

What's On

Your bi-monthly guide to what's on at **Belong Atherton**

August / September 2024

Wellness Wednesday

New community exercise sessions



Experience Days

Free day care 'taster' sessions



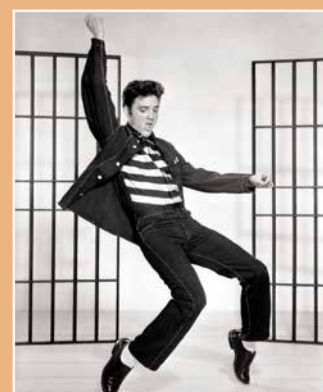
B's memory café

B's Café, in Belong Atherton, offers a warm and welcoming space for those living with dementia, and their loved ones, serving as a valuable support network for all local people.

The next session will take place on Wednesday 14 August, and will include a dementia workshop with Belong Admiral Nurse, Bridget Lawler. This will be followed by a

further session on Wednesday 11 September. Both sessions will take place at 2pm in The Venue and are free to join. For more information, or to book a place, please contact the village on 01942 898410.

Elvis tribute



Elvis is in the building! We'll be shake, rattle and rolling, in The Venue on Tuesday 13 August at 2pm, during a performance by Elvis tribute act, Dave Bushell. Entry just £6pp; early booking essential.

March with Pride

The Wigan Pride march, to be held this year on Saturday, 10 August, is an opportunity for us to get involved and join hundreds of people, marching proudly through the town.

Team Atherton will be there once again, and you are very welcome to join us. We will be meeting in the village reception at 9am, before heading into Wigan. There will be a cost of £10pp to cover transport. Please get in touch if you'd like to come along and join the celebrations!



André Rieu Cinema Experience

Join us for an afternoon at the movies and feel the 'Power of Love' with a cinematic performance with André Rieu.

We will be visiting the Cineworld cinema, on Saturday 31 August. Join us to enjoy a live summer Maastricht concert overflowing with

passion, and a unique repertoire combining classical, musicals, pop and rock. Times and costs will be released nearer the time, so please get in touch for further details and to book your place early, as we expect spaces will book up fast!



Coffee morning

Join us for our annual coffee morning as we raise funds for a great cause. Come and enjoy a sing-along with a range of activities, raffles and plenty of cakes on sale. We very much look forward to welcoming you on Thursday 26 September, from 10:30am - 12noon.

Power of Love

Cinematic experience with André Rieu



B's memory café
Monthly dementia support group



BELONG
ATHERTON

We welcome members of the whole community

A walk in the park



We will be taking part in National Fitness Day with a walk around Pennington Park on Friday 20 September. We will be enjoying all that nature has to offer and taking in the local scenery, whilst keeping fit and active. If you'd like to join us, we will be leaving the village at 10:30am. There will be a small charge of £6 to cover the cost of transport. Call the village for further details and to book.

Come fly with me

Calling all aviator enthusiasts! We will be visiting Manchester airport, on Thursday 22 August, where we will enjoy a morning of plane spotting followed by a lovely meal in The Airport Pub. If you'd like to join us, we'll be leaving at 11am, returning around 2:30pm. Cost £25pp for transport, plus additional charges for food and refreshments; book early!



Wellness Wednesdays



Come along to our new weekly community exercise sessions in the gym, taking place every Wednesday

from 10am - 11am, followed by a free tea or coffee in The Bistro. Sessions cost £5pp and members of the community are very welcome. To find out more and to book, call Belong Exercise Specialist, Jonathan Perrins, on 01942 898410.

Fish Friday

Get the Friday feeling, with our fish special, available in The Bistro every Friday from 12 noon - 2pm. Enjoy our delicious fish and chips; small £5.80, large £8.20. No need to book, simply call in and enjoy. We also have a range of delicious homemade desserts, if you have room!



Experience Days

Try our popular Experience Days service for yourself, with a free 'taster' session. Experience Days at Belong Atherton enable people to join in the village's vibrant events and activities programme on a day basis, enjoy lunch in The Bistro and get to know our village team. Importantly, it also provides a relatively easy way to get a taste of life in our caring community while offering some respite to usual carers. The service is available weekdays from 10am - 4pm and costs £86.50 per day, including lunch activities and refreshments throughout the day. There is also an opportunity to access our specialist gym and exercise service (additional charges apply). Contact experience coordinator, Kim Calland, on 01942 898410 to find out more and to book your free taster session.



We're recruiting



We're looking for carers to join our team working in the village or out in the local community. Scan the QR code to view our current vacancies or visit: www.belong.org.uk/careers

Greek special

Enjoy a taste of Greece with our fresh and tasty Greek salad, available in The Bistro throughout August and September, for £4.35.



Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, Kim Calland, or email: kimberley.calland@belong.org.uk



For more updates of special offers and events follow us on Facebook, Instagram and X.