of fun for all the family at our annual summer fair on **Saturday 10 August** from **12pm - 3:30pm**.

There will be a variety of artisan stalls, prize tombola, a pony (no pony rides) and family games. Refreshments, hot dogs, burgers, and homemade cakes from our Bistro will also be on sale. Entry is free, so come along and enjoy all the fun of the fair. We have several stalls available so if you

would be interested in running your own stall on the day, please contact Anna Seaton on 01625 598700 to book; cost £10.

## B's memory café

B's Memory Café, in Belong Macclesfield, offers a warm and welcoming space where families, friends and carers of people living with dementia can come together with their loved ones over a lovely cup of tea or coffee and cake!

Join us for our next sessions on **Friday 19 July** and **Friday 16 August**, from **2pm - 4pm** on both dates. Sessions are hosted by a Belong Admiral Nurse, in conjunction with the village experience team, who help facilitate opportunities for verbal and non-verbal communication, for example, through music, art, exercise or dance. Contact the village to find out more and to book.



## Piano lounge

Come along to **Barry Mansfield's** piano lounge, hosted in **The Venue**, on **Monday 8 July** at **2:30pm - 3:30pm**. Relax, enjoy and spend a delightful afternoon listening to a variety of popular tunes. **Free entry; no booking required.**

## B's memory café

Free dementia-friendly support group



## Summer fair

A day of fun for all the family



**BELONG**  
MACCLESFIELD

*We welcome members of the whole community*

## Singing therapy



We are offering free group singing sessions with Parkinson's Practitioner, Helen Fehilty, on Wednesday 24 July and Wednesday 28 August, from 2:30pm – 3:30pm on both dates in The Venue. We'll be taking part

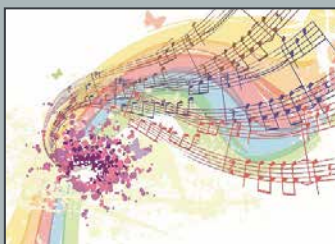
in singing exercises, together with musical challenges. The group is designed to improve the voice and can also help manage some of the symptoms of Parkinson's whilst taking part in a fun and social activity. Free entry; no booking required.

## Coffee morning

Come along to our weekly coffee mornings held every Monday from 11am – 12 noon in The Venue, for an opportunity to meet with friends and take part in a quiz or crossword. Cost £1, which includes a cup of tea or coffee and a biscuit. We look forward to seeing you.



## Vicky's Musical Moments



We welcome our monthly interactive musical experience with Vicky from Musical Moments, on Friday 26 July and Friday 23 August, in The Venue from 2:30pm – 3:30pm. Vicky

Thornton leads a fun afternoon of sing-alongs, games, quizzes and movement. Entry is free, so not to be missed!

## Live music

Let your hair down on Friday 2 August. Join us from 2pm – 3pm in The Venue, when we will welcome back Tony Boyle, singer and entertainer, with his fabulous playlist and his endearing personality. Get your glad rags on and join in the fun! Free entry; no booking required.



## Pop-up museum



Embark on a journey through time as we welcome [www.lostintime.uk](http://www.lostintime.uk) mini-museum on Monday 5 August from 2:30pm – 3:30pm in The Venue. The session will begin with a hands-on experience

where you can explore a carefully curated collection of artefacts. From Stone Age to World War II, each piece tells a unique story that will transport you to different eras and civilisations. Free entry; no booking required.

## Bistro Specials

**July Bistro Special:** a delicious, sweet chilli breaded chicken wrap served with seasoned wedges and salad garnish, just £4.90 or a sweet chilli quorn nugget wrap & wedges for £4.50



**August Bistro Special:** cheese & bacon loaded fries topped with crispy bacon pieces, melted cheese and barbecue sauce or veggie chilli & cheese loaded fries, just £4.00.

## On your marks



Join us for athletic-themed games in The Venue on Monday 29 July from 2:30pm – 3:30pm. This will be a great mood buster and generally all-around good fun, with armchair

games like javelin throwing (with a pool noodle) and discus (with paper plates). There will be short one-minute opening and closing ceremonies. It's sure to be a gathering filled with laughter; free entry.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas by email with our Experience Coordinator, Anna Seaton: [anna.seaton@belong.org.uk](mailto:anna.seaton@belong.org.uk)



For more updates of special offers and events follow us on Facebook, Instagram and X.