

What's On

Your bi-monthly guide to what's on at **Belong Chester**

January / February 2025

Community gym sessions

Chair-based fun:
get fit, feel great!



Morning melodies

Music and joy to
lift your spirits



B's café

B's café, in Belong Chester, offers a warm and welcoming space where families, friends and carers can come together with their loved ones over a lovely cup of tea or coffee and cake!

Join us on Wednesday 22 January and Wednesday 26 February from 2pm – 4pm on both dates. Come along to the next sessions in The Bistro for the opportunity to meet

new people and talk with Belong's Admiral Nurse and members of the care team for advice and support. FREE entry and refreshments. Call 01244 445500 to book.

Burns Night



Join us in honouring the great Robert Burns as we celebrate Scotland's rich traditions, on Friday 24 January, at 11am. Explore the beauty of Scotland through shared personal stories and travel experiences, test your knowledge with a fun and interactive Scottish quiz, and enjoy a traditional Scottish meal in The Bistro at lunchtime; book early!

Chinese New Year

Celebrate Chinese New Year with a Tai Chi Class on Friday 24 January at 3pm.

Join us in welcoming Maria Yuen, a highly experienced instructor and founder of Chester's Ji Siu Tai Chi Chuan, as we celebrate Chinese culture and the Year of the Snake. With over 30 years of Tai Chi expertise, Maria will guide us through a practice of slow, gentle movements, mindful meditation, and controlled breathing. This session is designed to enhance balance, cognitive function, and physical strength—perfect for all skill levels. Spaces are limited, so secure your spot today; cost £3.



Let's learn the language

In celebration of International Mother Language Day, come and explore the vibrant language and culture of South Africa, on Friday 21 February at 2:30pm.

We're thrilled to welcome Erika, a proud South African, who will guide us through an interactive afternoon filled with

fascinating stories, a chance to learn key phrases in Afrikaans, plus the opportunity to sample traditional South African cuisine. Don't miss this educational and engaging opportunity to celebrate cultural diversity and gain insight into a unique part of the world. Call the village early if you'd like to join us: 01244 445500.

Share the love

Celebrate Valentine's Week with us! We're hosting a range of delightful experiences for couples and friends to enjoy together, including flower arranging sessions, friendship speed dating, a Parisian picnic, and much more! Whether you're celebrating romance or friendship, there's something special for everyone. Contact us on 01244 445500 to find out more and to book.



Chinese New Year

Flow into the Year of the Snake with Tai Chi



Let's Learn the Language

South African language, culture and cuisine



BELONG
CHESTER

We welcome members of the whole community

Morning melodies



Start your day with music and joy! Join us for an interactive morning, on Wednesday 29 January at 11:30am, as we welcome Mark Whitby, a talented live vocalist, to perform

some of your favourite tunes. This is the perfect way to lift your spirits and enjoy a lively musical experience. Call to reserve your spot; cost £3.

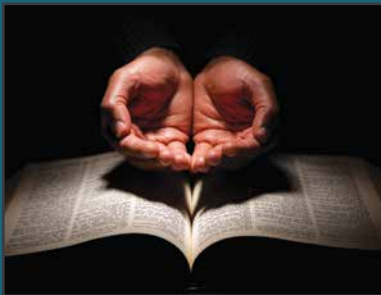
Community gym

Get active and have fun with our chair-based exercise sessions, led by Exercise Specialist Louise Warr. These interactive workouts take place every Monday, at 2:30pm. Perfect for all fitness levels, the sessions are



a great way to improve general mobility, balance and strength and your overall wellbeing, whilst listening to some lively music to get you going! Booking is essential; call 01244 445500 to book.

Church services



We warmly invite members of our local community to join us for our village church services, held twice a month in The Venue. The next services will take place on Tuesday 2 January at 2:30pm

with Father Paul, and Tuesday 16 January at 2pm with Deacon Suzie. All are welcome to come together for worship and fellowship. Why not enjoy a meal in The Bistro beforehand? We look forward to welcoming you.

Experience Days

Try our popular Experience Days service for yourself, with a free 'taster' session. Our bespoke day care service provides a great way to get a taste of life in a Belong village while offering some respite to usual carers. Typically running from 10am – 4pm

Monday to Friday, the service costs £86.50 per session which includes activities, lunch, snacks and drinks, and support throughout the day. Call Experience Coordinator, Charlotte Parton, on 01244 445500 to find out more.



The Bistro



Members of the wider community are welcome to dine in The Bistro at Belong Chester. We are open seven days a week, from 8am – 5pm, serving

breakfasts and hot meals until 3pm, including daily specials as well as our fixed menu. We serve fish and chips on Fridays, a roast dinner for Sunday lunch and speciality coffees and homemade cakes daily. Call us on 01244 445500 or pop in when you're next passing - you'll be in for a treat.

The Salon

The Salon is open to members of the public for the ultimate pamper and offers a range of hair and beauty treatments for ladies, gents, and children. Contact the village reception on 01244 445500 to request a price list and book your appointment.



Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Co-ordinator, Charlotte Parton, or email: charlotte.parton@belong.org.uk



For more updates of special offers and events follow us on Facebook, Instagram and X.