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Your bi-monthly guide to what's on at Belong Warrington

September / October 2025

Halloween
spooktacular!
Afternoon tea,
tricks and treats



Spooky spice bistro offer An offer bursting with flavour





Alzheimer's Society memory walk

We're proud to share that both residents and team members from Belong Warrington will be taking part in this year's Alzheimer's Society memory walk at the iconic Aintree Racecourse on Sunday 7 September.

This meaningful event helps raise vital funds and awareness for those affected by



dementia. If you'd like to support the team, please donate at the village reception, online at <code>justgiving.com/team/belongwarrington</code>, or scan the QR code. All donations will go directly to the Alzheimer's Society and Belong Warrington, to improve the lives of people living with dementia. Thank you for your support!

National Fitness Day

Get moving this National Fitness Day, in our special Stretch and Smile session, in the village's beautiful Cunningham Gardens on Thursday 18 September from 2pm – 4pm.

This fun and inclusive afternoon will feature a variety of activities designed to get everyone involved, including chairbased workouts, gentle breathing and relaxation exercises, and interactive



games and movement-based fun. Suitable for all ages and abilities, this event is a great way to boost your wellbeing while connecting with others in a friendly, relaxed setting. Cost £2pp; includes refreshments. Let's get active together – call the village on 01925 593800 to find out more and to book.

Poetry competition

To celebrate National Poetry Day on Thursday 2 October, we're inviting you to get inspired and take part in our poetry competition.



The theme is 'Belonging' - what it means to feel part of a community, a place, or with the people around you. Whether it's heartfelt, humorous, or reflective, we'd love to read your words. To enter, email your poem to louiseann.kelly@belong.org.uk before Tuesday 30 September to be in with a chance of winning. The winning entry will be announced on 2 October and will receive a Waterstones voucher. After the event, we will include all poems entered, in a special collection, to be shared across our households. We look forward to receiving your entries.

Join us for an uplifting afternoon with Music in Mind on Friday 26 September from 2pm – 3pm. Designed to lift spirits and spark memories,

afternoon with Music in Mino on Friday 26 September from 2pm – 3pm. Designed to lift spirits and spark memories, Music in Mind sessions offer live music, sing-alongs, and gentle rhythm-based activities that everyone can enjoy. It's a joyful way to bring people together and celebrate the power of music. Cost £4pp – booking required.

Catch of the day



All month long in The Bistro, enjoy our delicious fish goujon bap - crispy golden fish goujons served in a soft bap with zesty lemon mayo, paired perfectly with a side of chips. Available daily throughout September, it's a comforting classic you won't want to miss! Cost £7.20.

National Fitness Day Get ready to stretch and smile



Poetry competition What does it mean to Belong?





We welcome members of the whole community

Halloween spooktacular

Get ready for a frightfully fun day as we celebrate Halloween on Friday 31 October. Expect spooky surprises, eerie entertainment, and plenty of treats, plus fancy-dress fun. Join us in The Venue from 2pm - 3pm, to enjoy a devilishly delicious afternoon tea; cost £10pp. Children are also invited to join us for our trick or treat trail, from 3pm - 4pm; cost £2 per child - don't forget to bring your basket. It's set to be a thrilling day for all ages so, book well in advance for both events, to avoid missing out!



B's café

B's Café, in Belong Warrington, offers a warm and welcoming space where families, friends and carers of people living with dementia can come together over a cuppa and a cake. There will be opportunities



to meet with Belong's Admiral Nurse for dementia advice and support and join in with dementiafriendly activities with members of the experience team. The next session will take place on Tuesday 30

September, with an autumn craft session, followed by a further session on Tuesday 28 October, with Halloween themed entertainment. Sessions run from 2pm - 3pm and are free to anyone wishing to attend - call 01925 593800 for further details and to book.

Music and laughter

Get ready for an afternoon of toe-tapping tunes, laughter, and fun as Mark Whitby returns to The



Venue with his interactive show on Thursday 7 October from 2pm - 3pm. Mark is known for blending classic songs with jokes, games, and audience participation, making it a truly entertaining experience for

all. Cost £2pp - early booking is recommended as spaces are limited, so reserve your spot soon.

Volunteer with us

There are lots of reasons to volunteer in Belong Warrington. Whether you're a student gaining experience, a family member wanting to give back, or a neighbour with time to spare - there's a place for you



in our community. From gardening and chatting with residents to helping at events or sharing a special skill, there are plenty of ways to get involved. Interested? Simply scan the QR code to fill in our contact form we'd love to hear from you!

Spooky spice bistro offer

Sink your teeth into our spooky spice double chicken burger - a fiery October treat that's bursting with flavour!

Featuring two battered chicken burgers, spicy mayo, crisp salad, and crunchy coleslaw, all served with sweet potato wedges on the side. A hauntingly good meal you won't want to miss! Available in The Bistro throughout October for £6.80.



Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas by email with our Experience Coordinator, Louise Kelly: louiseann.kelly@belong.org.uk





For more updates of special offer and events follow us on Facebook, Instagram and X.