# What/s On

Your bi-monthly guide to what's on at Belong Wigan

August / September 2024

B's memory café

Free dementia-friendly support group



Experience
Days
Free day care

Free day care 'taster' session







## **Pink Vintage Ladies**

Get ready to travel through time with the Pink Vintage Ladies, on Monday 26 August, in The Venue from 2pm – 3pm.

Join us on Bank Holiday Monday for an unforgettable musical journey through the eras. From the roaring 20s to the groovy 70s, we've got it all covered. Book your place now with reception for just £4 and get ready to dance the afternoon away.

## Southport trip

Join us for an exciting trip to Southport on Wednesday 28 August, from 10am – 4pm.

Against the backdrop of picture-perfect postcard views, indulge in delicious fish and chips at the pier and enjoy exploring this charming town; an unforgettable day guaranteed. If you would like to join us, we will be leaving the village at 10am and returning at 4pm; it's just £15 for travel. Don't miss out - book your place now for a day of fun.



# BLACKPOOL PLEASURE BEACH DAY TRIP

## Blackpool fun

Enjoy a day of fun and laughter during a visit to Blackpool circus and illuminations on Wednesday 18 September.

Join us for a fun-filled day at Blackpool and experience the thrill of the circus with ringside seats, indulge in some classic fish and chips on the promenade, and take a magical ride through the stunning Blackpool

illuminations. If you would like to join us, we will be leaving the village at 12noon and returning at 7pm. Don't miss out on this fantastic day trip. Seats are limited so book now for just £50 per person. It's going to be an unforgettable adventure!

#### The Rat Pack



Step back in time with the suave and timeless Lee Newsome, as he channels the smooth sounds of the Rat Pack era. Join us on Friday, 13 September, from 2pm until 3pm in The Venue, for an unforgettable performance. Tickets are only £4, so book now with reception and get ready to be transported to a world of luxury and sophistication.



# MacMillan Coffee Morning

Join us on Friday 27 September in The Venue, from 10:30am – 12noon, for a morning full of delicious treats and warm drinks, all for a great cause. We're hosting a Macmillan Coffee Morning to raise money for cancer research. Bring your friends and family and help us make a difference. No need to book.

# Blackpool day trip

Circus fun and light show spectacular!



#### Pink Vintage Ladies A musical journey through the decades





We welcome members of the whole community

### B's Café

B's memory café offers a warm and welcoming space for those living with dementia, and their loved ones, serving as a valuable support network for all



local people. Hosted by Belong Admiral Nurse, Bridget Lawler, the next sessions will take place in The Venue, on Wednesday 21 August and Wednesday 25 September, where Lifebeats will help us learn sign language and follow the beat with drums and tambourines. Sessions run from 2pm - 4pm on both dates and are free to attend. For more information, or to book a place at the next session, please contact reception.



## Wigan pride

Strut your stuff with Belong Wigan and Belong Atherton at the Wigan Pride Parade! We will be hitting the streets on Saturday 10 August, leaving from Belong Wigan at 10am.

Whether you want to join us or cheer us on, everyone is welcome, we want you to be a part of our colourful crew. Let's spread love and sparkles!



Groove and jive as Lucky Locke serenades us with the best golden oldies on Friday 9 August, from 2pm - 3pm in The Venue! Only £4 for an hour of nostalgic tunes. Let's dance



our way down memory lane; booking required.

## Community bingo



Are you ready to shout
"BINGO" with your fellow
community members on
Tuesday 27 August and Tuesday
24 September and win some
amazing prizes. Join us on the
last Tuesday of every month
for a fun-filled evening in The
Bistro. Doors open at 5:30pm,

eyes down at 7pm. Cost £7 for a full book of 8 games plus a flyer. Don't forget, teas and coffees are specially priced at 60p.



# Experience Days

Try our popular Experience Days service for yourself, with a free 'taster' session. Belong's specialist day care service enables people to

get involved in our community and to join in the village events and activities programme in a supported way. The service is available from 10am – 4pm, Monday to Friday, and costs £86.50 per day, which includes lunch in The Bistro and refreshments throughout your stay. Call Experience Coordinator, Charlene Frodsham, on 01942 855600 to find out more.

#### Home care

Need a little help around the home? Our local, friendly team have availability in Wigan and surrounding areas. As well as all the personal and medication support you would expect from



an award-winning home care provider, your friendly team are on hand to assist with the seemingly little things in life, such as personal care and meals; bathing and showering; medication; companionship and welfare visits. Or, if you need something else, get in touch, as we can probably help. Call today on 01942 855600 and we'll be happy to discuss your needs further.



# Volunteering opportunities

If you're a student looking for experience to boost your career goals, or Duke of Edinburgh

programme, or you'd simply like to get involved in our community, then we'd love to hear from you. We have a range of opportunities to provide companionship, support with activities and events, gardening and much more. If you can spare some time and would like to find out more, please call Charlene Frodsham on 01942 855600, for an informal chat.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, Charlene Frodsham: charlene.frodsham@belong.org.uk







For more updates of special offers and events follow us on Facebook, Instagram and X.