

What's On

Your bi-monthly guide to what's on at **Belong Macclesfield**

September / October 2024

Singing for health

Discover the therapeutic power of music



Volunteer opportunities

Meet new people and develop your skills



B's memory café

B's memory café offers a warm and welcoming space for those living with dementia, and their loved ones, to come together over a cup of coffee and a slice of cake.

The next sessions will be held on two dates on, Friday 20 September and Friday 18 October, from 2pm – 4pm, in The Venue. Come and meet Belong Admiral Nurse, Bridget Lawler, who will be on-hand to provide expert advice and support, whilst engaging in dementia-friendly activities designed to stimulate and entertain. The memory café is free of charge. To find out more, or to book, call us on 01625 508700.



Pub activity



Experience the charm of a traditional pub right here in The Venue! Join us for our pub activity sessions on Friday 13 September and Friday 11 October from 2:30pm - 3:30pm. For just £4.50, enjoy a drink and a bag of crisps within a lively pub atmosphere. Engage in a fun karaoke-style pub singalong or test your knowledge with our informal quiz.



Breakfast club

Start your day right and join us at our Breakfast Club to enjoy a crossword and fun with friends old and new in The Bistro. Join us every Tuesday and Thursday from 8:45am - 9:45am.

The Breakfast Club is not just about solving puzzles; it's also a fantastic way to meet new people and socialise. Whether you're a crossword enthusiast or a newcomer to the puzzle world, everyone is welcome to participate.

There's no cost to join in the fun, simply purchase a breakfast (if you're a resident, your breakfast is on the house) and make the most of your mornings with good food and great company.

Award-winning home care

We are thrilled to announce that our home care service is now accepting new customers in the Macclesfield and surrounding areas!

Renowned for our award-winning, personalised care, we are dedicated to enabling people to continue to enjoy life in their own home and community. Our team of highly trained and friendly carers provide a wide range of services tailored to meet individual needs, from daily living assistance, to companionship and help to get out in your community. Customers also have access to the facilities at our vibrant village including bistro, salon and specialist gym. Don't miss the opportunity to experience the best in home care. Contact us today to learn more about our services; call us on 01625 508700 or email: homecare@belong.org.uk



Musical Moments

Get ready for a fun-filled hour with Vicky from Musical Moments! Join us for interactive music activities on Friday 27 September and Friday 25 October from 2:30pm - 3:30pm in The Venue. It's a perfect afternoon for all music lovers! The event is free of charge; booking not required.

Award-winning home care

Now accepting new customers



Breakfast club

Engage your taste buds and your mind!



BELONG
MACCLESFIELD

We welcome members of the whole community

Singing for health



Enhance your well-being with "Singing for Health" hosted by Helen Fehilty and discover the therapeutic power of music. Sessions are designed to bring joy and improve well-being through singing.

Join us on Wednesday 25

September and Wednesday 30 October, from 2:30pm - 3:30pm, in The Venue for these special events.

Helen is an expert in vocal training, especially for individuals with Parkinson's, and will guide you through engaging singing exercises, group singing, and fun musical challenges like singing in a round. No prior singing experience is necessary, and everyone is welcome to join, free of charge.

Coffee morning

Start your week with a delightful and engaging coffee morning!

Every Monday from 11am - 12noon, we invite everyone to gather in The Venue for a relaxed hour of socialising, quizzing, and crosswords.

For just £1, enjoy a cup of tea or coffee and a biscuit while participating in a friendly quiz or crossword puzzle. It's a great opportunity to meet new people, stimulate your mind, and have some fun in a welcoming environment.



Musical memories



Join us for an unforgettable afternoon with the talented Deborah McCormick, a singer and entertainer renowned for her vibrant performances of old-time favourites.

Mark your calendars for

Tuesday 1 October 2pm - 3pm in The Venue.

Deborah's energetic and engaging performance is sure to bring joy and nostalgia as she brings classic tunes to life. This event is free and open to all, with no booking required. Come along, enjoy the music, and experience a delightful trip down memory lane with Deborah McCormick!

Rock 'n' roll



Join us for a memorable musical afternoon as James McGrath performs a selection of songs by Elvis and friends.

On Monday 9 September from

2:30pm - 3:30pm in The Venue, James will bring the legendary tunes to life with his captivating performance, guaranteed to transport you back to the golden era of rock 'n' roll. Free of charge; don't miss this chance to enjoy an hour of timeless music and great entertainment!

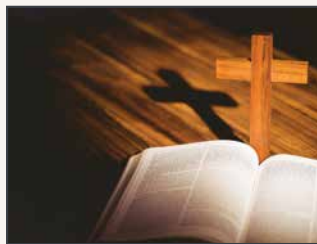
Volunteer opportunities

Are you looking to make a meaningful impact in your community? Volunteering with us offers not only the chance to make a difference to the lives of older people but also to gain valuable experience, meet new people, and develop new skills.

From assisting at community events to supporting our programmes, your involvement will make a real difference. To learn more about our volunteer roles and how you can get involved, please visit our website or contact us directly.



Communion service



Members of the Macclesfield community are invited to join us for our next communion service, with Liz from Knutsford Methodist Church. Join us in The Venue on Thursday 26 September and

Thursday 31 October, at 3pm on both dates; new faces welcome.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas by email with our Experience Coordinator, Anna Seaton: anna.seaton@belong.org.uk



For more updates of special offers and events follow us on Facebook, Instagram and X.